



Australian Government

Department of Education, Employment and Workplace Relations

HLTEN603B Provide sexual and reproductive health care for clients

Release: 1

HLTEN603B Provide sexual and reproductive health care for clients

Modification History

Not Applicable

Unit Descriptor

Descriptor

This competency unit describes the skills and knowledge required by Enrolled/Division 2 Nurses, in consultation/collaboration with other members of the health care team, to provide nursing interventions for clients with sexual and reproductive health care needs

Application of the Unit

Application

The knowledge and skills described in this competency unit are to be applied within jurisdictional nursing and midwifery regulatory authority legislative requirements

Enrolled/Division 2 nursing work is to be carried out in consultation/collaboration with registered nurses and under direct or indirect supervisory arrangements in line with jurisdictional regulatory requirements

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

- | | |
|--|---|
| 1. Interpret the impact of <i>sexual and reproductive health</i> on a client and/or their family | 1.1 Work with an understanding of the historical development of sexual and reproductive health strategies |
| | 1.2 Acknowledge the global context of sexual and reproductive health |
| | 1.3 Acknowledge the impact of population on service delivery and access |
| | 1.4 Assist clients to access relevant screening programs |
| | 1.5 Identify signs and symptoms of male/female reproductive health conditions |
| | 1.6 Identify signs and symptoms of sexually transmitted and reproductive tract infections |
| | 1.7 Identify the impact of sexual and reproductive conditions on activities of daily living |

ELEMENT**PERFORMANCE CRITERIA**

- | | |
|---|---|
| 2. Contribute to team planning for sexual or reproductive health care | 2.1 Determine the client's level of individual sexual development
2.2 Identify specific effects of culture, ageing, disability and illness on sexuality and sexual behaviour for each client
2.3 Use contemporary assessment tools accurately
2.4 Use a problem-solving framework to plan appropriate management strategies
2.5 Liaise with and utilise appropriate resources and service providers |
| 3. Perform clinical <i>nursing interventions</i> | 3.1 Incorporate contemporary sexual and reproductive health strategies into practice
3.2 Educate the client and/or family on sexual health and reproductive health strategies
3.3 Act as a resource for clients and staff
3.4 Assist with nursing interventions |
| 4. Assist to evaluate the outcomes of planned nursing actions | 4.1 Document client responses to interventions and report to appropriate personnel
4.2 Contribute to the evaluation of sexual and reproductive health strategies |
| 5. Address contemporary issues in sexual and reproductive health | 5.1 Identify and address factors affecting individual choice of contraception methods
5.2 Identify and address pregnancy choices and options for unplanned pregnancies
5.3 Provide education on risk taking behaviours and the promotion of safe sex practices as part of clinical practices |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Admission and discharge process
- Age and gender specific requirements
- Age specific requirements eg older adult, young adult, adolescent client
- Client rights and responsibilities
- Community resources
- Confidentiality and privacy
- Critical thinking and problem solving
- Diagnostic tests and their meanings
- Government and non government resource and service providers
- Health - illness continuum
- Legal and ethical issues related to practice
- Legal frameworks for practice
- Medical and surgical procedures in sexual and reproductive health
- Medical terminology
- Occupational health and safety legislation
- Organisation policy and procedure
- Participating as a member of the health care team
- Participating as a member of the health care team
- Philosophy underpinning sexual and reproductive health management
- Principles of health assessment
- Reflective practice
- Risk taking behaviours
- Specialised in-depth knowledge of anatomy and physiology and pathophysiology of sexual and reproductive health
- Specialised knowledge of clinical manifestation of sexual and reproductive conditions

Essential Skills

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

REQUIRED SKILLS AND KNOWLEDGE

This includes the ability to:

- Apply clinical nursing skills to address acute care and intensive care needs of sexual and reproductive health care clients
- Apply principles of documentation to document planned nursing interventions
- Apply safe sex strategies
- Apply professional standards of practice:
 - ANMC code of conduct
 - ANMC code of ethics
 - ANMC national Enrolled/Division 2 nurse competency standards
 - state/territory Nurse Regulatory Nurses Act
 - state/territory Nursing and Midwifery Regulatory Authority standards of practice
 - scope of nursing practice decision making framework
- Facilitate activities of daily living
- Maintain effective symptom management
- Maintain evidence based practice in line with current literature and work of professional bodies associated with medical condition
- Manage administration of medications as per jurisdictional and legal requirements
- Recognise and address appropriately religious and cultural needs of client and significant others
- Recognise and address needs of client and significant others in relation to grief and loss
- Undertake health teaching to address specific needs of client and significant others
- Use effective communication skills
- Use language, literacy and innumeracy competence required to communicate effectively with client, group, colleagues and to record or report client outcomes

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in a work context is

EVIDENCE GUIDE

unit:

essential for assessment of this unit

- Consistency of performance should be demonstrated over the required range of workplace situations and should occur on more than one occasion and be assessed by a registered nurse

Context of and specific resources for assessment:

- This unit is most appropriately assessed in the clinical workplace or in a simulated clinical work environment and under the normal range of clinical environment conditions prior to assessment in the workplace
- Where, for reasons of safety, access to equipment and resources and space, assessment takes place away from the workplace, simulations should be used to represent workplace conditions as closely as possible

Method of assessment

- Observation in the work place
- Written assignments/projects
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice
- Questioning - verbal and writing
- Role play/simulation

Access and equity considerations:

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Health care team may include:

- Medical staff
- Nursing staff
- Social workers
- Occupational therapists
- Sex therapists
- Clinical psychologists

Contemporary sexual and reproductive health issues may include:

- Intercourse
- Sexual orientation
- Puberty
- Menopause
- Contraception
- Health problems affecting sexuality eg spinal cord injuries, diabetes mellitus and hypertension
- Sexually transmitted diseases
- Infertility
- Sexual dysfunction
- Risk taking behaviours
- Pregnancy options
- Sexual abuse

RANGE STATEMENT

Health care environments may include:

- Aged facility
- Respite centres
- Long stay centres
- Short stay centres
- Community setting
- Clinic
- Medical centre
- Acute hospitals
- Private hospitals
- Public hospitals

Nursing interventions may include:

- Contribute to sexual and reproductive health sessions
- Assist in procedures eg Papanicolaou's smear, vasectomy
- Complete sexual health history
- Pre and post procedure care
- Pre and post procedure observations

Unit Sector(s)

Not Applicable