



Australian Government

Assessment Requirements for HLTMSG011 Provide massage treatments

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- prepare for and manage at least two full body massage treatments on different people that involves:
 - a minimum hands-on treatment time of 60 minutes each
 - using the following massage treatment techniques:
 - compressions
 - effleurage
 - friction techniques
 - gliding strokes
 - petrissage
 - rocking
 - tapotement.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- Commonwealth and State or Territory legal and ethical considerations for client treatment:
 - children in the workplace
 - codes of conduct
 - discrimination:
 - age
 - disability
 - racial and cultural
 - gender
 - duty of care
 - informed consent
 - mandatory reporting
 - therapist and client boundaries
 - privacy, confidentiality and disclosure

- records management
- work health and safety
- work role boundaries:
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
- targets for relaxation treatment:
 - stress management
- massage treatment techniques and how to apply them in supine, prone, sideline and seated positions:
 - compressions
 - effleurage
 - friction techniques
 - gliding strokes
 - petrissage
 - rocking
 - tapotement
- endangerment and cautionary sites, where they are and the limitations of touching these depending on scope of practice:
 - anterior triangle of the neck
 - axilla
 - abdominal region
 - femoral triangle
 - popliteal fossa
- potential responses during treatment and how to respond:
 - discomfort and pain
 - level of interoception
 - allergic reactions
 - emotional reactions
 - feedback including verbal, tactile and visual
 - muscle spasms
 - flatulence
 - autonomic reactions including sexual arousal
 - body temperature changes
 - deep relaxation and sleeping
- potential client responses following treatment and appropriate client advice to provide:
 - blood pressure
 - parasympathetic nervous system
- organisational protocols for preparing a client for treatment:
 - draping
 - disrobing

- modesty and privacy
- table positioning
- bolstering and comfort
- organisational protocols for preparation of treatment area:
 - equipment hygiene
 - table height
 - bolstering
 - room temperature
 - position of electrical cords
 - lighting
 - client privacy provisions
- preparation of self for providing treatment:
 - personal protective equipment (PPE)
 - hydration
 - personal hygiene
 - personal presentation:
 - hair
 - nails
 - jewellery
 - professional attire
 - footwear
- methods of monitoring treatment progress:
 - re-assessment
 - client feedback
- types of information and resources that can be provided to clients for their use following treatment
- documentation requirements:
 - accurate
 - comprehensive
 - legible
 - in English
 - using industry terminology and standard abbreviations.

Assessment Conditions

Skills must be demonstrated in a simulated clinical environment that reflects workplace conditions set up for the purpose of skills assessment.

Assessment must ensure access to:

- client information including case history and treatment plan
- treatment record template

- private consultation area
- adjustable height massage table
- towels or sheets for draping
- oils and balms
- bolsters
- hand washing or hand sanitising facilities.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors; and

- have current clinical experience working as a remedial massage therapist, myotherapist or soft tissue therapist providing services to the general public; and
- hold current practising membership of a relevant Australian professional body that represents remedial massage therapists, myotherapists, or soft tissue therapists.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>