



Australian Government

HLTKIN005 Monitor and evaluate client progress

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to rechallenge previous assessments and balances and adapt treatment plans accordingly. It also includes using individual client evaluation to inform overall practice.

This unit applies to kinesiologists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Evaluate client progress

- 1.1 Seek client feedback about impacts of balances and compliance with the treatment plan
- 1.2 Identify improvements or changes in client condition and compare with expectations in the treatment plan
- 1.3 Identify and respond to factors that may be inhibiting client progress
- 1.4 Seek additional client information when progress suggests the need for further investigation
- 1.5 Identify unresolved issues or further areas for support

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

as required

1.6 Accurately document findings in client records

2. Adjust treatment based on evaluation

2.1 Determine the need for adjustment to treatment plan based on evaluation findings, muscle monitoring and analysis of other information

2.2 Adjust treatment plans based on outcomes and review of research or evidence that support kinesiology practice

2.3 Accurately document any adjustments to treatment plan

2.4 Re-evaluate and determine whether to terminate case or to plan for further improvement on a different issue if required

3. Develop practice from client evaluation

3.1 Review progress of client in context of own individual practice

3.2 Identify areas of own practice for further research or development to support client outcomes

3.3 Pro-actively seek and respond to professional development opportunities

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTKIN005 Monitor and evaluate client progress

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of kinesiology client consultation work
- prepared for and managed kinesiology sessions for at least 40 different people, 10 of whom must be seen at least 3 times. Clients must include males and females from different stages of life with varied presentations
- measured outcomes through client feedback and own assessment using baseline measurements and indicators of change

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for client monitoring:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - practitioner/client boundaries

- privacy, confidentiality and disclosure
- records management
- work role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
- work health and safety
- expectations of treatments for different conditions and client groups, and factors that impact on those expectations:
 - client history
 - contraindications
 - compliance
 - interactions with other treatments
 - yellow and red flags
 - client general health
 - presenting condition
 - impact of reinforcement for the client
- base line for comparison measurements according to modality procedure, including for:
 - pain
 - energy levels
 - flexibility
 - postural stress
- sources of research and evidence that support kinesiology practice
- principles underpinning continuation or variation of treatment
- impact indicators including:
 - changes in awareness, knowledge and skills
 - changes in intended behaviour
 - changes in individual capacity, i.e. confidence, self esteem, social skills, problem solving skills, increased help-seeking behaviour, coping skills and self management
 - changes in relationships
- client satisfaction indicators:
 - whether clients feels heard, understood, educated about the issue
 - achievement of goal/contextual issue
- outcome indicators of improved:
 - mental wellbeing
 - physical wellbeing
 - emotional wellbeing
 - energetic wellbeing

Assessment Conditions

Skills must have been demonstrated in the workplace or in a clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client information – case history, treatment plan
 - private consultation area
 - massage/table and chair
 - reference manual
 - hand sanitiser and/or hot running water for washing hands
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below for at least 50 of the 200 hours of client consultations. The remaining 150 hours may be completed under the guidance of a mentor. The mentor must either meet the assessor requirements outlined below or be registered with an Australian professional body that represents kinesiologists as a mentor.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 2 years current clinical experience working as a kinesiologist providing services to the general public
- hold practising membership of an Australian professional body that represents kinesiologists
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>