



Australian Government

HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Merged HLTAVY601C/HLTAYV602C/HLTAYV605D/HLTAYV613D. Some content also in HLTAYV009. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to determine an Ayurvedic medicine treatment strategy based on an existing diagnosis, provide relevant advice to the client and complete treatment documentation.

This unit applies to Ayurvedic practitioners working with clients to address specific therapeutic needs.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine treatment strategy

1.1 Determine the treatment strategy, prognosis and therapeutic expectations according to the diagnosis, client needs and stage of life

1.2 Determine contraindications to treatment and modify treatment strategy accordingly

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1.3 Consider treatment and advice information provided by other health care professionals

1.4 Evaluate the impact of disease phase or stage on treatment selection

1.5 Take into consideration possible client compliance issues in specific treatment options

1.6 Select medicines and administration method based on prakruti, vikruti, agni, seasons, ojas & strength of client

2. Provide advice and resources to the client

2.1 Clearly explain treatment rationale and expectations

2.2 Provide clear instructions for taking medicines, and negotiate if required

2.3 Explain factors which may interfere with the effectiveness of the treatment

2.4 Negotiate the management of selected Ayurvedic medicines in relation to any other current medicines

2.5 Request client to monitor responses to the supplements and to contact practitioner as required

2.6 Clarify and agree responsibilities of practitioner and client within the treatment plan

2.7 Explain and agree treatment evaluation strategies

3. Complete treatment documentation

3.1 Document accurate details of Ayurvedic medicines to be provided

3.2 Accurately record details of treatment recommendations in client file

3.3 Record arrangements for treatment review according to clinic guidelines

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 400 hours of Ayurvedic client consultation work,
- created at least 40 different client prescriptions. Clients must include males and females from different stages of life with varied presentations
- selected medicines based on Ayurvedic principles, determining appropriate medicines based on the diagnosis, including:
 - information about the condition including phase or stage
 - prevalent season and sandhi
 - agni, prapaka, vipaka, malas
 - triguna/state of mind
 - available vikruti/medical data
 - ahara, vihar, aushadhi
 - kaya chikitsa
 - bhaishajya kala
 - available medical data
 - particular client issues or preferences

- contraindications
- planned strategies to balance rajasic and tamasic gunnas, to reduce ama generation, to eliminate the excessive build up of doshas, to open all srotamsi, to maintain optimum agni, to restore balance and ojas and to sustain health at all the four levels
- interacted effectively with clients:
 - provided clear explanations about treatment rationale, expectations and affecting factors
 - provided clear instructions about administration of medicine
 - explained and agreed treatment monitoring and evaluation

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for Ayurvedic medicines:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - practitioner/client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - Therapeutic Goods Administration (TGA) requirements
 - work role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
 - work health and safety
- dravyaguna, including:
 - gunas, rasapanchaka and uses of:
 - minimum of 100 dravya
 - current scheduled or restricted Ayurvedic herbs
 - culinary herbs
 - groups of herbs used in Ayurveda, their contraindications, identification and distinguishing features, interrelationships and incompatibilities
 - Ayurvedic herbs with respect to their use for general symptoms, energetic, psychological and physiological indications
 - active principles of the medicines used for each dosha/condition/system
 - methods of administration for medicines
 - ubtans, lepas, base, essential and herb oils, resins, extracts, clays, balms, washes, lubricants, pastes, decoctions

- contraindications to treatments
- ways to address excessive ama/doshas
- principles of chikitsa to achieve the following:
 - shad upkarma
 - vyadhiharam
 - prakrutisthapanam
 - prakrutivighataka
 - nidanparivarjana (ch. vi)
 - dhatushamya chikitsa (ch. su)
 - vishudha chikitsa (ch. ni)
 - svabhava chikitsa (ch. su)
- pharmacodynamics of pharmaceutical and medicines and the theory of drug action, factors modifying drug effect and dosage, drug toxicity and toxicology
- pharmacokinetics of Ayurvedic medicines – drug administration, absorption, distribution, metabolism and excretion
- possible obstacles to cure and responses to treatments
- Supplementary measures in the management of the condition/system:
 - dietary considerations
 - exercise
 - lifestyle
 - stress
- interaction of treatments with foods, other herbs, nutritional supplements and drugs
- principles of formulation (including dosage and duration of treatment) for:
 - avaleha
 - chitrakharitaki
 - drakshavelha
 - erand pak
 - haridrai khanda
 - haritakyadi rasayana
 - kutjavelha
 - musali pak
 - saubhagya shounthi pak
 - shilajatu rasayana
 - supari pak
 - triphala rasayana
 - ghritam - a minimum of 5
 - kashayam - a minimum of 5
 - choorana - a minimum of 10
 - guggulu – a minimum of 7
 - vati - a minimum of 5

- lauh mandoor – a minimum of 2
- asava and arishta – a minimum of 10
- bhasmas - a minimum of 5
- arka - a minimum of 2
- shad bindu taila- a minimum of 5
- swarsa
- kalka
- kwatha
- hima
- phanta
- ubtan,
- dravaka
- ghrita
- lavana kshara
- lepa
- mandoora
- pishti
- sattva
- taila
- varti

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client information – case notes, health record
 - private consultation area
 - Ayurvedic Formulary of India
 - Ayurvedic Pharmacopoeia of India
 - other Ayurvedic reference texts
 - online TGA references regarding labelling
 - information on scheduled herbs
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 5 years current clinical experience working as an Ayurvedic practitioner providing services to the general public
- hold practising membership of an Australian professional body that represents Ayurvedic practitioners
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

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