



Australian Government

Department of Education, Employment and Workplace Relations

HLTARO404B Develop aromatherapy products

Release: 1

HLTARO404B Develop aromatherapy products

Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to develop aromatherapy products according to aromatherapy principles

Application of the Unit

Application

This unit may apply to work in aromatherapy in a range of health settings

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

- | | |
|---|---|
| 1. Recognise aromatic plant oils, carrier oils, additives and other mediums | 1.1 Identify and prepare <i>aromatic oils, carrier oils, additives and mediums</i> |
| | 1.2 Oils are stored according to clinic guidelines |
| | 1.3 Care is taken to prevent contamination of oils |
| | 1.4 Oils are labelled and stored correctly |
|
 | |
| 2. Prepare aromatic oil blends | 2.1 Aromatic plant oils, carrier oils, additives and other mediums are selected |
| | 2.2 Prepare service area according to relevant legislation and workplace policies and procedures |
| | 2.3 Prepare <i>equipment</i> according to relevant legislation and workplace policies and procedures |
| | 2.4 Blend ingredients according to treatment plan or prescription, relevant legislation and workplace policies and procedures |
| | 2.5 Apply safe storage and labelling procedures according to relevant legislation and workplace policies and procedures |

ELEMENT	PERFORMANCE CRITERIA
3. Develop aromatic products	3.1 Select type of product 3.2 Prepare service area according to relevant legislation and workplace policies and procedures 3.3 Prepare ingredients and develop product 3.4 Abide by good manufacturing guidelines 3.5 Store product appropriately
4. Control stock	4.1 Obtain required materials from acceptable sources 4.2 Keep stores well stocked according to clinic guidelines 4.3 Identify factors which have an effect on the storage of aromatic products 4.4 Store materials according to clinic guidelines

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- A basic range of essential and carrier oils
- The chemistry, functional groups and properties of a basic range of essential and carrier oils
- How to source essential and carrier oils including a knowledge of their botanical names
- The interaction and synergy of oils
- Nutrition, hygiene and personal health care strategies
- Possible reactions and contra-indications to treatment

REQUIRED SKILLS AND KNOWLEDGE

- Ethical and legal implications of enquiry and treatment
- Good manufacturing processes as related to the development of aromatherapy products
- How to perform a patch test for potential client skin sensitivity
- How to prepare appropriate dosages and dosage ratios

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Demonstrate communication skills and negotiation skills
- Identify treatment options
- Read health reports, referrals and other data relevant to individual clients
- Perform a patch test for potential client skin sensitivity
- Prepare appropriate dosages and dosage ratios
- Calculate ratios

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic) is essential for assessment of this unit
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment

EVIDENCE GUIDE

environment should represent workplace conditions as closely as possible

- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - . working within the practice framework
 - . performing a health assessment
 - . assessing the client
 - . planning treatment
 - . providing treatment

- Access and equity considerations:*
- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
 - All workers should develop their ability to work in a culturally diverse environment
 - In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
 - Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

EVIDENCE GUIDE

Context of and specific resources for assessment:

- Resources essential for assessment include:
 - a fully stocked and equipped clinic or simulated clinic environment
 - relevant texts or medical manuals
 - anatomical model
 - relevant paper-based/video assessment instruments
 - Appropriate assessment environment
 - Qualified assessor

Method of assessment

- Observation in the work place
- Practical demonstration
- Development of products
- Written assignments/projects and research
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice
- Oral questioning and discussion
- Role play simulation
- Explanation for plan preparations
- Journals and portfolios
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting.. If successful, a second assessment is to be conducted during workplace application under direct supervision

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Aromatic oils may include:

- Eucalyptus Lemon Scented
- Fennel Sweet
- Frankincense
- Geranium
- Ginger
- Grapefruit
- Jasmine
- Juniper
- Lavender True
- Lemon
- Lemongrass
- Mandarin
- Marjoram Sweet
- Melissa
- Myrrh
- Neroli
- Patchouli
- Peppermint
- Petitgrain
- Pine Scotch
- Rose Damask
- Rosemary Damask
- Rosemary Cineole
- Sandalwood East Indian
- Tea Tree
- Thyme Red
- Ylang Ylang
- Basil (Linalool)
- Basil (Methyl chavicol)
- Bergamot
- Black Pepper
- Cedarwood Atlas
- Chamomile Roman
- Clary Sage
- Cypress
- Eucalyptus
- Eucalyptus Blue Gum
- Chamomile Blue

RANGE STATEMENT

Carrier and macerated oils may include:

- Apricot kernel
- Arnica
- Avocado
- Calendula
- Calophyllum or Tamanu
- Canola
- Carrot
- Evening Primrose
- Hemp
- Hypericum
- Jojoba
- Linseed
- Macadamia
- Olive
- Rosehip
- Safflower
- Sesame Seed
- Sunflower
- Sweet Almond
- Wheatgerm

Types of products may include

- Soaps
- Massage oils
- Oils for:
 - compresses
 - douches
 - poultices
 - vaporisations
- Ointments, creams and lotions

RANGE STATEMENT

Equipment may include but is not limited to:

- Calculator for determining percentages
- Measuring equipment
 - beakers
 - measuring pipettes
 - weighing scales
- Mixing equipment
 - mixing beakers and bowls
 - stainless steel spoons and other hand mixing utensils
 - stab and regular blenders
- Packaging
 - empty bottles and jars for finished products
- Recording equipment
 - notebook or index cards for recording of client details and preparations made.
 - computer with suitable software for creating electronic version of client details and preparations made

Unit Sector(s)

Not Applicable