



Australian Government

Department of Education, Employment and Workplace Relations

HLTNAT604C Provide acute homeopathic treatment

Release: 1

HLTNAT604C Provide acute homœopathic treatment

Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to administer a limited range of homœopathic medicines for acute conditions within naturopathic framework

Application of the Unit

Application

This unit applies to work undertaken within a naturopathic framework

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

- | | |
|---|--|
| 1. Manage acute treatment using homœopathic medicines within a naturopathic framework | 1.1 Explain <i>factors which may interfere with the effectiveness of the treatment</i>
1.2 Explain <i>mode of administration</i> and management of the treatment to the client
1.3 Request client to monitor responses and contact practitioner as required
1.4 Obtain <i>consent for treatment</i>
1.5 Provide <i>homœopathic medicines</i> using <i>homœopathic diagnostic techniques</i> , within a naturopathic framework
1.6 Recognise <i>responses to treatment</i> and promptly <i>attend to</i> if necessary
1.7 Explain clearly time, location and purpose of future sessions to the client
1.8 Document recommendations |
|---|--|

ELEMENT**PERFORMANCE CRITERIA****2. Advise and resource the client**

- 2.1 Educate client in *relevant and practical techniques for promotion and maintenance of optimum health*
- 2.2 Answer client queries with clarity, using the appropriate language
- 2.3 Use appropriate interpersonal skills when explaining treatment plans and recommendations to the client
- 2.4 Promote client independence and responsibility in treatment wherever possible

ELEMENT**PERFORMANCE CRITERIA****3. Review treatment**

- 3.1 Evaluate progress with the client
- 3.2 Use *homœopathic questioning* to confirm appropriateness of homœopathic treatment and quality of treatment response
- 3.3 Identify and record *effects of previous treatment*
- 3.4 Review previous treatment plan
- 3.5 Negotiate changes to the plan with the client to ensure optimal outcomes
- 3.6 Evaluate need *for ongoing and/or additional* treatment
- 3.7 Refer client to a homoeopath where constitutional prescribing with homoeopathy is identified as useful
- 3.8 Refer client to a homoeopath where *chronic* prescribing with homoeopathy is identified as useful

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Administration and storage procedures associated with homœopathic medicines
- Anatomy and physiology of the body systems
- Basic knowledge of materia medica, to include polycrests and other acute medicines
- Basic knowledge of the various approaches to prescribing including consideration of:
 - aetiology
 - central theme of a medicine
 - constitutional basis
 - isopathy
 - keynote characteristic symptoms
 - ladder-like prescribing
 - miasmatic indications

REQUIRED SKILLS AND KNOWLEDGE

- prophylactic use
- tautopathy
- totality of characteristic symptoms
- use of organopathics
- Case analysis and management according to naturopathic principles
- Legal and regulatory implications of treatment
- Medical reports and diagnostic procedures
- Obstacles to cure
- Pathophysiology and disease processes
- Perceived risks and medicine responses
- Potency choices
- Signs and symptoms of disease and disorder/dysfunction
- The capabilities and limitations of homœopathic treatment, within a naturopathic framework
- The central philosophies and beliefs of homœopathic practice, to include the law of similars, the minimum dose, individualisation of the prescription, single medicine prescribing and removal of obstacles to cure
- The disease process and the natural history of disease
- The pathogenesis of the medicines administered
- The contribution of the different schools of thought and historical theories of homœopathic clinical practice
- The effects of iatrogenic disease

continued ...

Essential knowledge (contd):

- The possible responses to the homœopathic medicine/s and contra-indications to treatment
- The role of homoeopaths, other complementary health professionals and support services
- The similarities and differences between naturopathic and homœopathic treatment
- Treatment options other than homœopathic
- Types of further investigation available (knowledge and understanding)

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Access reference material on the effects of current conventional drug therapies and their withdrawal
- Administer homœopathic medicines

