



Australian Government

Assessment Requirements for HLTENN042 Implement and monitor care for a person with mental health conditions

Release: 2

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Modification History

Release	Comments
Release 2	Release 2 HLTENN042 Implement and monitor care for a person with mental health conditions supersedes and is equivalent to Release 1 HLTENN042 Implement and monitor care for a person with mental health conditions. Updated: Mapping details and minor corrections.
Release 1	HLTENN042 Implement and monitor care for a person with mental health conditions supersedes and is equivalent to HLTENN009 Implement and monitor care for a person with mental health conditions.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- for two different people with a mental health condition, one in the workplace and one in the workplace or simulation:
 - use health information and clinical presentation to reach a conclusion of possible nursing interventions reflective of the mental health condition
 - analyse, plan and evaluate the health care of people with a mental health condition.

The tasks must be undertaken in accordance with the Nursing and Midwifery Board of Australia (NMBA) professional practice standards, codes and guidelines.

Knowledge Evidence

Demonstrate knowledge required to complete tasks outlined in elements and performance criteria of this unit:

- application of nursing theory to a mental health context
- social, psychological, cognitive and physical factors associated with mental health conditions
- consumer and carer perspectives on mental health care
- impact of racism, stigma, discrimination, culture and belief systems on a person with a mental health condition

- common mental health conditions by classification and disorder, and their treatment and management:
 - mood disorders
 - anxiety disorders
 - dual diagnosis
 - substance abuse disorders
 - psychotic disorders
 - eating disorders
 - organic disorders
 - self-harm
- de-escalation response in distress and crisis including:
 - communicating
 - identifying possible causal factors and addressing where possible
 - enlisting support and assistance from colleagues
 - managing personal safety and violence prevention
- common behaviours associated with mental health conditions, and the effect of behaviours on the person and others
- techniques for managing challenging behaviours:
 - recognising and deflecting triggers
 - active listening and observation
 - effectively communicating
 - seeking expert assistance
- the principles of recovery in the mental health context
- national framework for Australian Government recovery-orientated mental health services
 - National Safety and Quality Health Care Service (NSQHC) Standards
 - jurisdictional Mental Health Act
- role of Congress of Aboriginal and Torres Strait Islander Nurses and Midwives (CATSINaM)
- Aboriginal and Torres Strait Islander mental health and cultural safety
- impacts of inter-generational trauma
- key features of mental health legislation:
 - assessment and treatment provided in the least intrusive and restrictive way
 - people supported to make and participate in decisions about their assessment, treatment and recovery
 - individuals' rights, dignity and autonomy protected and promoted
 - priority given to comprehensive care and support options that are responsive to individual needs
 - wellbeing and safety of children and young people protected and prioritised
 - carers recognised and supported in decisions about treatment and care
- key terms associated with mental health conditions

- strategies for managing individual wellbeing and oral health issues related to medication, adverse effects, and the interplay between mental health and physical states.

Assessment Conditions

To be eligible to apply for registration as an enrolled nurse and to practice in Australia, each applicant must complete a Diploma of Nursing program accredited by the Australian Nursing and Midwifery Accreditation Council (ANMAC) and approved as ‘an approved program of study’ by the Nursing and Midwifery Board of Australia (NMBA) in accordance with the Enrolled Nurse Accreditation Standards.

For more detail visit <https://www.ahpra.gov.au>.

Skills must be demonstrated in the workplace or in a simulated environment as specified in the performance evidence that model industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations’ requirements for assessors.

Assessors must also hold current registration as a registered nurse with the Nursing and Midwifery Board of Australia (NMBA).

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>