



Australian Government

HLTDEN028 Provide effective oral hygiene instruction to patients with an oral health treatment plan

Release: 2

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Modification History

Release	Comments
Release 2	Release 2 HLTDEN028 Provide effective oral hygiene instruction to patients with an oral health treatment plan supersedes and is equivalent to Release 1 HLTDEN028 Provide effective oral hygiene instruction to patients with an oral health treatment plan. Updated: Mapping details and minor corrections.
Release 1	HLTDEN028 Provide effective oral hygiene instruction to patients with an oral health treatment plan. New unit. No equivalent unit.

Application

This unit describes the skills and knowledge required to provide oral hygiene information and instruction to patients to promote and support effective home care oral health practices.

The skills and knowledge will enable the candidate to provide instruction on oral hygiene techniques and accurate selection of basic oral hygiene products and aids for individual patient needs.

This unit applies to workers in a dental practice setting whose work roles provide them with an opportunity to instruct and support patients in effective oral hygiene care within an oral health treatment plan under the instruction and supervision of the dental practitioner.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Dental Assisting

Unit Sector

Dental

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare information related to planned oral hygiene instruction.

2. Provide information and instruction on oral hygiene self-care techniques and appropriate aids.

3. Provide additional information and instruction to patients with specific oral health needs.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1.1. Identify oral hygiene products and aids required by reviewing patient treatment plan or discussing with the practitioner.
1.2. Prepare relevant and reputable resources or visual aids to assist in the explanation of the oral hygiene instruction.
1.3. Seek additional information from patient by questioning and clarifying current home-care oral hygiene routines.
1.4. Respond to questions and concerns by selecting relevant take home information for patient that is specific to the individual needs.

2.1. Select oral hygiene aids with suitable features to address individual patient needs including, age, current condition and intended outcomes.
2.2. Explain the advantages of selected oral hygiene aids in terms of achieving and maintaining effective oral hygiene practices.
2.3. Discuss the relationship of poor oral health practices with increased risk of oral disease.
2.4. Instruct patient in appropriate tooth brushing techniques and the use of any additional oral hygiene aids.
2.5. Provide feedback to patient on the demonstration of oral hygiene instruction skills.
2.6. Reinforce to patient the importance of regular oral health checks with a practitioner.

3.1. Provide instructions and demonstrate the care of fixed or removable prosthodontic dental appliances.
3.2. Provide instruction for patients with periodontal conditions.
3.3. Provide instruction for patients with special needs.
3.4. Provide instruction and demonstrate the care of fixed or removable orthodontic dental appliances.
3.5. Encourage and support patients with dental appliances to follow effective self-care techniques for the specific appliances.

4. Select appropriate and evidenced based oral hygiene products to support oral hygiene instruction.
 - 4.1. Compare fluoride concentrations in different products and select a product that is appropriate for the patient age and caries risk, as identified by the practitioner.
 - 4.2. Demonstrate dispensing of the correct amount of toothpaste onto a toothbrush.
 - 4.3. Select and discuss a range of dental chemotherapeutic products that address specific conditions including hypersensitivity and gingival inflammation.
 - 4.4. Seek clarification from practitioner regarding chemotherapeutic product options when required.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTDEN028 Provide effective oral hygiene instruction to patients with an oral health treatment plan

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Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide oral hygiene information and instruction to at least three patients to address their oral health care needs including:
 - selecting suitable oral hygiene aids, including proximal cleaning aids, for a person with:
 - fixed or removable prosthodontic appliances
 - fixed or removable orthodontic appliances
 - general oral health care needs
- select a suitable chemotherapeutic product to support oral health care needs for a patient with each the following conditions:
 - high caries risk
 - dry mouth
 - gingivitis
- provide effective oral hygiene instruction and information to at least three patients including:
 - demonstrating of how to use chosen oral hygiene aids
 - discussing risk associated with poor oral hygiene habits

- providing encouragement and support the patient implement home care oral health regimes as recommended by the practitioner.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- basic anatomy and physiology underpinning oral health, including what is considered healthy and unhealthy
- patient behaviour and habits which contribute to oral health issues
- National Health and Medical Research Council (NHMRC) Fluoride Guidelines
 - safety
 - effectiveness of fluoride
- causes and prevention of tooth decay, gum disease and tooth wear including erosion, abrasion and attrition
- effective self-care practices for oral health including cause, control and prevention of dental biofilm
- factors that impact on oral health, including:
 - neglect of oral health needs including poor oral hygiene
 - access to dental and health services
 - diet and nutrition, including fluids and excessive intake of sugar
 - available over the counter chemotherapeutics to prevent or manage oral disease
 - presence of plaque and calculus
 - psychological issues
 - social and cultural determinants of health
 - susceptible tooth surfaces
 - role of saliva in caries risk
- healthy eating and drinking recommendations as identified in National Health and Medical Research Council's (NHMRC) Australian dietary guidelines
- special needs of patients
 - chronic conditions
 - ageing
 - disabilities
 - physical
 - cognitive
 - smokers
- features of toothbrushes that contribute to improved oral hygiene
- current tooth brushing recommendations that are appropriate for the age group
- limitations in providing instruction or information for patients with complex dental or medical needs
- limitations in providing instruction or information relating to high-risk chemotherapeutic agents including fluoride content of 5000ppm or greater.

Assessment Conditions

Skills must be demonstrated in the workplace or in a simulated environment that reflects workplace conditions.

Assessment must ensure:

- access to suitable facilities, equipment and resources including a range of chemotherapeutics and oral hygiene aids
- access to current Dental Board of Australia (DBA) and Australian Health Practitioner Regulation Agency (AHPRA) guidelines and practice standards
- access to National Health and Medical Research Council's (NHMRC) Australian dietary guidelines
- modelling of industry operating conditions, including access to people for simulations and scenarios in dental assisting work

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and hold a minimum of five years clinical dental experience.

Links

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