



Australian Government

Department of Education, Employment and Workplace Relations

HLTAHW409B Deliver health promotion programs for Aboriginal and/or Torres Strait Islander communities

Release: 1

HLTAHW409B Deliver health promotion programs for Aboriginal and/or Torres Strait Islander communities

Modification History

Not Applicable

Unit Descriptor

Unit Descriptor

This unit describes the competencies required to deliver health promotion programs to address identified needs in Aboriginal and/or Torres Strait Islander communities

Application of the Unit

Application

This unit is intended to address skills and knowledge required by those working with Aboriginal or Torres Strait Islander communities at Certificate IV level to deliver health promotion programs

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

1. Undertake research into community health requirements

- 1.1 Consider and respect community values and beliefs and gender roles and taboos in conducting research in community health needs
- 1.2 Consult community representatives to establish their priorities and obtain agreement to gather information
- 1.3 Consult key people from the community and relevant information sources to obtain information and confirm community health needs
- 1.4 Analyse information obtained to identify community health requirements, maintaining individual privacy and confidentiality
- 1.5 Conduct, record and report research in line with ethical standards and showing respect for communities, families and individuals involved
- 1.6 Structure health promotion programs to address identified community needs in consultation with community stakeholders

ELEMENT

PERFORMANCE CRITERIA

- | | |
|---|---|
| 2. Provide health care program to address common problems | 2.1 Provide information in plain language to clients about health problems common to their particular client group
2.2 Refer common health problems identified as part of the program in line with community, organisation and legislative/regulatory requirements
2.3 Support clients and families in accessing health care services and associated benefits as required
2.4 Provide guidance, support and assistance to individuals and families coping with social and emotional issues according to identified needs and cultural protocols
2.5 Provide clients with information relevant to promoting and maintaining health in a way they understand readily
2.6 Check client understanding of information through appropriate questioning
2.7 Ensure health care programs support clients to take a self-care approach to health in line with individual needs and organisation and community requirements |
| 3. Organise the delivery of health promotion programs | 3.1 Provide health care programs to the community in ways that are consistent with Aboriginal and/or Torres Strait Islander community values and beliefs
3.2 Integrate promotion of health screening, surveillance and education activities into the programs, as appropriate
3.3 Where appropriate, organise follow up care for clients with identified health problems using computer and/or paper based registers
3.4 Where appropriate, produce lists of clients with significantly over-due health care checks and employ active recall strategies
3.5 Identify <i>social and environmental</i> interventions that may improve health and implement in partnership with the community and other agencies
3.6 Establish and maintain links with support agencies, resource networks and associated health services in the local and regional area |

ELEMENT

PERFORMANCE CRITERIA

- | | |
|---|---|
| 4. Participate in the evaluation of health promotion programs | 4.1 Collect and document data to contribute to the evaluation of health programs |
| | 4.2 Interpret data according to program and organisation requirements |
| | 4.3 Prepare reports from data collected and provided to management in line with organisation guidelines |
| | 4.4 Maintain client and community confidentiality in line with organisation and community requirements |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Basic understanding of community development theory
- Developmental milestones, significant health problems and immunisation policies/procedures pertaining to children in the local area / region
- Effective strategies to monitor and manage identified health problems in line with community needs and sensitivities
- Familiarity with a range of conditions, diseases and disorders, including:
 - child and youth health issues
 - sexual and reproductive health problems for males and females
 - sexually transmissible infections
 - substance misuse
 - rape, family violence and sexual abuse
- How to contact and access available health and support services in the region
- Linkages between conditions such as diabetes and eye health, nutrition and hearing, etc
- Methods of evaluating health programs and providing feedback to health service management and the community in line with organisation and community requirements
- Occupational health and safety practices and procedures relevant to the work
- Physiological and related changes associated with aging, how they manifest physically and likely impact on clients
- Principles of adult education
- Principles of health promotion
- Social determinants that impact on health issues for the relevant community
- Use of a range of approaches to health management relevant to the community
- WHO declaration re health promotion (Ottawa Charter)

Essential skills:

REQUIRED SKILLS AND KNOWLEDGE

It is critical that the candidate demonstrate the ability to:

- Deliver primary health care programs to Aboriginal and/or Torres Strait Islander communities, including:
 - ensuring the program addresses specific client and community needs for guidance, support and information
 - ensuring delivery is consistent with community needs, values and beliefs
 - contributing to evaluation of the program

In addition, the candidate must be able to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Apply literacy and numeracy skills to read and write reports, interpret simple statistics, charts and test results, write letters and maintain client records
- Communicate with clients, colleagues, community members and other agencies and to negotiate with them as required
- Communicate effectively about the importance of issues relating to environmental responsibility and sustainable practice
- Deliver health promotion programs to a range of workers and community groups
- Explain and describe procedures and illnesses/disorders to clients using clear, simple language
- Observe, obtain and interpret client information in relation to community health issues, behaviour and health services
- Use computer-based and/or paper-based client record systems
- Work with groups in the community to seek input and feedback on health services

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects of assessment:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Consistency of performance should be demonstrated over the required range of situations relevant to the

EVIDENCE GUIDE

workplace

- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible

Conditions of assessment:

This unit includes skills and knowledge specific to Aboriginal and/or Torres Strait Islander culture. Assessment must therefore be undertaken by a workplace assessor who has expertise in the unit of competency or who has the current qualification being assessed and who is:

- Aboriginal or Torres Strait Islander him/herself

or:

- accompanied and advised by an Aboriginal or Torres Strait Islander person who is a recognised member of the community with experience in primary health care

Context of assessment:

Competence should be demonstrated working individually, under supervision or as part of a primary health care team working with Aboriginal and/or Torres Strait Islander clients. Assessment should replicate workplace conditions as far as possible.

Related units:

This competency unit should be assessed in conjunction with one or more elective competency units providing specific program content.

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Cultural respect

This competency standard supports the recognition, protection and continued advancement of the inherent rights, cultures and traditions of Aboriginal and Torres Strait Islander peoples

It recognises that the improvement of the health status of Aboriginal and Torres Strait Islander people must include attention to physical, spiritual, cultural, emotional and social well-being, community capacity and governance. Its application must be culturally sensitive and supportive of traditional healing and health, knowledge and practices.

Community control

Community participation and control in decision-making is essential to all aspects of health work, and the role of the health worker is to support the community in this process.

RANGE STATEMENT

Supervision

Supervision must be conducted in accordance with prevailing State/Territory and organisation legislative and regulatory requirements

References to supervision may include either direct or indirect supervision of work by more experienced workers, supervisors, managers or other health professionals

A person at this level should **only** be required to make decisions about clients within the organisation's standard treatment protocols and associated guidelines

Legislative requirements

Federal, state or territory legislation may impact on workers' practices and responsibilities. Implementation of the competency standards should reflect the legislative framework in which a health worker operates. It is recognised that this may sometimes reduce the application of the Range of Variables in practice.

However, assessment in the workplace or through simulation should address all essential skills and knowledge across the Range of Variables

Aboriginal and/or Torres Strait Islander health workers may be required to operate in situations that do not constitute 'usual practice' due to lack of resources, remote locations and community needs. As a result, they may need to possess more competencies than described by 'usual practice circumstances'

Under all circumstances, the employer must enable the worker to function within the prevailing legislative framework

Social and environmental factors that may improve health include:

- Creating employment, educational or employment opportunities
- Restrictions on liquor licensing and alcohol trading hours
- Improved relations between police and communities

Unit Sector(s)

Not Applicable