



Australian Government

HLTAHW051 Respond to loss, grief and trauma

Release: 2

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Modification History

Release	Comments
Release 2	Updated: • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements. Pre-requisite unit removed.

Application

This unit describes the required skills and knowledge to provide a healing response to expressions of grief, loss and trauma.

This unit applies to those Aboriginal and/or Torres Strait Islander Health Workers working independently and as part of a multidisciplinary team to deliver primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

This unit equips Aboriginal and/or Torres Strait Islander Health Workers to provide support related to social and emotional wellbeing and does not infer that they are qualified counsellors.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

Elements define the essential outcomes.

PERFORMANCE CRITERIA

Performance criteria specify the level of performance needed to demonstrate achievement of the Element.

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1. Identify effects of loss, grief and trauma

- 1.1 Clarify impact of specific loss, grief and/or trauma at the individual, family and community level
- 1.2 Take into account historical impact of loss, grief and trauma on Aboriginal and/or Torres Strait Islander people
- 1.3 Recognise culturally appropriate expressions of loss and grief
- 1.4 Identify and respect specific approaches and responses of individuals, families and communities to loss, grief and/or trauma
- 1.5 Recognise effects of stress on individuals and communities in relation to experiences of loss, grief and trauma, including trans-generational trauma and grief
- 1.6 Identify culturally appropriate strategies for responding to stress at the community, family and individual levels
- 1.7 Communicate strategies and options to individual clients and refer, where relevant and appropriate

2. Provide a healing response to loss, grief and trauma

- 2.1 Determine healing response to loss, grief and/or trauma appropriate to the needs of each situation and the individuals involved
- 2.2 Provide appropriate support and available resources to assist individuals and families to deal with their loss, grief and/or trauma
- 2.3 Provide timely referral as appropriate to support ongoing healing in line with the needs of the situation and individuals involved
- 2.4 Maintain duty of care, confidentiality and cultural protocols

3. Manage own stress in work role

- 3.4 Monitor own stress level in relation to working in the area of loss, grief and trauma, including trans-generational trauma and grief
- 3.5 Use appropriate stress management strategies to

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manage own stress

3.6 Consult relevant team members or other professionals for own social and emotional support

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHW051 Respond to loss, grief and trauma

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has:

- responded to loss, grief and trauma for at least three clients by:
 - developing culturally appropriate responses to situations of loss, grief and trauma
 - communicating effectively with clients. This includes:
 - building rapport
 - clarifying impact of loss
 - explaining support options
 - referring clients to specialist services
 - dealing with cross-cultural issues
 - recognising effects of stress on individuals and communities and implementing culturally appropriate strategies to manage stress

- monitoring own stress and using appropriate stress-management strategies, including consulting team members and professionals for own social and emotional support.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role.

This includes knowledge of:

- concepts of loss and grief
- nature and effects of psychological and spiritual trauma
- effects of trans-generational trauma and grief, colonisation and institutional racism on Aboriginal people
- cultural protocols and taboos
- specialist services for loss, grief and trauma
- statutory responsibilities including duty of care requirements
- narrative therapy approaches
- indicators of stress
- awareness of own values and attitudes around loss, grief and trauma
- organisational standards, policies and practices.

Assessment Conditions

Skills must be demonstrated working:

- in a health service or centre
- individually or as a member of a multidisciplinary primary health care team
- with Aboriginal and/or Torres Strait Islander clients and communities.

In addition, simulations and scenarios must be used where the full range of contexts and situations cannot be provided in the workplace or may occur only rarely. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe or is impractical.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Assessment must be undertaken by a workplace assessor who has expertise in this unit of competency and who is:

an Aboriginal and/or Torres Strait Islander Health Worker

or:

accompanied by an Aboriginal and/or Torres Strait Islander person who is a recognised member of the community with experience in primary health care.

Links

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