



Australian Government

HLTENN051 Apply nursing practice in sexual and reproductive health care

Release: 2

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Modification History

Release	Comments
Release 2	Release 2 HLTENN051 Apply nursing practice in sexual and reproductive health care supersedes and is equivalent to Release 1 HLTENN051 Apply nursing practice in sexual and reproductive health care. Updated: Mapping details and minor corrections.
Release 1	HLTENN051 Apply nursing practice in sexual and reproductive health care supersedes and is equivalent to HLTENN019 Apply nursing practice in sexual and reproductive health care.

Application

This unit describes the performance outcomes, skills and knowledge required to provide nursing interventions for people with sexual and reproductive health care needs.

Enrolled nurses providing nursing care in the area of sexual and reproductive health hold and apply specialised in-depth knowledge, integrate theory and practice and make reliable clinical assessments and judgements.

This unit applies to enrolled nurses, registered with the Nursing and Midwifery Board of Australia (NMBA), seeking specialisation in enrolled nurse work that is carried out in consultation and collaboration with registered nurses, and under direct or indirect supervisory arrangements aligned to the NMBA regulatory authority legislative requirements.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian Standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Enrolled Nursing

Unit Sector

Enrolled Nursing

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Identify and discuss sexual and reproductive health problems.

2. Clarify impact of sexual and reproductive health condition.

3. Contribute to team planning and nursing interventions for sexual and reproductive health care.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Identify sexual health screening programs and support services to identify health issues.
- 1.2. Evaluate observations and pathology results indicating variations from normal sexual and reproductive health status.
- 1.3. Provide information at a primary health care level on risk factors, indicators and interventions for sexually transmissible infections (STIs) and blood-borne infections (BBIs).
- 1.4. Use a confidential and safe place for confirming contact tracing, disclosure of information and requirements in reporting notifiable STIs or BBIs.
- 1.5. Use health information and resources to explain the development of sexual health conditions.
- 1.6. Promote safe and healthy sexual and lifestyle practices and provide associated resources and information.
- 2.1. Apply contemporary requirements of sexual and reproductive health conditions and associated pathophysiology to clinical practice.
- 2.2. Identify psychosocial impact and potential complications and clarify care needs.
- 2.3. Identify pathophysiology and disease process within scope of enrolled nursing practice to articulate and respond to care needs.
- 3.1. Identify where the acuity of a person exceeds own knowledge, skill and assessed competence and refer to others within the multidisciplinary health care team.
- 3.2. Identify effects of culture, ageing, disability and illness on sexuality and sexual behaviour.
- 3.3. Identify nursing interventions to incorporate contemporary sexual and reproductive health strategies into practice.
- 3.4. Liaise with multidisciplinary health care team to provide

- information related to maintaining sexual and reproductive health in line with community needs and organisational policies and procedures.
- 3.5. Apply resources and referral to service providers on sexual health and reproductive health care.
 - 3.6. Assess, evaluate and amend plan of care as required to ensure progress toward planned outcomes.
- 4. Promote improvements in sexual and reproductive health.
 - 4.1. Evaluate nursing care interventions provided and outcomes against evidence-based best practice in sexual and reproductive health in collaboration with the registered nurse and align with organisational continuous improvement objectives.
 - 4.2. Seek opportunities and participate in professional development, to guide own practice and act as a resource for colleagues.
 - 5. Address contemporary issues in sexual and reproductive health.
 - 5.1. Apply requirements of influences that shape sexuality in current and historical contexts.
 - 5.2. Identify, educate and evaluate contraception choices to support and provide health education about available options.
 - 5.3. Educate and support pregnancy choices and options for unplanned pregnancies.
 - 5.4. Provide information and referral options on risk-taking behaviours and educate to promote safe sex practices.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

HLTENN051 Apply nursing practice in sexual and reproductive health care supersedes and is equivalent to HLTENN019 Apply nursing practice in sexual and reproductive health care.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTENN051 Apply nursing practice in sexual and reproductive health care

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Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- perform a sexual health assessment on one female and one male person in the workplace
- conduct two activities to support quality and promote innovations in sexual and reproductive health for a multidisciplinary health care team based on knowledge acquired through own professional development and learning

The tasks must be undertaken in accordance with the Nursing and Midwifery Board of Australia (NMBA) professional practice standards, codes and guidelines.

Knowledge Evidence

Demonstrate knowledge required to complete tasks outlined in elements and performance criteria of this unit:

- historical development of sexual and reproductive health strategies to support women's and men's health and wellbeing
- health prevention screening options for early identification of women's and men's health issues
- conditions and factors affecting women's health and wellbeing, and their impact and treatment:
 - breast screening

- cervical screening
- family violence.
- sexual assault
- menopause
- vaginal prolapse and continence issues
- sexual physiology and human sexual response
- philosophy underpinning sexual and reproductive health management
- medical and surgical procedures associated with sexual and reproductive health
- anatomy, physiology and pathophysiology of sexual and reproductive health and clinical manifestation of sexual and reproductive conditions sufficiently in-depth and specialised to make judgements and to make a professional contribution in the sexual and reproductive health care setting
- sexual and reproductive health-related matters:
 - contraception
 - health problems affecting sexuality:
 - spinal cord injuries
 - diabetes mellitus
 - hypertension
 - infertility
 - menopause
 - pregnancy options
 - puberty
 - risk taking behaviours
 - sexual abuse
 - sexual dysfunction
 - sexual orientation
- healthy sexual behaviours and attitudes and practices:
 - safer sex practices
 - barriers to use of safer sex practices
- factors that interfere with sexual health and emotional wellbeing including influence of alcohol and other drug use on sexual behaviours
- sexually transmissible infections (STIs):
 - description, definition, statistics, signs and symptoms, and universal precautions
 - common STIs and blood-borne infections (BBIs)
 - notifiable STIs and BBIs
 - transmission, testing and complications related to STIs
 - contact tracing and partner notification
 - ways to prevent, manage and treat STIs
- risk factors for contracting STIs and BBIs:
 - relationship between STIs and increased risk of contracting BBIs
 - unprotected anal, vaginal and oral sex

- receptive and insertive partners
- mother to baby
- blood to blood
- unsafe drug injection
- age and gender issues related to sexual health for the older adult, young adult and adolescent
- community resources and services for sexual and reproductive health promotion and education
- cultural diversity and inclusion.

Assessment Conditions

To be eligible to apply for registration as an enrolled nurse and to practice in Australia, each applicant must complete a Diploma of Nursing program accredited by the Australian Nursing and Midwifery Accreditation Council (ANMAC) and approved as 'an approved program of study' by the Nursing and Midwifery Board of Australia (NMBA) in accordance with the Enrolled Nurse Accreditation Standards.

For more detail visit <https://www.ahpra.gov.au>.

Skills must be demonstrated in the workplace or in a simulated environment as specified in the performance evidence that model industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Assessors must also hold current registration as a registered nurse with the Nursing and Midwifery Board of Australia (NMBA).

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>