



Australian Government

HLTMSG015 Adapt massage treatments to meet specific needs

Release: 1

HLTMSG015 Adapt massage treatments to meet specific needs

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to adapt massage assessment and treatment strategies to respond to clients with specific needs.

This unit applies to massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Adapt assessment and treatment strategies to specific client needs.
2. Respond to unfamiliar client needs.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Use observation and discussion with client to identify specific client needs.
- 1.2. Adapt massage assessment to meet specific client needs.
- 1.3. Discuss treatment strategies with client.
- 1.4. Tailor massage treatment to meet specific client needs.
- 1.5. Consult with client and others where relevant to obtain consent in accordance with legal and ethical considerations.
- 2.1. Recognise where client's specific needs fall outside current knowledge base and expertise.

- 2.2. Refer client to other practitioners when client needs are beyond scope of own practice.
- 2.3. Research and interpret credible sources of information to support client with specific needs.
3. Reflect on own practice.
 - 3.1. Recognise the effect of values, beliefs and behaviour in practice.
 - 3.2. Seek feedback from client and use to reflect on own practice.
 - 3.3. Recognise own capacity to meet the demands of specific client needs.
 - 3.4. Identify self-care requirements and access additional support for self where required.
 - 3.5. Identify the need for professional development to enhance response to specific client presentations.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

- | | |
|-------------------------------|--|
| Oral communication skills to: | <ul style="list-style-type: none">• use listening and questioning to seek information and confirm understanding. |
| Technology skills to: | <ul style="list-style-type: none">• access online sources of information. |

Unit Mapping Information

Superseded and is not equivalent to HLTMSG006 Adapt remedial massage treatments to meet specific needs.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTMSG015 Adapt massage treatments to meet specific needs

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- for three different people each with a different specific need or needs:
 - conduct case-specific research identifying key aspects and features of the special needs and how they may impact assessment and treatment
 - effectively adapt communication, assessment and treatment strategies to meet the specific needs
 - undertake a process of reflection, identifying changes in own understanding of client needs.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- Commonwealth and State or Territory legal and ethical considerations for working with specific groups:
 - children in the workplace
 - codes of conduct
 - discrimination:
 - age
 - disability
 - racial and cultural
 - gender
 - duty of care
 - informed consent
 - mandatory reporting
 - therapist and client boundaries
 - privacy, confidentiality and disclosure
 - work health and safety (WHS)
- treatment management factors that must be considered for client with specific needs:
 - client interview and intake
 - variations in approach to assessment and treatment

- post-treatment recommendations
- client needs and how to adjust assessment and treatment:
 - disability:
 - physical
 - cognitive
 - sensory and communicative
 - pregnancy
 - chronic condition
 - mental and emotional health
 - trauma
 - communicable disease
 - palliative care needs
 - post-surgical needs
 - oncology and cancer survivorship
- variations associated with specific needs:
 - age
 - gender
 - culture
 - stage of health condition
- people who may be involved with obtaining informed consent:
 - carer
 - parent and guardian
 - translator
- professional responsibilities when client needs fall outside scope of own practice:
 - when referral is appropriate or required
 - information and advice sources
 - evidence-based research techniques.

Assessment Conditions

Skills must be demonstrated in a simulated clinical environment that reflects workplace conditions set up for the purpose of skills assessment.

Assessment must ensure access to:

- digital resources to conduct research
- client case histories
- client assessment and treatment plan templates.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors, and

- have current clinical experience working as a remedial massage therapist, myotherapist or soft tissue therapist providing services to the general public; and

- hold current practising membership of a relevant Australian professional body that represents remedial massage therapists, myotherapists, or soft tissue therapists.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>