



Australian Government

HLTENN057 Contribute to the nursing care of a person with diabetes

Release: 2

HLTENN057 Contribute to the nursing care of a person with diabetes

Modification History

Release	Comments
Release 2	Release 2 HLTENN057 Contribute to the nursing care of a person with diabetes supersedes and is equivalent to Release 1 HLTENN057 Contribute to the nursing care of a person with diabetes. Updated: Mapping details and minor corrections.
Release 1	HLTENN057 Contribute to the nursing care of a person with diabetes supersedes and is not equivalent to HLTENN025 Implement and monitor care for a person with diabetes.

Application

This unit describes the performance outcomes, skills and knowledge required to provide nursing care to a person with diabetes including assessing needs, planning and implementing nursing interventions, evaluating outcomes, and educating the person on the condition and available resources.

This unit applies to enrolled nursing work carried out in consultation and collaboration with registered nurses, and under supervisory arrangements aligned to the Nursing and Midwifery Board of Australia (NMBA) regulatory authority legislative requirements.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian Standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Enrolled Nursing

Unit Sector

Enrolled Nursing

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Assess needs of a person with diabetes.
2. Perform nursing interventions to assist in achieving and maintaining optimal diabetes health.
3. Identify diabetes care services in the Australian health care environment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Apply requirements of the pathophysiology of types of diabetes.
- 1.2. Perform nursing assessment using contemporary assessment tools, resources and strategies and incorporating review of health status, lifestyle and treatment regimes.
- 1.3. Determine understanding of condition, self-management strategies and medications.
- 1.4. Identify possible factors impacting the health and significant alterations in the condition.
- 1.5. Identify family and carer understanding of and involvement in the person's diabetes care and the impact on care planning and provision.
- 2.1. Prioritise care according to needs and re-prioritise care activities when circumstances change.
- 2.2. Apply plan of care and ensure it reflects the care needs of a person with diabetes.
- 2.3. Identify response to nursing interventions and understanding of ongoing management of the condition, including strategies for self-management.
- 2.4. Evaluate blood and urine test results related to diabetic condition and report findings to the multidisciplinary health care team.
- 2.5. Administer prescribed and emergency medicine as indicated.
- 2.6. Liaise with registered nurses about alterations in condition while providing ongoing support.
- 3.1. specialist services and complementary roles of organisations and individuals involved in supporting and delivering diabetes care.
- 3.2. Identify need to refer person to a diabetes registered nurse educator and other specialist services and complementary roles of organisations and individuals involved in supporting and delivering diabetes care.

4. Evaluate care plan for a person with diabetes and support self-management.
 - 4.1. Identify and evaluate diabetes management plan to ensure compliance and escalate intervention where identified.
 - 4.2. Evaluate nursing interventions and identified outcomes against evidence-based best practice in diabetes nursing care.
 - 4.3. Evaluate person's understanding of the diabetes condition, medications, therapeutic regimes and self-management.
 - 4.4. Promote self-management of condition and assist person to provide accurate information to families and carers on diabetes care needs.
 - 4.5. Document uptake of health promotion initiatives to support self-management.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

HLTENN057 Contribute to the nursing care of a person with diabetes supersedes and is not equivalent to HLTENN025 Implement and monitor care for a person with diabetes.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTENN057 Contribute to the nursing care of a person with diabetes

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Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide nursing care to three people with diabetes involving:
 - a person who has become hypoglycaemic
 - a person who has become hyperglycaemic

The tasks must be undertaken in accordance with the Nursing and Midwifery Board of Australia (NMBA) professional practice standards, codes and guidelines.

Knowledge Evidence

Demonstrate knowledge required to complete tasks outlined in elements and performance criteria of this unit:

- anatomy, physiology and pathophysiology related to diabetes and diabetic conditions including:
 - type 1 diabetes
 - type 2 diabetes
 - gestational diabetes mellitus
- insulin administration devices
- potential problems related to care of a person with diabetic conditions:
 - hypoglycaemia

- hyperglycaemia
- diabetic ketoacidosis (DKA)
- Hyperglycaemic Hyperosmolar Nonketotic Syndrome (HHNS)
- Hyperosmotic Hyperglycaemic Syndrome (HHS)
- retinopathy
- infection
- psychosocial issues
- health promotion goals and expected outcomes:
 - glycaemic control
 - optimal nutrition
 - weight loss or gain
 - smoking cessation
 - foot and eye care
 - oral hypoglycaemic therapy
 - insulin therapy
 - blood glucose monitoring
- factors influencing self-esteem of the person with diabetes
- issues related to diabetes care delivery and diabetes related services
- underlying environmental and social factors contributing to diabetes in the Australian general population, including the factors involved with higher rates experienced by Aboriginal and Torres Strait Islander people
- role of Congress of Aboriginal and Torres Strait Islander Nurses and Midwives (CATSINaM)
- Aboriginal and Torres Strait Islander health and principles of cultural safety
- organisational processes for evaluation of care plans.

Assessment Conditions

To be eligible to apply for registration as an enrolled nurse and to practice in Australia, each applicant must complete a Diploma of Nursing program accredited by the Australian Nursing and Midwifery Accreditation Council (ANMAC) and approved as ‘an approved program of study’ by the Nursing and Midwifery Board of Australia (NMBA) in accordance with the Enrolled Nurse Accreditation Standards.

For more detail visit <https://www.ahpra.gov.au>.

Skills must be demonstrated in the workplace or in a simulated environment as specified in the performance evidence that model industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations’ requirements for assessors.

Assessors must also hold current registration as a registered nurse with the Nursing and Midwifery Board of Australia (NMBA).

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