



Australian Government

HLTAYV006 Take cases within Ayurvedic framework

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Some content also in HLTAYV007. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to determine the broad scope of client needs, make a detailed investigation of symptoms and collect other data that informs client diagnosis within an Ayurvedic framework.

This unit applies to Ayurvedic practitioners.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

- 1.1 Explore and clarify client objectives and expectations
- 1.2 Provide clear information about scope and limits of services to be provided
- 1.3 Recognise needs that are beyond scope of own practice and make appropriate referrals to other health care professionals
- 1.4 Identify and respond to any barriers to information gathering and assessment

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

2. Investigate client symptoms

2.1 Use Ayurvedic counselling techniques to seek client information in a respectful and sensitive manner

2.2 Tailor questioning to meet the needs of the individual client

2.3 Make observations and elicit specific details about physical and psychological symptoms through trividha pariksha (three fold examination)

2.4 Conduct physical examination of client using ashtavidha pariksha (eight fold examination and dasavidha pariksha (ten fold examinations)

3. Collect and integrate other data

3.1 Review reports from other health professionals and distil information for consideration in the case

3.2 Correctly interpret results of medical tests and integrate information into the case within scope of own practice

3.3 Assess the reliability of data obtained and where possible, establish appropriate clinical correlation with the client's complaints

4. Manage case information

4.1 Collect and record accurate, relevant and well organised information according to Ayurvedic protocols

4.2 Manage information and records in a confidential and secure way

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAYV006 Take cases within Ayurvedic framework

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 400 hours of Ayurvedic client consultation work
- prepared for and managed at least 40 different case taking sessions. Clients must include males and females from different stages of life with varied presentations
- taken all cases using trividha pariksha (three fold examination), ashtavidha pariksha (eight fold examination and dasavidha pariksha (ten fold examination), including:
 - used comprehensive questioning to elicit all required information
 - made physical examination and assessment
 - identified situations where there is need for further screening or testing
- correctly interpreted medical information and related information appropriately to the Ayurvedic approach within scope of own practice, including:
 - Ayurvedic health assessment
 - medical reports
- interacted effectively with clients:
 - used effective listening and questioning
 - shown sensitivity to individual client needs
 - clearly articulated information about services, treatment options and rationale
 - engaged clients in decision making

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for case taking:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting
 - practitioner/client boundaries
 - privacy, confidentiality and disclosure
 - records management
 - work role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
 - work health and safety
- trividha pariksha (three fold examination techniques):
 - darshana (visual observation)
 - sparsha (tactile perception/inference)
 - prashna (questioning/dialogue)
- ashtavidha pariksha (eight fold examination techniques)
- dasavidha pariksha (ten fold examination techniques)
- charaka samhita: sutra sthana
- charaka samhita: sharira sthana
- Ayurvedic psychology and counselling techniques, including:
 - dhi
 - dhriti
 - smriti
 - satva, rajas & tamas
 - prakruti
 - vrikuti
 - physical and mental state assessment
 - use of mantra recitation, prayer, meditation, sat karma cleanses, yoga therapies and a variety of specific Ayurvedic therapies to suit vikruti
- client information required for assessment and the scope and depth of information needed around:
 - client objectives and expectations
 - client history and its components
 - client current state of health
 - signs and symptoms – physical, mental and emotional

- onset
 - duration
 - location
 - quality and severity
 - non-verbal
- indicators for when referral to other health practitioners may be needed
- methods of documenting case information, including approaches that support analysis and easy future reference
- factors and barriers that may impact on assessment
 - physical
 - psychological
 - cultural
- factors that affect individual health status:
 - constitution
 - lifestyle
 - diet
 - personal and medical history
 - values and attitudes
 - balance of rest and activity
 - physical environment
 - social environment
 - work environment
 - relationships, interpersonal and personal
 - seasons
 - inherited, congenital and acquired vikruti
 - alcohol, drug/other addictions
 - rajasic and/tamasic diet and lifestyle
- factors for consideration for different genders and ages in case taking:
 - women
 - men
 - children and adolescents
 - older people
- referral options for practitioners:
 - professional health services including complementary health modalities and other healthcare practitioners
 - community resources and support services
 - types and availability of further medical testing
- charaka samhita, with particular reference to:
 - sutra sthana
 - sarira sthana

- vimana sthana
- indriya sthana

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - references
 - private consultation area
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 5 years current clinical experience working as an Ayurvedic practitioner providing services to the general public
- hold practising membership of an Australian professional body that represents Ayurvedic practitioners
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

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