



Australian Government

HLTENN045 Implement and monitor care of the older person

Release: 2

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Modification History

Release	Comments
Release 2	Release 2 HLTENN045 Implement and monitor care of the older person supersedes and is equivalent to Release 1 HLTENN045 Implement and monitor care of the older person. Updated: Mapping details and minor corrections.
Release 1	HLTENN045 Implement and monitor care of the older person supersedes and is equivalent to HLTENN013 Implement and monitor care of the older person.

Application

This unit describes the performance outcomes, skills and knowledge required to perform nursing interventions to support the social and emotional wellbeing and nursing care needs of the older person in care.

This unit applies to enrolled nursing work carried out in consultation and collaboration with registered nurses, and under supervisory arrangements aligned to the Nursing and Midwifery Board of Australia (NMBA) regulatory authority legislative requirements.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian Standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Enrolled Nursing

Unit Sector

Enrolled Nursing

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Respond to health requirements of an older person.
2. Contribute to the plan of care for an older person.
3. Apply nursing practice in the aged care environment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Apply requirements of age-related physical changes and transitions and the psychosocial needs of the person, families and carers to own practice.
- 1.2. Identify age-related pathophysiological disorders and how they may affect the person, families and carers.
- 1.3. Adjust communication for people who have sensory impairments.
- 1.4. Apply interventions to ameliorate care.
- 1.5. Develop and implement strategies to ensure social inclusiveness and cultural diversity.
- 1.6. Identify and respond to signs of distress and behaviours of concern.
- 2.1. Assess older person's health using aged care assessment tools.
- 2.2. Identify possible age-related effects of polypharmacy.
- 2.3. Document and report health findings according to organisational policies and procedures.
- 2.4. Contribute to development of nursing plan of care within the context of the health care setting and organisational policies and procedures.
- 2.5. Recognise signs and symptoms to be applied to the plan of care including wellbeing and oral health problems.
- 2.6. Identify reablement abilities and limitations to promote capacity for self-care.
- 2.7. Discuss possible impacts of age-related pathophysiological disorders including impact capacity to perform daily living activities.
- 2.8. Document responses to nursing interventions and report changes.
- 3.1. Identify factors and common stereotypes associated with ageing and how these can adversely impact the older person.
- 3.2. Apply best practices to impact issues involved in aged care including impacts on families and carers.
- 3.3. Consider own values, attitudes and beliefs to ensure interventions are conducted within scope of practice of the enrolled nurse.
- 3.4. Promote health maintenance with the older person and provide information on available community services for the

- person, families and carers.
- 3.5. Apply work practices reflecting theories of ageing and apply best practice care guidelines for older people.
 4. Identify requirements and address issues in aged care nursing practice.
 - 4.1. Identify legal requirements and possible ethical and other issues of concern in an aged care practice.
 - 4.2. Ensure own work practice accords with legal requirements, is ethical and supports the rights and dignity of the older person, families and carers.
 - 4.3. Advocate for the person, families and carers as required within own role parameters and organisational policies and procedures.
 - 4.4. Observe and respond to physical, emotional and mental signs of stress.
 - 4.5. Provide care for the deceased using standard precautions and in accordance with organisational policies and procedures and guidelines.
 5. Use strategies related to the progressive and variable nature of cognitive impairment.
 - 5.1. Identify the nature of cognitive changes and use treatments and nursing interventions.
 - 5.2. Provide activities suitable for people with cognitive changes reflecting their individual likes and dislikes.
 - 5.3. Communicate and apply strategies to relieve distress and agitation.
 6. Develop and implement strategies to minimise impact of responsive behaviours.
 - 6.1. Observe and document behaviours and environmental factors to assist in determining triggers contributing to responsive behaviours.
 - 6.2. Identify potential impacts responsive behaviours have in determining a response.
 - 6.3. Implement best practice strategies to minimise impact of responsive behaviours.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

HLTENN045 Implement and monitor care of the older person supersedes and is equivalent to HLTENN013 Implement and monitor care of the older person.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTENN045 Implement and monitor care of the older person

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Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- analyse health information and clinical presentation of two older people to reach a conclusion on possible nursing interventions related to their care in consultation with a registered nurse
- perform nursing interventions for one older person in the workplace with cognitive change or impaired cognition and one older person with the condition of frailty

The tasks must be undertaken in accordance with the Nursing and Midwifery Board of Australia (NMBA) professional practice standards, codes and guidelines.

Knowledge Evidence

Demonstrate knowledge required to complete tasks outlined in elements and performance criteria of this unit:

- role of aged care regulators.
- the potential impacts of dual and multiple diagnoses on identification and prioritisation of the older person's needs
- chronic psychological and age-related health problems
- sexuality and the older person
- personal hygiene:
 - activities of daily living (ADLs)

- continence management
- oral care
- counselling and support services and resources in the aged care environment and wider community
- support and comfort required for grieving families and carers within own role parameters
- difference between end-of-life care and palliative care of dying and after death care in consultation with registered nurse
- functional assessment tools for assessing older people, including recognition of cognitive impairment including delirium and depression
 - nature of cognitive change related to progressive neurological condition and strategies and nursing interventions that can be used
 - diagnoses of dementia and how it presents
 - mini mental and psychogeriatric assessment scale using a developed and recognised standard assessment scale
 - the importance of a safe, physical, social and emotional environment for older people, and particularly for people with cognitive impairment
- legal and professional obligations relating to physical, chemical and psychological restraint
- legal and ethical issues and considerations, and assessment tools relevant to the older person:
 - advance care directives
 - Aged Care Act
 - Aged Care Funding instruments
 - Aged Care Quality Standards
 - carers recognition legislation
 - NMBA code of ethics and code of conduct for nurses
- primary health care and services for the older person
- stereotypes and influences on ageing
- physical triggers and strategies to respond to responsive behaviour:
 - distraction including reminiscing, walking and listening to music
 - behaviour modification
- pain management
- use of prescribed hearing aids and alternative listening devices
- integration of complementary therapies into practice settings
- elder abuse
- nursing assessments of the older person:
 - nutritional assessment
 - skin assessment
 - continence assessment
- physiology of the ageing process as it relates to disease processes:
 - sensory function
 - cardiac function

- respiratory function
- neurological function
- musculoskeletal function
- genitourinary function
- endocrine function
- renal function
- oncological disorders
- integumentary functions.

Assessment Conditions

To be eligible to apply for registration as an enrolled nurse and to practice in Australia, each applicant must complete a Diploma of Nursing program accredited by the Australian Nursing and Midwifery Accreditation Council (ANMAC) and approved as ‘an approved program of study’ by the Nursing and Midwifery Board of Australia (NMBA) in accordance with the Enrolled Nurse Accreditation Standards.

For more detail visit <https://www.ahpra.gov.au>.

Skills must be demonstrated in the workplace or in a simulated environment as specified in the performance evidence that model industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations’ requirements for assessors.

Assessors must also hold current registration as a registered nurse with the Nursing and Midwifery Board of Australia (NMBA).

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>