



Australian Government

HLTMSG009 Develop massage practice

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to establish the foundations of massage practice and its place in the Australian health care system, identify and provide appropriate information about massage to different audiences, develop own approach to massage practice and evaluate what makes a sustainable practice.

This unit applies to massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Navigate massage in the health care system.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Identify, access and interpret information on the history and development of massage practice.
- 1.2. Identify key components of the Australian health care system including the legal requirements and ethical considerations.
- 1.3. Determine the place of massage within the current Australian health care system.
- 1.4. Compare massage with other health modalities and broader

- health practices.
2. Provide information about massage.
 - 2.1. Determine information needs of different audiences, both individuals and groups.
 - 2.2. Identify key messages relevant to audience needs.
 - 2.3. Supply information relevant to audience.
 3. Develop approach to own practice.
 - 3.1. Identify professional goals and aspirations.
 - 3.2. Identify the role of evidence-based practice and its impact on own job role.
 - 3.3. Identify the opportunities and constraints of individual personal circumstances.
 - 3.4. Identify practical strategies that address own practice goals.
 4. Navigate requirements for sustainable massage practice.
 - 4.1. Identify key issues that affect the development and sustainability of professional massage practice.
 - 4.2. Access, interpret and collate current information that supports professional massage practice.
 - 4.3. Establish a personal health strategy that supports professional massage practice.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• interpret information from a range of sources.
Oral communication skills to:	• use listening and questioning to seek information and confirm understanding • deliver information to an audience in an appropriate manner to ensure comprehension.
Technology skills to:	• use digital technology to access online sources of information.

Unit Mapping Information

Supersedes and is not equivalent to HLTMSG001 Develop massage practice.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTMSG009 Develop massage practice

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- source and summarise three credible pieces of information on the theory and practice of massage including one from each of the following:
 - Commonwealth Government
 - State or Territory Government
 - primary scientific research
- communicate key messages about massage therapy to meet the information needs of at least three different audiences, each using a different communication method
- identify and evaluate effective strategies for own practice that cover:
 - personal health
 - sustainable practice
 - career longevity.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- historical development of massage
- key components of the Australian health care system
- place of massage practice in the broader health care system
- types of massage treatments and their key features and purpose including the difference between relaxation and remedial massage
- key features of complementary therapies used in conjunction with massage
- key features of allied health services and their relationship to massage
- types and information needs of massage clients
- methods of communicating with clients:
 - face-to-face
 - virtual online
 - telephone
 - email
 - social media
 - physical correspondence

- professional massage networks and industry bodies
- models of professional massage practice and their career opportunities
- components of sustainable practice and their impact:
 - economic including opportunities and viability
 - environmental
 - human including personal health and professional development
 - social responsibility
- Commonwealth and State or Territory legal requirements and ethical considerations and how these are applied in individual practice:
 - children in the workplace
 - codes of conduct
 - continuing professional education
 - discrimination
 - duty of care
 - human rights
 - informed consent
 - insurance requirements
 - mandatory reporting
 - therapist and client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - work role boundaries including responsibilities and limitations
 - work health and safety.

Assessment Conditions

Assessment must be conducted in a simulated workplace environment set up for the purpose of skills assessment.

Assessment must ensure access to:

- digital technology for sourcing information
- Commonwealth and State or Territory legislation and regulation that applies to massage practices.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors; and

- have current clinical experience working as a remedial massage therapist, myotherapist or soft tissue therapist providing services to the general public, and
- hold current practising membership of a relevant Australian professional body that represents remedial massage therapists, myotherapists, or soft tissue therapists.

Links

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