



Australian Government

HLTMSG017 Apply remedial massage clinical practice

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to undertake remedial massage consultations in a clinical setting. This includes provision of remedial massage treatments, as well as clinic preparation for consultation, client assessment and monitoring of client progress and outcomes. It incorporates understanding of industry practices and professional development opportunities for remedial massage therapists.

This unit applies to remedial massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Undertake client intake procedures.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Prepare self, treatment area and equipment for client consultation in accordance with organisational protocols work health and safety (WHS) and legal and ethical considerations.
- 1.2. Greet client using a clear voice and professional manner.
- 1.3. Ensure client records are complete including consent to commence consultation and to access health records.

- 1.4. Direct client to treatment room.
 - 1.5. Review client records with client to inform consultation.
 - 1.6. Clarify client expectations and identify client motivation for wanting to receive remedial treatment.
 - 1.7. Provide clear information about scope and limits of services to be provided.
2. Conduct client assessment.
 - 2.1. Perform assessment appropriate to meet client needs.
 - 2.2. Collect accurate and relevant information from assessment and document to inform treatment plan.
3. Develop treatment plan.
 - 3.1. Analyse and integrate health history and assessment findings to formulate appropriate treatment plan and allocated time.
 - 3.2. Outline and discuss treatment plan and expectations with client.
 - 3.3. Obtain and record informed consent for remedial treatment.
4. Provide remedial massage.
 - 4.1. Follow organisational protocols to physically prepare the client for treatment.
 - 4.2. Perform remedial treatment according to treatment plan.
 - 4.3. Adjust treatment as required according to client feedback and therapist ongoing assessment.
 - 4.4. Reassess client post-treatment and document findings to inform ongoing treatment plan.
 - 4.5. Discuss ongoing treatment plan and post-treatment recommendations.
5. Evaluate returning client progress and adjust treatment.
 - 5.1. Seek client feedback about treatment outcomes and implementation of post-treatment recommendations.
 - 5.2. Compare changes from initial and recent presentation with expectations in the treatment plan.
 - 5.3. Determine need for adjustment to treatment plan based on evaluation of client progress.
 - 5.4. Identify and respond to factors that may be inhibiting client progress.
 - 5.5. Prepare comprehensive referrals, reports and documentation.
 - 5.6. Document all findings in client treatment plan.
6. Develop professional practice.
 - 6.1. Use feedback from others and self-reflection to determine improvements to own practice.
 - 6.2. Identify areas of own practice for further research and development to support client outcomes.
 - 6.3. Proactively seek and respond to professional development opportunities.
 - 6.4. Identify current and emerging industry developments and

networks that can support improvement of own practice.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	- comprehend and interpret client health records - interpret information from a range of sources.
Writing skills to:	record client information accurately and comprehensively.
Oral communication skills to:	use listening and questioning to seek information and confirm understanding.
Technology skills to:	access sources of online information.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTMSG017 Apply remedial massage clinical practice

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- perform the activities outlined in the performance criteria of this unit during a period of at least 200 hours of massage clinic work that involves:
 - 40 hours of massage consultations including assessment and treatment and incorporating the following treatment techniques:
 - compressions
 - effleurage
 - friction techniques
 - gliding strokes
 - petrissage
 - rocking
 - tapotement
 - 100 hours of massage consultations of one hour duration including assessment and treatment incorporating the following treatment techniques:
 - compressive techniques
 - deep pressure massage
 - friction techniques
 - lymphatic massage
 - muscle energy techniques
 - myofascial techniques without skin penetration
 - passive movement at joints
 - stretching techniques
 - thermotherapy
 - trigger point techniques without skin penetration
 - clients from different stages of life with varied presentations
 - monitoring and evaluating remedial massage treatments provided to at least three different clients with at least three treatments per client.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- Commonwealth and State or Territory legal and ethical considerations for client assessment and treatment:
 - children in the workplace
 - codes of conduct
 - discrimination:
 - age
 - disability
 - racial and cultural
 - gender
 - duty of care
 - informed consent
 - mandatory reporting
 - therapist and client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - work role boundaries:
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
 - work health and safety
- client information required prior to assessment:
 - case history:
 - physical health
 - mental and emotional health
 - client expectations:
 - methods to clarify client expectations
 - managing expectations
- organisational protocols for preparing a client for treatment:
 - draping
 - disrobing
 - modesty and privacy
 - table positioning
 - bolstering and comfort
- organisational protocols for preparation of treatment area:
 - equipment hygiene
 - table height
 - bolstering
 - room temperature
 - position of electrical cords
 - lighting
 - client privacy provisions

- preparation of self for providing treatment:
 - personal protective equipment (PPE)
 - hydration
 - personal hygiene
 - personal presentation:
 - hair
 - nails
 - jewellery
 - professional attire
 - footwear
- expectations of treatment and outcomes for different conditions and client groups, and factors that impact these:
 - client history
 - contraindications
 - client role in achieving outcomes
 - interactions with other treatments
 - client general health
 - health literacy of client
 - presenting condition
- cautions and contraindications for treatment and possible indications for referral
- referral options for therapists:
 - allied health service and other health modalities
 - medical practitioner
 - support service
 - types and availability of further medical testing
- methods of monitoring treatment progress:
 - reassessment
 - client feedback
- processes for recommendations for continuation and variation of treatment:
 - communication with client
 - documenting on client record
- sources of research and evidence that support massage practice
- requirements of reports and documentation prepared by massage therapists:
 - client record
 - assessment report
 - treatment plan
 - insurance documentation
 - statements of attendance
- professional development requirements for remedial massage therapists.

Assessment Conditions

Skills must be demonstrated in a simulated clinical environment that reflects workplace conditions set up for the purpose of skills assessment:

- the following aspects of performance evidence must be directly observed by the assessor:
 - 40 hours of relaxation massage consultations
 - 100 hours of remedial massage consultations
- remaining evidence may be collated during an additional 60 hours of clinical work.

Assessment must ensure access to:

- client information including case history and treatment plan
- treatment plan template
- private consultation area
- adjustable height massage table
- towels or sheets for draping
- oils and balms
- hot and cold packs
- bolsters
- hand washing or hand sanitising facilities
- modelling of industry operating conditions including provision of services to the general public
- on campus and in-person clinic supervision by a person who meets the assessor requirements outlined below for 40 hours of relaxation massage consultations and 100 hours of remedial massage consultations.

The massage consultations outlined in the performance evidence must be observed in a face-to-face environment by the assessor.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors, and

- have current clinical experience working as a remedial massage therapist, myotherapist or soft tissue therapist providing services to the general public; and
- hold current practising membership of a relevant Australian professional body that represents remedial massage therapists, myotherapists, or soft tissue therapists.

Links

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