



Australian Government

HLTSHU004 Perform Shiatsu therapy health assessments

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>HLT Health Training Package release 3.0</i> . Update to mapping and metadata. Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Merged HLTSHU504/HLTSHU510/HLTSHU511. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to assess the therapeutic needs of clients using a Shiatsu diagnostic framework. It requires the ability to gather client information, perform a physical assessment and bring information together to develop a Shiatsu treatment plan.

This unit applies to Shiatsu therapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

1.1 Explore and clarify client expectations

1.2 Provide clear information about scope and limits of services to be provided

1.3 Collect an accurate, relevant and organised health record and document in a form which can be interpreted

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

readily by other professionals

1.4 Recognise needs that are beyond scope of own practice and make referrals to other health care professionals according to clients needs

1.5 Identify and respond to any barriers to information gathering and assessment

1.6 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions

1.7 Manage information in a confidential and secure way

2. Make a physical assessment

2.1 Provide information about the physical assessment process and obtain client consent to proceed

2.2 Follow clinical and practitioner hygiene procedures

2.3 Respect client dignity and anticipate sensitivities

2.4 Seek client feedback on comfort levels

2.5 Assess client through hara, back and meridian palpation

2.6 Integrate observation and sensory information gathering techniques

2.7 Use ongoing questioning with client to gain further information according to clients needs

2.8 Accurately document information from the physical assessment

3. Develop treatment plan

3.1 Correlate results of physical assessment with case history

3.2 Consider any available western medical information and incorporate into analysis within scope of own practice

3.3 Bring together eastern and western approaches to pathology

3.4 Analyse energetic patterns and differentiate by assessing signs and symptoms

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

3.5 Identify condition according to stage and related implications by applying the eight principles of diagnosis

3.6 Identify pre-requisites or contraindications to treatment

3.7 Determine optimum type, duration and frequency of treatments

3.8 Use professional judgement to draw substantiated conclusions about treatment needs

3.9 Establish expected treatment outcomes based on the Shiatsu framework and evidence

3.10 Accurately document proposed treatment plan

4. Confirm assessment and treatment plan with client

4.1 Discuss assessment, its implications and rationale for treatment with the client

4.2 Assign and agree treatment priorities and expectations in consultation with the client

4.3 Schedule times and session lengths suited to the required techniques and sequences

4.4 Respond to client enquiries using language the client understands

4.5 Discuss referral and collaborative options with the client according to needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTSHU004 Perform Shiatsu therapy health assessments

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of client consultation work
- prepared for and managed at least 60 Shiatsu health assessments - clients must include males and females from different stages of life with varied presentations
- used the Shiatsu framework to assess therapeutic needs of clients, including:
 - hara palpation
 - observation
 - sensory information gathering techniques
 - use differential diagnostic techniques
- interacted effectively with clients:
 - clearly articulated information about services, treatment options and rationale
 - engaged clients in decision making

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for client assessment and treatment planning:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - practitioner/client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - work role boundaries:
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
 - work health and safety
- referral options for practitioners:
 - professional health services including complementary health modalities
 - community resources and support services
 - types and availability of further medical testing
- factors and barriers that may impact on assessment, including:
 - physical
 - psychological
 - cultural
- factors that affect individual health status, including:
 - constitution
 - lifestyle
 - diet
 - personal and medical history
 - values and attitudes
 - balance of rest and activity
 - physical environment
 - social environment
- factors for consideration for different genders and ages
- client information required for assessment and the scope and depth of information needed around:
 - client objectives and expectations
 - client history and its components
 - client current state of health

- signs and symptoms:
 - onset
 - duration
 - location
 - quality and severity
 - non-verbal
- different ways that signs and symptoms of conditions present and how these are interpreted in a Shiatsu framework:
 - physical
 - psychological
 - social
 - qi
- features of signs and symptoms
- principles and philosophy of Shiatsu therapy framework:
 - relationships between body types and symptoms according five phases theory
 - primary functions of meridians and meridian extensions developed by masunaga
 - yin and yang
 - character and function of tsubo (acu-points)
 - the eight principles of differentiation (ba gang bian zheng)
- Shiatsu diagnostic techniques and considerations:
 - the four methods of diagnosis (si zhen)
 - back yu points and front mu points and diagnostic zones of hara
 - diagnostic ability of face, complexion, posture and vitality
 - palpatory diagnostic techniques and palpatory sensitivity to conditions of kyo/jitsu (empty/full) meridians
 - listening
 - smelling
 - Masunaga meridian palpation
- possible reactions, contra-indications to treatment and/or limitations for assessment
- pathophysiology of common disease states according to Shiatsu framework:
 - qi imbalances
 - physical
 - emotional
 - mental
- relational dynamics within and between human behaviour, anatomy and physiology, pathology and the natural world
- treatment planning techniques and considerations

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - health assessment, client consultation forms
 - private consultation area
 - futon
 - linen
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below for at least 120 of the 200 hours of client consultation work

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 3 years current clinical experience working as a Shiatsu therapist providing services to the general public
- hold practising membership of an Australian professional body that represents Shiatsu therapists
- fulfil the continuing professional development requirements of the professional body to which they belong

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