



Australian Government

Department of Education, Employment and Workplace Relations

HLTEN520B Contribute to the care of mothers and babies

Release: 1

HLTEN520B Contribute to the care of mothers and babies

Modification History

Not Applicable

Unit Descriptor

Descriptor

The competency unit describes the knowledge and skills required by an Enrolled/Division 2 nurse working in the area of providing care to mothers and babies in a range of settings, such as postnatal, low risk nursery, child and family health and paediatric settings

Application of the Unit

Application

The knowledge and skills described in this competency unit are to be applied within jurisdictional nursing and midwifery regulatory authority legislative requirements

Enrolled/Division 2 nursing work is to be carried out in consultation/collaboration with registered nurses and under direct or indirect supervisory arrangements in line with jurisdictional regulatory requirements

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

ELEMENT**PERFORMANCE CRITERIA**

1. Work as part of a team caring for a mother and her baby

- 1.1 Assist in performing an assessment of the mother and baby in consultation/collaboration with the midwife
- 1.2 Correctly use terminology associated with pregnancy, labour and antenatal care of mother
- 1.3 Work with a knowledge of patterns of antenatal and postpartum care of mother and contribute to delivering care in line with own nursing role
- 1.4 Assist and support the mother with feeding of baby
- 1.5 Refer any difficulties with feeding bay to midwife
- 1.6 Discuss methods of contraception with the mother, as appropriate, in consultation/collaboration with the midwife
- 1.7 Demonstrate safe bathing, baby safety, dressing techniques and feeding assistance for the newborn
- 1.8 Review care plans and progress notes for the newborn and discuss observations and progress in line with Enrolled/Division 2 nurse responsibilities
- 1.9 Record any abnormal observations and report to midwife
- 1.10 Identify and discuss potential emotional, spiritual and/or specific cultural needs with new mothers, as appropriate, in consultation/collaboration with the midwife
- 1.11 Provide holistic care to support maternal and child health in line with own nursing role

ELEMENT**PERFORMANCE CRITERIA****2. Assist in evaluating the outcomes of planned care**

2.1 Evaluate the mother's response and progress towards planned care in consultation/collaboration with midwife

2.2 Provide mother with contact details for available community support services

2.3 Provide guidance as required to clarify common myths and superstitions associated with caring for mothers and babies in consultation/collaboration with the midwife

2.4 Assist the midwife to assess the mother's ability to feed, settle, bathe and care for her baby in preparation for discharge

2.5 Document and communicate outcomes of care to the midwife and other members of the health care team

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Activities of daily living
- Anatomy and physiology and associated terminology related to pregnancy, birth and care of the newborn
- Availability of community resources
- Compliance with current infection control practices and guidelines
- Confidentiality and privacy
- Documentation principles
- Impact of cultural practices and beliefs in relation to birthing
- Members of health care team and their roles
- Organisation policy and procedure
- Workplace health and safety

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Apply professional standards of practice:
 - ANMC code of conduct
 - ANMC code of ethics
 - ANMC national Enrolled/Division 2 nurse competency standards
 - state/territory Nurse Regulatory Nurses Act
 - state/territory Nursing and Midwifery Regulatory Authority standards of practice
 - scope of nursing practice decision making framework

REQUIRED SKILLS AND KNOWLEDGE

- Apply documentation principles - recording and reporting, abbreviations for medical terms, types of data to be collected, data collection instruments used in health care environments
- Bathe, dress and settle a baby safely
- Prepare formulas and teach preparation to mothers
- Provide care for umbilical cord and nipples
- Use interpersonal skills including working with others, using sensitivity when dealing with people and relating to persons from differing cultural, social and religious backgrounds
- Use oral communication skills (language competence) required to fulfil job roles as specified by the organisation, including:
 - interviewing techniques
 - asking questions
 - active listening
 - asking for clarification
- Use written communication skills (literacy competence) required to fulfil job roles as specified by organisation, including:
 - reading
 - writing
 - understanding client documentation

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in a work context is essential for assessment of this unit
- Consistency of performance should be demonstrated over the required range of workplace situations and should occur on more than one occasion and be assessed by a registered nurse or midwife

EVIDENCE GUIDE

Context of and specific resources for assessment:

- This unit is most appropriately assessed in the clinical workplace but may be undertaken in a simulated clinical work environment and under the normal range of clinical environment conditions

Method of assessment:

- Observation of clinical performance
- Questioning
- Evidence gathered from the clinical work environment
- Case studies

Access and equity considerations:

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Related units:

This unit is recommended to be assessed in conjunction with the following related competency units:

- HLTAP501B Analyse client health information
- HLTIN301C Comply with infection control policies and procedures

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Terminology associated with pregnancy may include:

- Gestation
- Gravida
- Parity
- Still born
- Termination
- Viability
- Embryo
- Placenta
- Foetus
- Trimesters
- Signs of pregnancy
- Confirmation of pregnancy
- Estimation date of delivery

RANGE STATEMENT

Terms commonly associated with birth include:

- Signs of approaching birth
- True versus false labour
- Contractions
- Rupture of membranes
- Stages of labour
- Episiotomy
- Types of delivery (eg. caesarian)
- Fundal
- Perineum
- Apgar score
- Fontanelle
- Meconium
- Premature
- Konakion

Common myths and superstitions may relate to, for example:

- Birthing
- Breast feeding
- Circumcision

Unit Sector(s)

Not Applicable