



Australian Government

HLTPOP015 Provide information on smoking and smoking cessation

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages. Minor changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Minor changes to knowledge evidence. Supersedes HLTPOP403C

Application

This unit describes the skills and knowledge required to provide information to individuals and groups on the impact of smoking and nicotine dependence and available smoking cessation resources and programs. It does not include providing smoking cessations interventions.

This unit applies to work in a public health context and workers at this level will demonstrate judgement and limited responsibility within defined guidelines.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

The Performance Criteria specify the level of performance needed to demonstrate achievement of the Element.

1. Screen clients for smoking

1.1 Discuss the client's tobacco use

1.2 Assess client's nicotine dependence using a validated method

1.3 Record client results according to organisation policy

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

The Performance Criteria specify the level of performance needed to demonstrate achievement of the Element.

and procedure

1.4 Maintain client records professionally and accurately

1.5 Observe and maintain client confidentiality in all interactions

2. Provide information on smoking and its effects

2.1 Provide client with information about smoking and its effects relevant to client's individual circumstances and background

2.2 Promote health benefits to the client of quitting smoking relevant to client's specific individual circumstances and background

3. Provide information on smoking cessation treatments and their outcomes

3.1 Identify and promote national and international best practice strategies for smoking cessation

3.2 Take into account needs of special groups in promoting smoking cessation programs

3.3 Provide clients with self-help materials

3.4 Provide referral to telephone counselling and other support services

3.5 Provide follow-up information as requested by the client

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTPOP015 Provide information on smoking and smoking cessation

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in the elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be demonstrated evidence that the candidate has:

- provided at least 3 clients or groups assessed as nicotine dependent with information about smoking and smoking cessation, including promoting benefits of quitting, strategies for smoking cessation and referral services.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in the elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- the social, political and economic context of tobacco use in Australian society
- prevalence of smoking in the Australian population, including gender, age and cultural distribution
- cultural and gender factors associated with tobacco use in Australia, including variations in smoking methods and prevalence between culturally and linguistically diverse (CALD) groups and particular demographic groups
- particular problems and needs associated with smoking among special groups, including pregnant and lactating women, adolescents, Aboriginal and Torres Strait Islander people, people with smoking related diseases and people with a mental illness
- behavioural and pharmacological determinants of smoking behaviour

- barriers to quitting smoking
- basic human anatomy and physiology, particularly the brain, the lungs and the circulatory system as it relates to smoking and its effects
- broad characteristics of the chemical constituents in tobacco smoke
- common behavioural triggers associated with smoking
- common symptoms of nicotine withdrawal and their relationship to physical recovery
- evidence-based key strategies for smoking cessation
- interaction of nicotine with various medications
- internationally accepted definitions of nicotine dependence
- physiological links between mental illness and nicotine dependence
- process of neuro-adaptation to nicotine
- processes of titration of nicotine dose and smoker compensation practices
- short and long-term known health effects of active and passive smoking
- validated nicotine dependence screening methods
- smoking cessation self-help and support material and referral agencies.

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies as well as using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

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