



**Australian Government**

**Department of Education, Employment and Workplace Relations**

# **HLT51707 Diploma of Reflexology**

**Release: 1**

## **HLT51707 Diploma of Reflexology**

### **Modification History**

Not Applicable

### **Description**

This qualification provides competence in reflexology practice and covers the general provision of reflexology treatment as well as treatment for clients with specific needs such as palliative care and aged care. Practitioners at this level may be self-employed as independent practitioners or work in a larger health service and may supervise other reflexologists.

Occupational titles for these workers may include:

- Reflexologist

### **Pathways Information**

Not Applicable

### **Licensing/Regulatory Information**

Not Applicable

### **Entry Requirements**

Not Applicable

## Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

### Packaging Rules

#### PACKAGING RULES

21 units of competency are required for award of this qualification, including:

- 17 core units comprising 13 common units and 4 specialisation units
- 4 elective units

A wide range of elective units is available, including:

- Group A which are recommended for culturally aware and respectful practice
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Health and/or Community Services Training Packages
- Where appropriate, to address workplace requirements, up to 4 units of competency packaged at the level of this qualification or higher in other relevant Training Packages

#### Core units

##### *Common units*

|                   |                                                                                |
|-------------------|--------------------------------------------------------------------------------|
| <u>CHCORG428A</u> | <u>Reflect on and improve own professional practice</u>                        |
| <u>HLTAP401B</u>  | <u>Confirm physical health status</u>                                          |
| <u>HLTAP501B</u>  | <u>Analyse health information</u> (Note pre-requ: HLTAP401B)                   |
| <u>HLTCOM404C</u> | <u>Communicate effectively with clients</u>                                    |
| <u>HLTCOM406C</u> | <u>Make referrals to other health care professionals when appropriate</u>      |
| <u>HLTCOM502C</u> | <u>Develop professional expertise</u>                                          |
| <u>HLTCOM503C</u> | <u>Manage a practice</u>                                                       |
| <u>HLTFA301C</u>  | <u>Apply first aid</u>                                                         |
| <u>HLTHIR501B</u> | <u>Maintain an effective health work environment</u>                           |
| <u>HLTHIR506C</u> | <u>Implement and monitor compliance with legal and ethical requirements</u>    |
| <u>HLTIN301C</u>  | <u>Comply with infection control policies and procedures</u>                   |
| <u>HLTOHS300B</u> | <u>Contribute to OHS processes</u>                                             |
| <u>HLTSHU509C</u> | <u>Maintain personal health and awareness as a professional responsibility</u> |

##### *Specialisation units*

|                   |                                                    |
|-------------------|----------------------------------------------------|
| <u>HLTREF501B</u> | <u>Work within a reflexology framework</u>         |
| <u>HLTREF502B</u> | <u>Prepare for a reflexology treatment</u>         |
| <u>HLTREF503B</u> | <u>Provide reflexology treatment</u>               |
| <u>HLTREF504B</u> | <u>Monitor and evaluate reflexology treatments</u> |

#### The importance of culturally aware and respectful practice

All workers undertaking work in health need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Health Training Package.

**Group A electives - recommended for culturally aware and respectful practice**

Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or both of the following electives is recommended:

HLTHIR403C Work effectively with culturally diverse clients and co-workers

HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

**Other relevant electives**

Other electives are to be selected in line with the specified Packaging Rules. The following grouping of electives is intended to facilitate selection. Electives may be selected from one or more groups and employers may specify that certain electives are required to address identified workplace needs.

CHCAC318B Work effectively with older people

CHCICS301A Provide support to meet personal care needs

HLTARO408B Provide aromatherapy massage treatment

HLTCOM408C Use specific health terminology to communicate effectively

HLTCOM509B Provide services for people with a life challenging illness

HLTCOM510B Provide services to clients with chronic diseases or conditions

HLTNUT610B Provide basic dietary advice

HLTOHS401A Maintain workplace OHS processes

HLTRAH302B Undertake home visits

HLTREM401C Work within a massage framework

HLTREM406C Provide massage treatment

HLTREM407C Plan massage treatment

**REFLEXOLOGY SKILLS SKILL SET**

The Reflexology skill set is recommended for individuals wishing to gain a set of reflexology skills to complement another health qualification: