



Australian Government

HLTAYV002 Make Ayurvedic lifestyle assessments

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. New unit.

Application

This unit describes the skills and knowledge required to assess client needs in the context of an Ayurvedic lifestyle assessment framework. It requires the ability to gather client information and to make an Ayurvedic health assessment.

This unit applies to Ayurvedic practitioners working with clients in a lifestyle or preventative context.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
<i>Elements define the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Determine scope of client needs	1.1 Explore and clarify client expectations 1.2 Provide clear information about scope and limits of lifestyle services to be provided 1.3 Recognise needs that are beyond scope of own practice and make appropriate referrals to other health care professionals 1.4 Identify and respond to any barriers to information gathering and assessment 1.5 Seek client information ethically and respectfully
2. Seek information and make	2.1 Collect accurate and relevant health and lifestyle

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

assessment using Ayurvedic tools

Performance criteria describe the performance needed to demonstrate achievement of the element.

information, and document in a form which can be interpreted readily by other Ayurvedic practitioners

2.2 Follow clinical and practitioner hygiene procedures

2.3 Frame client questions based on Ayurvedic framework trividha pariksha (three fold examination) and ashtvidha pariksha (eight fold examination)

2.4 Determine prakruti, vikruti, ama and gunas using Ayurvedic principles

2.5 Accurately record client's presenting issues, goals and expectations

2.6 Manage information and records in a confidential and secure way

3. Confirm assessment and discuss with client

3.1 Correlate findings from client assessment

3.2 Determine imbalances through review of findings according to Ayurvedic principles

3.3 Discuss assessment and rationale with the client

3.4 Assign and agree priorities and expectations in consultation with the client

3.5 Respond to client enquiries using language the client understands

3.6 Discuss referral and collaborative options with the client according to specific needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAYV002 Make Ayurvedic lifestyle assessments

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of Ayurvedic lifestyle client consultation work
- prepared for and managed at least 25 different Ayurvedic lifestyle assessments. Clients must include males and females from different stages of life
- used the Ayurvedic lifestyle assessment framework and appropriate techniques to assess client's needs, including:
 - questioning according to Ayurvedic principles
 - trividha pariksha (three fold examination)
 - ashtvidha pariksha (eight fold examination)
- interacted effectively with clients:
 - clearly articulated information about services, treatment options and rationale
 - engaged clients in decision making

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for client assessment:
 - codes of conduct
 - duty of care
 - informed consent
 - mandatory reporting

- practitioner/client boundaries
- privacy, confidentiality and disclosure
- records management
- work role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
- work health and safety
- referral options for practitioners :
 - professional health services including complementary health modalities and medical practitioners
 - community resources and support services
 - types and availability of further medical assessment
- factors and barriers that may impact on assessment
 - physical
 - psychological
 - cultural
 - seasonal
 - demographic
 - influence of alcohol, drugs
- stress factors to consider in assessment and how to respond:
 - age - infants, children, young adult, adults, elders
 - demographic
 - gender specific issues
 - physical/mental strength, gunas, vikriti
 - agni
 - dosha
 - vikriti (inherited and congenital)
 - infection
 - odour
 - seasons
 - stress
 - modern radical lifestyle including dependence on fast foods, incompatible foods, addictions
 - alcohol and other mind altering drug addictions
 - atheist, anti social and other contradictory practices detrimental to health according to Ayurvedic framework
 - emergencies
- trividha pariksha (three fold examination) and ashtavidha pariksha (eight fold examination)
- client information required for Ayurvedic assessment and the scope and depth of information needed around:

- client expectations
- client history and its components
- client current state of wellness
- protocols for performing Ayurvedic health assessments:
 - Ayurvedic clinic environment
 - equipment
 - client privacy
 - client instructions

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client information – client assessment forms, case history
 - private consultation area
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 3 years current clinical experience working as an Ayurvedic practitioner providing services to the general public
- hold practising membership of an Australian professional body that represents Ayurvedic practitioners
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

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