REQUIRED SKILLS AND KNOWLEDGE

- Apply differential assessment
- Communicate effectively with clients
- Explain any perceived risks and possible medicine responses
- Identify and analyse medicine response to previous treatments
- Implement treatment plans to achieve optimal health, rehabilitation, or to improve quality of life. These involve:
 - a case requiring referral to a homoeopath, or other health care professional
 - complete documentation of all recommendations and client responses
 - demonstration of the application of commonly used treatment practices
 - incorporation of the philosophies of homeopathy into naturopathic practice
 - preparation of the client for treatment according to naturopathic practice
 - provision of acute homœopathic treatment
 - review of treatment plan
 - treatment according to the individual, the condition and the presence of complicating factors. it must be the safest, most efficacious method that is also cost effective to the client
 - treatment of a range of acute conditions
 - use of counselling as a treatment method, where competence exists
 - use of homœopathic questioning
- Manage medical emergencies
- Manage time throughout consultation and treatment
- Negotiate strategies to overcome any obstacles to cure
- Negotiate the management of treatment with the client's current therapies
- Recognise the need for constitutional homœopathic prescribing
- Use equipment and resources competently and safely
- Utilise a range of repertories
- Utilise at least two of the most commonly used Homœopathic materia medica
- Write referrals, appraisal letters for insurance companies and other documentation

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

EVIDENCE GUIDE

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic)
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible
- Assessment may contain both theoretical and practical components and examples covering a range of clinical situations
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - working within the practice framework
 - performing a health assessment
 - assessing the client
 - planning treatment
 - providing treatment

Context of and specific resources for assessment:

- An appropriately stocked and equipped clinic or simulated clinic environment
- Relevant texts or medical manuals
- Relevant paper-based/video assessment instruments
- Appropriate assessment environment
- Demonstration model/client

EVIDENCE GUIDE

Method of assessment

- Observation in the work place
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice.
- Explanations of technique
- Oral questioning and discussion
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting. If successful, a second assessment is to be conducted during workplace application under direct supervision.

Access and equity considerations:

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Related units:

This unit should be assessed in conjunction with the following related units:

- HLTCOM404C Communicate effectively with clients
- HLTHOM612C Work within a homœopathic framework
- HLTNAT601C Provide naturopathic treatment

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Factors which interfere with the effectiveness of treatment may include:

- Dental work
- Eating or smoking within ten to twenty minutes before or after treatment
- Other medical treatment being undertaken
- Client's physical and psychological readiness and/or wellness
- Cultural factors
- Contra-indications to treatment
- Post treatment activity

Mode of administration may include:

- Olfactory
- Sublingual
- Cutaneous
- Via fluid medium - alcohol or water
- Via pillules
- Via powder
- Via pulsing method

Consent for treatment refers to:

- Informed consent according to the local and national regulations and legal guidelines

Homœopathic medicines refer to:

- Low potency single medicines for acute conditions

RANGE STATEMENT

Providing homœopathic medicines within a naturopathic framework refers to:

- The infrequent repetition of appropriate acute single medicines according to the law of similars
- Complexes, based on naturopathic case taking principles

Homœopathic diagnostic techniques refer to:

- Homœopathic acute case taking and questioning
- Consideration of the client sensitivities and susceptibility
- Consideration of individualisation of the prescription

Responses may include:

- Allergic reaction to excipients
- Intensification of symptoms
- Cure
- Amelioration
- Therapeutic aggravation
- Non-therapeutic aggravation
- Palliation
- Suppression
- Proving
- No response

Attendance to responses may include:

- No change in treatment
- Change of posology
- Referral of the client to a homoeopath or other health care provider
- Discussing reaction with the client
- Adjusting treatment if necessary
- Seeking appropriate expertise
- Adhering to clinic guidelines for response to accidents and emergencies
- Use of First Aid procedures according to St John, Australian Red Cross or other appropriate First Aid training
- Accessing local emergency services

RANGE STATEMENT

Advise and resource the client refers to:

- Referring client to other information sources
- Providing relevant literature or information materials
- Providing advice regarding self-care
- Advising client of suggested resources
- Providing details which help to fully inform client of relevant information
- Providing of referrals to other health professionals
- Availability of products required or suggested for treatment

Relevant and practical techniques that promote and maintain optimal health may include:

- Removal of obstacles to cure
- Nutritional adjustments
- Exercise
- Lifestyle modifications

Homœopathic questioning includes:

- Presenting symptoms
- Duration of symptoms
- Location of symptoms
- Sensations
- Modalities
- Concomitants

Effects of previous treatment may include:

- Client is better
- Client is worse
- Case is being suppressed
- No change/wrong medicine given
- Client is proving medicine
- New state is emerging
- Disease is progressing

RANGE STATEMENT

On-going and/or additional treatment may include:

- Repetition of the first medicine
- Change of potency
- Change of posology
- Change of medicine
- Intercurrent medicine
- Waiting
- Placebo
- Referral to a homoeopath

A chronic condition may include:

- Conditions of longer than approximately six months duration
- Conditions that are not self-terminating
- An acute manifestation of a chronic disease

Unit Sector(s)

Not Applicable