



Australian Government

HLTENN013 Implement and monitor care of the older person

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Minimal change to knowledge evidence. Supersedes HLTEN515B

Application

This unit describes the skills and knowledge required to perform nursing interventions to support the social and emotional wellbeing and nursing care needs of the older person in both acute care settings and residential care environments.

This unit applies to enrolled nursing work carried out in consultation and collaboration with registered nurses, and under supervisory arrangements aligned to the Nursing and Midwifery Board of Australia regulatory authority legislative requirements.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Respond to the health requirements of an older person.

1.1 Apply knowledge in own practice of age-related physical changes and transitions and the psychosocial needs of the person and their family or carer.

1.2 Identify possible age-related effects of drugs and medications on the person and make adjustments as required in consultation with registered nurse.

1.3 Identify age-related pathophysiological disorders and how they may affect the person and their family or carer.

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1.4 Communicate effectively and appropriately with the person, including making adjustments for people who have sensory impairments.

1.5 Perform preventive health assessment of the person to identify their needs in providing preventive care, in consultation and collaboration with a registered nurse.

1.6 Adapt work practices to reflect knowledge of theories of ageing and apply best practice care guidelines for older people.

1.7 Develop and implement strategies to ensure companionship and social inclusion in consultation with the person.

1.8 Recognise signs that indicate the person has, or may develop, an oral health problem.

1.9 Identify and respond to signs of distress or behaviours of concern, especially in a person unable to communicate their symptoms or concerns.

2. Contribute to the care plan for an older person.

2.1 Assess the person's health status in consultation and collaboration with registered nurse and using assessment tools specific to the aged care environment.

2.2 Document and report health findings according to organisation procedures.

2.3 Assist the person to identify their abilities and limitations in capacity for self-care.

2.4 Contribute to development of the person's nursing care plan within the context of the health care setting and organisation policy and procedures.

2.5 Ensure the person, and the family or carer as appropriate, understand the implications of the person's admission into the health care facility.

2.6 Discuss with the person, family or carer possible impacts of age-related pathophysiological disorders including impact on the person's capacity to perform daily living activities.

2.7 Document responses to nursing interventions, and

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report changes and concerns to a registered nurse.

3. Apply nursing practice in the aged care environment.

3.1 Identify external factors and common stereotypes associated with ageing and how these can adversely impact the older person.

3.2 Consider in own practice the impact of complex issues involved in aged care, including impacts on family or carer.

3.3 Consider own values, attitudes and beliefs towards ageing and the older person, and monitor own performance to ensure all interventions are conducted appropriately and within scope of practice of the enrolled nurse.

3.4 Promote health maintenance with the older person and provide relevant information on available community services for the person, family or carer.

4. Identify requirements and address issues in aged care nursing practice.

4.1 Identify legal requirements and possible ethical issues and other issues of concern in aged care practice, including possible signs of elder abuse.

4.2 Ensure own work practice accords with legal requirements, is ethical and supports the rights and dignity of the older person and their family or carer.

4.3 Advocate for the person, their family or carer as required within own role parameters and organisation policies and procedures.

4.4 Observe and respond appropriately to physical, emotional and mental signs of stress in the person.

4.5 Provide care for the deceased person using standard precautions and in accordance with organisation policy and procedures.

4.6 Provide support and comfort for grieving family or carer within own role parameters.

5. Use strategies that relate to the progressive and variable

5.1 Identify the nature of dementia and use appropriate treatments and nursing interventions when working with

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nature of dementia.

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the person with dementia.

5.2 Provide activities appropriate to the gender, culture and age of the person with dementia, reflecting their individual likes and dislikes.

5.3 Use a range of strategies, such as validation strategies, instructed activities and reorientating therapy to relieve distress and agitation in the person with dementia.

6. Develop and implement strategies to minimise impact of challenging behaviours.

6.1 Observe the person and document their behaviours and relevant environmental factors to assist in determining triggers contributing to challenging behaviour.

6.2 Consider potential impact the behaviours may have on the person and others in determining an appropriate response.

6.3 Implement best practice strategies that minimise the impact of behaviours, in consultation with the registered nurse and in accordance with organisation policies and procedures.

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTENN013 Implement and monitor care of the older person

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- undertaken nursing work in accordance with Nursing and Midwifery Board of Australia professional practice standards, codes and guidelines
- analysed health information and the clinical presentation of 2 older people to reach an accurate conclusion on possible nursing interventions related to their care, in consultation with a registered nurse
- performed nursing interventions and monitored nursing care for 1 older person with dementia and 1 older person with a physical disability.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- the potential impacts of dual or multiple diagnoses on identification and prioritisation of the older person's needs
- chronic age-related health problems
- continence care
- how to care for a deceased person
- oral hygiene for a partial or fully edentulous person including:
 - care of dental prosthetics

- screening for oral health conditions
- soft tissue care
- counselling and support services and resources in the aged care environment and wider community
- difference between end-of-life care and palliative care
- functional assessment tools for assessing older people
- limitations and legal ramifications of physical, chemical and psychological restraint
- legal and ethical issues and considerations, and assessment tools relevant to the older person, including but not limited to:
 - advance care directives
 - *Aged Care Act 1997* (Cwlth)
 - Aged Care Funding Instrument (ACFI)
 - carers recognition legislation
 - aged care risk classification system
 - Code of ethics for nurses in Australia and the Code of professional conduct for nurses (Nursing and Midwifery Board of Australia)
 - *Residential Care Quality Assessment* (ResCareQA)
- nature of dementia as a progressive neurological condition, and strategies and nursing interventions that can be used with people with dementia
- primary health care and services for the older person
- stereotypes and influences on ageing
- strategies to respond to challenging behaviour including:
 - distraction such as reminiscing, walking and listening to music
 - behaviour modification
- physical triggers for behaviour including pain and not wearing the prescribed hearing aids or alternative listening devices
- complementary therapies
- the importance of a safe, physical, social and emotional environment for all older people, and particularly for people with dementia
- theories of ageing including:
 - biological theories
 - psychosocial theory
 - disengagement theory
 - social exchange theory
 - wear and tear theory
 - activity theory
- physiology of the ageing process as it relates to disease processes including in relation to:
 - sensory function
 - cardiac function
 - respiratory function
 - neurological function

- musculoskeletal function
- genitourinary function
- endocrine function
- renal function
- sensory function
- oncological disorders
- skin integrity.

Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations cannot be provided in the workplace. The following conditions must be met for this unit

- use of suitable facilities, equipment and resources in accordance with the Australian Nursing and Midwifery Accreditation Council's Standards including:
 - dentures and dental prosthetics
 - organisation policy and procedures on which the candidate bases the planning
- modelling of industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must hold a current registration as a Registered Nurse with Nursing and Midwifery Board of Australia.

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>