



Australian Government

HLTENN042 Implement and monitor care for a person with mental health conditions

Release: 2

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Modification History

Release	Comments
Release 2	Release 2 HLTENN042 Implement and monitor care for a person with mental health conditions supersedes and is equivalent to Release 1 HLTENN042 Implement and monitor care for a person with mental health conditions. Updated: Mapping details and minor corrections.
Release 1	HLTENN042 Implement and monitor care for a person with mental health conditions supersedes and is equivalent to HLTENN009 Implement and monitor care for a person with mental health conditions.

Application

This unit describes the performance outcomes, skills and knowledge required to contribute to the nursing care and treatment of a person with a mental health condition.

This unit applies to enrolled nursing work carried out in consultation and collaboration with registered nurses, and under supervisory arrangements aligned to the Nursing and Midwifery Board of Australia (NMBA) regulatory authority legislative requirements.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian Standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Enrolled Nursing

Unit Sector

Enrolled Nursing

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

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| <p>1. Identify and address mental health legislation requirements.</p> <p>2. Respond to signs of mental health conditions.</p> <p>3. Contribute to care planning and conduct initial clinical observations.</p> | <p>1.1. Identify and evaluate the key features of mental health legislation as they apply to own work practices and the health care setting.</p> <p>1.2. Describe values and philosophies that apply to mental health care.</p> <p>1.3. Support the rights and dignity of the person with a mental health condition.</p> <p>1.4. Work in a manner that reflects underpinning values and philosophies of mental health care and is consistent with legal obligations.</p> <p>2.1. Identify conditions relating to the mental state and behaviour using broad classifications of mental health conditions and terms associated with mental health conditions.</p> <p>2.2. Recognise signs and symptoms of mental health conditions and respond within the scope of an enrolled nurse.</p> <p>2.3. Recognise biopsychosocial effects in the person with a mental health condition.</p> <p>2.4. Recognise impacts that racism, discrimination, negative stereotyping and stigma can have on a person with a mental health condition and ensure own interactions with the person are positive.</p> <p>2.5. Negotiate with the person with a mental health condition.</p> <p>3.1. Undertake risk assessment, using recognised risk assessment methodology, under supervision of a registered nurse to develop the plan of care for the person.</p> <p>3.2. Participate in multidisciplinary health care team meetings to ensure resources and approaches used in care planning meet individual and group needs.</p> <p>3.3. Observe and document the person's behaviour and identify signs and symptoms of reduced physical health and changes to behaviour.</p> <p>3.4. Provide health promotion and educational strategies in accordance with organisational policies and procedures in response to signs and symptoms of reduced physical health.</p> |
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- 3.5. Apply recovery principles to nursing care with support from multidisciplinary health care team to maximise health outcomes for individuals and groups.
- 4. Contribute to recovery of a person with a mental health condition.
 - 4.1. Plan, prioritise and implement nursing interventions with the person, registered nurse, multidisciplinary health care team and the person's families and carers.
 - 4.2. Respect the person's dignity and uniqueness and use strategies to encourage their contribution to their own plan of care.
 - 4.3. Assist the person, families and carers to participate in therapeutic interventions.
 - 4.4. Confirm the person understands the use, administration methods and possible effects of medications including known adverse effects.
 - 4.5. Advise the person, families and carers about community resources and opportunities and adapt the advice to the individual needs of the person.
 - 4.6. Support the person as a valued member of the community to build on their own strengths and to take as much responsibility as possible for decisions that affect their lives.
 - 4.7. Identify and apply principles of contemporary, evidenced-based nursing practice that reflect recovery-oriented care for a person who has a mental health condition.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

HLTENN042 Implement and monitor care for a person with mental health conditions supersedes and is equivalent to HLTENN009 Implement and monitor care for a person with mental health conditions.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTENN042 Implement and monitor care for a person with mental health conditions

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Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- for two different people with a mental health condition, one in the workplace and one in the workplace or simulation:
 - use health information and clinical presentation to reach a conclusion of possible nursing interventions reflective of the mental health condition
 - analyse, plan and evaluate the health care of people with a mental health condition.

The tasks must be undertaken in accordance with the Nursing and Midwifery Board of Australia (NMBA) professional practice standards, codes and guidelines.

Knowledge Evidence

Demonstrate knowledge required to complete tasks outlined in elements and performance criteria of this unit:

- application of nursing theory to a mental health context
- social, psychological, cognitive and physical factors associated with mental health conditions
- consumer and carer perspectives on mental health care
- impact of racism, stigma, discrimination, culture and belief systems on a person with a mental health condition

- common mental health conditions by classification and disorder, and their treatment and management:
 - mood disorders
 - anxiety disorders
 - dual diagnosis
 - substance abuse disorders
 - psychotic disorders
 - eating disorders
 - organic disorders
 - self-harm
- de-escalation response in distress and crisis including:
 - communicating
 - identifying possible causal factors and addressing where possible
 - enlisting support and assistance from colleagues
 - managing personal safety and violence prevention
- common behaviours associated with mental health conditions, and the effect of behaviours on the person and others
- techniques for managing challenging behaviours:
 - recognising and deflecting triggers
 - active listening and observation
 - effectively communicating
 - seeking expert assistance
- the principles of recovery in the mental health context
- national framework for Australian Government recovery-orientated mental health services
 - National Safety and Quality Health Care Service (NSQHC) Standards
 - jurisdictional Mental Health Act
- role of Congress of Aboriginal and Torres Strait Islander Nurses and Midwives (CATSINaM)
- Aboriginal and Torres Strait Islander mental health and cultural safety
- impacts of inter-generational trauma
- key features of mental health legislation:
 - assessment and treatment provided in the least intrusive and restrictive way
 - people supported to make and participate in decisions about their assessment, treatment and recovery
 - individuals' rights, dignity and autonomy protected and promoted
 - priority given to comprehensive care and support options that are responsive to individual needs
 - wellbeing and safety of children and young people protected and prioritised
 - carers recognised and supported in decisions about treatment and care
- key terms associated with mental health conditions

- strategies for managing individual wellbeing and oral health issues related to medication, adverse effects, and the interplay between mental health and physical states.

Assessment Conditions

To be eligible to apply for registration as an enrolled nurse and to practice in Australia, each applicant must complete a Diploma of Nursing program accredited by the Australian Nursing and Midwifery Accreditation Council (ANMAC) and approved as ‘an approved program of study’ by the Nursing and Midwifery Board of Australia (NMBA) in accordance with the Enrolled Nurse Accreditation Standards.

For more detail visit <https://www.ahpra.gov.au>.

Skills must be demonstrated in the workplace or in a simulated environment as specified in the performance evidence that model industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations’ requirements for assessors.

Assessors must also hold current registration as a registered nurse with the Nursing and Midwifery Board of Australia (NMBA).

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>