



Australian Government

Assessment Requirements for HLTMSG010

Assess client massage needs

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct a complete client assessment on three different people that involves:
 - completing each assessment within an acceptable commercial timeframe
 - using palpation and observation assessment methods
 - incorporating upper and lower body assessment
 - communicating clear information about services, treatment options and rationale to each client
 - engaging each client in decision making.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- Commonwealth and State or Territory legal and ethical considerations for client assessment:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - therapist and client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - work role boundaries:
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
 - work health and safety
- health care options for massage clients:
 - allied health services and other health modalities
 - community resources and support services
- factors and barriers that may impact on massage assessment:
 - physical

- psychological
- cultural
- factors that affect individual health status:
 - age
 - gender
 - lifestyle risk factors
 - personal and medical history:
 - comorbidities
 - sequelae and progression of disease
 - mental and emotional health
 - values, attitudes and beliefs
 - balance of rest, activity and sleep
 - physical environment
 - social environment
 - social determinants of health
- client information required prior to assessment:
 - case history:
 - physical health
 - mental and emotional health
 - client expectations:
 - methods to clarify
 - managing
- considerations for performing massage assessments:
 - environment
 - equipment
 - client privacy
 - client instructions
- assessment methods, how and when they are used:
 - palpation
 - observation
 - listening
- cautions and contraindications to treatment and possible indications for referral:
 - weak bone and joint instability
 - neurological dysfunction
 - vascular disorder
 - symptoms outside of scope of practice
 - excessive pain and abnormal responses to treatment
 - protracted pain
 - non-reproducible pain
 - fatigue

- circulatory disorder
- inflammation
- lumps and tissue changes
- rashes and changes in the skin
- oedema
- sudden changes in mood
- infection
- changes in appetite, elimination and sleep habits
- bleeding and bruising
- nausea, vomiting and diarrhoea
- recent changes in body temperature
- major muscle anatomy:
 - surface anatomy
 - palpable bony landmarks
 - actions of individual muscles and muscle groups:
 - temporalis
 - masseter
 - frontalis
 - sternocleidomastoid
 - trapezius
 - levator scapulae
 - latissimus dorsi
 - teres major
 - rotator cuff
 - rhomboids
 - erector spinae
 - quadratus lumborum
 - pectoral
 - abdominal
 - hip flexors
 - gluteal
 - quadriceps
 - hamstrings
 - adductor
 - calf including anterior and posterior
 - deltoid
 - elbow extensors and flexors
 - wrist extensors and flexors
 - forearm pronators and supinators
- skeleton:

- bones of the body
 - major bony landmarks
 - surface anatomy and palpable bony landmarks
- joints:
 - synovial
 - actions
- physiology:
 - soft tissue:
 - muscle contraction
 - muscle physiology including reflexes, chemistry and proprioceptors
 - tendons and ligaments
 - fascia
 - signs of cautions and contraindications:
 - inflammation including cardinal signs
 - injury including acute and chronic grades
 - wound healing including stages
 - pain types
- documentation requirements:
 - accurate
 - comprehensive
 - legible
 - in English
 - using industry terminology and standard abbreviations.

Assessment Conditions

Skills must be demonstrated in a simulated clinical environment that reflects workplace conditions set up for the purpose of skills assessment.

Assessment must ensure access to:

- client information including case history
- treatment plan template
- private consultation area
- adjustable height massage table
- towels or sheets for draping
- oils and balms
- bolsters
- hand washing or hand sanitising facilities.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors, and

- have current clinical experience working as a remedial massage therapist, myotherapist or soft tissue therapist providing services to the general public, and
- hold current practising membership of a relevant Australian professional body that represents remedial massage therapists, myotherapists or soft tissue therapists.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>