



Australian Government

Department of Education, Employment and Workplace Relations

HLTARO510B Monitor and evaluate aromatherapy treatments

Release: 1

HLTARO510B Monitor and evaluate aromatherapy treatments

Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to monitor and evaluate a range of aromatherapy treatments provided as a part of a treatment plan for each client

Application of the Unit

Application

This unit requires medium level knowledge of essential oils and a wide range of health conditions

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

1. Monitor the progress of each client

- 1.1 Undertake monitoring of client health in line with *treatment plan*
- 1.2 Assess and review of treatment as required.
- 1.3 Document progress according to clinic requirements

2. Monitor treatment

- 2.1 Be aware of expected treatment outcomes
- 2.2 Ask client for feedback
- 2.3 Monitor the client to assess the appropriate and timely application of additional aromatherapy treatments
- 2.4 Refer client to other health professionals if appropriate
- 2.5 Review client progress after each session

ELEMENT**PERFORMANCE CRITERIA**

- | | |
|---|--|
| 3. <i>Evaluate the effectiveness of the treatment/s</i> | 3.1 Build and maintain a relationship of trust with the client, with active promotion of and strict adherence to confidentiality |
| | 3.2 Question client to ascertain their level of comfort and compliance with the treatment |
| | 3.3 Ascertain degree of improvement or changes in the client's condition and compare with expectations in the plan of care |
| | 3.4 Provide client with clear information about their level of improvement in relation to their plan of care |
| | 3.5 Evaluate impact of ongoing treatment in relation to client's physical, mental and emotional condition and behaviour |
| | 3.6 Use information in the review of treatment plan |
| | 3.7 Encourage clients to maintain their health by active involvement in their treatment and plan of care |
| | 3.8 Consult with other treatment practitioners as necessary and appropriate |
| 4. Determine continuation and/or revision of treatment | 4.1 Implement and document changes |
| | 4.2 Communicate changes to client |
| | 4.3 Communicate revision of treatment to other team members where appropriate |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and

REQUIRED SKILLS AND KNOWLEDGE

manage contingencies in the context of the identified work role

This includes knowledge of:

- Organisation policies and procedures relating to client confidentiality
- Realistic expectations of client condition
- Referral processes and procedures
- Relevant criteria for evaluation of effectiveness of plan of care
- The interaction of other treatments

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Communicate effectively with clients
- Evaluate:
 - outcomes of client's treatment
 - client's level of compliance
 - holistic impact of treatment on client's physical, mental and emotional condition and behaviour
 - overall effectiveness of treatment plan
- Refer clients for further assessment, treatment and/or counselling as required.
- Review client's condition in relation to treatments provided, taking prior history into consideration
- Review treatment, in consultation with other health professionals where relevant

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment • The individual being assessed must provide evidence

EVIDENCE GUIDE

and evidence required to demonstrate this competency unit:

- of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic) is essential for assessment of this unit
- Consistency of performance should be demonstrated over a range of workplace situations
- Assessment may contain both theoretical and practical components and examples covering a range of clinical situations
- Evidence is required of both knowledge and skills application
- Where, for reasons of safety, access to equipment and resources and space, assessment takes place away from the workplace, simulations should be used to represent workplace conditions as closely as possible
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - working within the practice framework
 - performing a health assessment
 - assessing the client
 - planning treatment
 - providing treatment

EVIDENCE GUIDE

- Access and equity considerations:*
- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
 - All workers should develop their ability to work in a culturally diverse environment
 - In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
 - Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities
- Context of and specific resources for assessment:*
- Resources essential for assessment include:
 - a fully stocked and equipped clinic or simulated clinic environment
 - relevant texts or medical manuals
 - relevant paper-based/video assessment instruments
 - Appropriate assessment environment
- Method of assessment*
- Observation in the work place
 - Practical demonstration
 - Written assignments/projects and research
 - Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice
 - Oral questioning and discussion
 - Role play simulation
 - Explanation for plan preparations
 - Journals and portfolios
 - Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting. If successful, a second assessment is to be conducted during workplace application under direct supervision

EVIDENCE GUIDE

Related units:

This unit should be assessed in conjunction with the following related competency units:

- HLTARO511B Provide specific aromatherapy assessment and care
- HLTARO509B Plan a specialised aromatherapy treatment

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Information about the progress of a treatment may be gathered by

- Observation
- Questioning
- Interpreting client observations
- Other medical reports
- Feedback/reports (written or verbal) from other health practitioners

Review client progress may include:

- physical
- mental/emotional
- behavioural

As appropriate means:

- Where the client has provided written permission

RANGE STATEMENT

Treatment plan may include:

- Aromatherapy treatments
- Other complementary health treatments
- Other mainstream health treatments
- Referrals to other health professionals
- Monitoring regime
- Evaluation of care

Health care monitoring may include:

- Scheduling using paper-based or computer-based systems
- Client follow-up visits
- Client re-assessments and review of treatment

Criteria for evaluation of treatment plan may include:

- Degree of improvement or change in client condition either:
 - observed;
 - client reported; or
 - medically assessed
- Client's level of comfort

Unit Sector(s)

Not Applicable