



Australian Government

Assessment Requirements for HLTMSG012 Apply relaxation massage clinical practice

Release: 1

Assessment Requirements for HLTMSG012 Apply relaxation massage clinical practice

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- perform the activities outlined in the performance criteria of this unit during a period of at least 80 hours of massage clinic work that involves:
 - 40 hours of relaxation massage consultations including assessment and treatment and incorporating the following treatment techniques:
 - compressions
 - effleurage
 - friction techniques
 - gliding strokes
 - petrissage
 - rocking
 - tapotement
 - clients from different stages of life with varied presentations.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- Commonwealth and State or Territory legal and ethical considerations for client assessment and treatment:
 - children in the workplace
 - codes of conduct
 - discrimination:
 - age
 - disability
 - racial and cultural
 - gender
 - duty of care
 - informed consent
 - mandatory reporting
 - therapist and client boundaries

- privacy, confidentiality and disclosure
- records management
- work role boundaries:
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
- work health and safety
- client information required prior to assessment:
 - case history:
 - physical health
 - mental and emotional health
 - client expectations:
 - methods to clarify
 - managing
- organisational protocols for preparing a client for treatment:
 - draping
 - disrobing
 - modesty and privacy
 - table positioning
 - bolstering and comfort
- organisational protocols for preparation of treatment area:
 - equipment hygiene
 - table height
 - bolstering
 - room temperature
 - position of electrical cords
 - lighting
 - client privacy provisions
- preparation of self for providing treatment:
 - personal protective equipment (PPE)
 - hydration
 - personal hygiene
 - personal presentation:
 - hair
 - nails
 - jewellery
 - professional attire
 - footwear
- expectations of treatment and outcomes for different conditions and client groups, and factors that impact these:
 - client history

- contraindications
- client role in achieving outcomes
- interactions with other treatments
- client general health
- health literacy of client
- presenting condition
- massage treatment techniques:
 - compressions
 - effleurage
 - friction techniques
 - gliding strokes
 - petrissage
 - rocking
 - tapotement
- cautions and contraindications for treatment and possible indications for client referral
- referral options for therapists:
 - allied health service and other health modalities
 - medical practitioner
 - support service
- processes for recommendations for ongoing treatment:
 - communication with client
 - documenting on client record
- sources of research and evidence that support massage practice
- requirements of reports and documentation prepared by massage therapists:
 - client record
 - assessment report
 - treatment plan
 - insurance documentation
 - statements of attendance
 - must be clearly documented in English
- professional development requirements for massage therapists.

Assessment Conditions

Skills must be demonstrated in a simulated clinical environment that reflects workplace conditions set up for the purpose of skills assessment:

- the following aspects of performance evidence must be directly observed by the assessor:
 - 40 hours of relaxation massage consultations
- remaining evidence may be collated during an additional 40 hours of clinical work.

Assessment must ensure access to:

- client information including case history and treatment plan
- treatment plan template
- private consultation area
- adjustable height massage table
- towels or sheets for draping
- oils and balms
- bolsters
- hand washing or hand sanitising facilities
- modelling of industry operating conditions including provision of services to the general public
- on campus and in-person clinic supervision by a person who meets the assessor requirements outlined below for 40 hours of relaxation massage consultations.

The massage consultations as outlined in the performance evidence, must be directly observed in a face-to-face environment by the assessor.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors, and

- have current clinical experience working as a remedial massage therapist, myotherapist or soft tissue therapist providing services to the general public; and
- hold current practising membership of a relevant Australian professional body that represents remedial massage therapists, myotherapists or soft tissue therapists.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>