



Australian Government

HLTTCM002 Perform Traditional Chinese Medicine (TCM) remedial massage health assessments

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>HLT Health Training Package release 3.0</i> . Update to mapping and metadata. Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Merged HLTTTCM501C/HLTTTCM502D/HLTTTCM507C. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to obtain information from clients about their needs, apply the four methods of Traditional Chinese Medicine (TCM) assessment and then bring information together to make a syndrome differentiation and treatment plan for remedial massage needs.

This unit applies to TCM remedial massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

1. Determine scope of client needs

1.1 Explore and clarify client expectations

1.2 Provide clear information about scope and limits of services to be provided

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

1.3 Collect accurate and relevant health record and document in a TCM form, which can be interpreted readily by other professionals

1.4 Recognise needs that are beyond scope of own practice and make referrals to other health care professionals as required

1.5 Identify and respond to any barriers to information gathering and assessment

1.6 Seek client information respectfully and sensitively

1.7 Manage information in a confidential and secure way

2. Perform TCM four diagnostic methods

2.1 Provide information about TCM four diagnostic methods process and obtain client consent to proceed

2.2 Follow clinical and practitioner hygiene procedures

2.3 Respect client dignity and anticipate sensitivities

2.4 Seek client feedback on comfort levels

2.5 Assess client through observation, auscultation/olfaction, interrogation and palpation methods

2.6 Integrate four diagnostic methods information gathering techniques

2.7 Use ongoing questioning with client to gain further information as required

2.8 Accurately document information from the physical assessment

3. Develop treatment plan

3.1 Correlate results of TCM four diagnostic methods with case history

3.2 Consider any available western medical information and incorporate into analysis within scope of own practice

3.3 Bring together TCM and western approaches to pathology

3.4 Make TCM syndrome differentiation according to eight principles, internal organs, Qi, blood and body

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

fluid, and to the other syndrome differentiation methods

3.5 Analyse TCM syndrome and identify condition according to stage and related implications by assessing signs and symptoms

3.6 Identify pre-requisites or contraindications to treatment

3.7 Use professional judgement to draw substantiated conclusions about treatment needs

3.8 Establish expected treatment outcomes based on the remedial massage framework and evidence

3.9 Accurately document proposed treatment plan

4. Confirm TCM syndrome differentiation and treatment plan with client

4.1 Discuss TCM syndrome differentiation and rationale with the client

4.2 Assign and agree treatment priorities in consultation with the client

4.3 Schedule times and session lengths suited to the required techniques and sequences

4.4 Respond to client enquiries using language the client understands

4.5 Discuss referral and collaborative options with the client according to individual needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTTCM002 Perform Traditional Chinese Medicine (TCM) remedial massage health assessments

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of TCM remedial massage client consultation work
- prepared for and managed at least 100 TCM remedial massage assessments - clients must include males and females from different stages of life with varied presentations
- used the TCM remedial massage framework to assess client therapeutic needs:
 - used observation, auscultation/olfaction, interrogation and palpation diagnostic methods to collect useful information
 - used different TCM syndrome differentiation knowledge to gather and analyse client conditions
- interacted effectively with clients:
 - clearly articulated information about services, treatment options and rationale
 - engaged clients in decision making

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for client assessment:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - practitioner/client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - working role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
 - work health and safety
- referral options for practitioners:
 - professional health services including complementary health modalities
 - community resources and support services
 - types and availability of further medical testing
- factors and barriers that may impact on assessment, including:
 - physical
 - psychological
 - cultural
- factors that affect individual health status, including:
 - constitution
 - lifestyle
 - diet
 - personal and medical history
 - values and attitudes
 - balance of rest and activity
 - physical environment
 - social environment
- factors for consideration for different genders and ages:
 - women
 - men
 - children and adolescents
 - older people
- client information required for assessment and the scope and depth of information needed regarding:

- client objectives and expectations
- client history and its components
- client current state of health
- main clinical complaints
- signs and symptoms
 - onset
 - duration
 - location
 - quality and severity
 - non-verbal
- different ways that signs and symptoms of conditions present:
 - physical
 - psychological
 - social
 - spiritual
- features of signs and symptoms
- philosophy and principles of TCM remedial massage framework, including examination of entirety, combination of disease diagnosis and syndrome differentiation, together using of all diagnostic methods
- TCM four diagnostic methods:
 - observation: spirit, complexion, body shape, deformity, posture and tongue and coating
 - interrogation: chief complaint(s), history of present illness, emotional symptoms, pain, energy level, diet and appetite, stools and urine, female specific presentations
 - auscultation/olfaction: voice, breathing, sighing, cough, hiccup and belching, body smelling
 - palpation: pulse taking, chest, abdomen and four limbs palpation, channels and acu-points palpation
- TCM syndrome differentiation:
 - TCM syndrome identification according to eight principles
 - TCM syndrome identification according to internal organs
 - TCM syndrome identification according to Qi, blood and body fluid
 - TCM syndrome identification according to the others differentiation methods
- possible reactions, contraindications to treatment and/or limitations for assessment:
 - common contra-indications of TCM remedial massage - agnogenic spin injury, fracture, severe internal organ diseases, infection diseases, severe skin diseases
 - limitations of TCM remedial massage - lack of the structures, including lack of anatomic structure, pathology change at certain areas, weakness in specificity, lack of prognosis
- disease processes and affecting factors for a range of common diseases:
 - body constitution

- diet
- exercise
- emotion
- lifestyle
- treatment methods
- basic physiology and anatomy according to TCM framework
- relational dynamics within and between human behaviour, anatomy and physiology, pathology and the natural world
- aetiology and pathology
- disease causation, acute and chronic inflammatory processes, wound healing and haemorrhage processes
- infectious and immunity process
- character and function of channels and points
- influence of rest and activity on health status
- relationship between physical and social environment and health
- treatment planning techniques and considerations

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - health assessment/client consultation forms
 - private consultation area
 - massage table
 - massage towels
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below for at least 120 of the 200 hours of client consultation work

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 3 years current clinical experience working as a TCM remedial massage therapist providing services to the general public
- hold practising membership of an Australian professional body that represents TCM remedial massage therapists
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

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