



Australian Government

HLTAYV003 Provide Ayurvedic bodywork therapies

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirement.

Application

This unit describes the skills and knowledge required to gather client information, prepare equipment for treatment, and then provide Ayurvedic therapeutic treatments such as abhyanga, shirodhara and kati basti.

This unit applies to individuals who provide Ayurvedic massage, either as part of their work as a dedicated Ayurvedic practitioner, or in conjunction with other treatment modalities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Gather client information

- 1.1 Collect and document information about client general health according to legal requirements and Ayurvedic framework
- 1.2 Review information to inform massage approach
- 1.3 Manage information and records in a confidential and secure manner

2. Prepare client, self and

2.1 Prepare the client for treatment following infection

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

environment

control procedures and with appropriate draping and confirm comfort levels

2.2 Advise client of possible physical or emotional reactions both during and after treatment

2.3 Access and organise appropriate equipment and materials for treatment

2.4 Select and safely prepare Ayurvedic massage oils, pastes and powders according to assessment

2.5 Check room ambience and temperature following Ayurvedic principles

2.6 Maintain own health through use of self care pre treatment routines

3. Select and use Ayurvedic techniques and sequences

3.1 Determine appropriate techniques based on Ayurvedic health assessment

3.2 Follow therapeutic protocols according to Ayurvedic practice

3.3 Recognise reactions to treatment and provide appropriate response

4. Finalise treatment and advise client

4.1 End the treatment using appropriate protocols

4.2 Provide client with information on recommended follow up activities

4.3 Answer client queries with clarity, using appropriate language

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>