



Australian Government

HLTAHW029 Provide information and strategies in maternal and infant health

Release: 2

HLTAHW029 Provide information and strategies in maternal and infant health

Modification History

Release	Comments
Release 2	Updated: • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.

Application

This unit describes the required skills and knowledge to conduct health promotion related to maternal and child health as part of primary health care services for Aboriginal and/or Torres Strait Islander communities.

It applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Provide health information, support and care for women and

1.1 Develop positive relationships with women and families

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

families in pregnancy

- 1.2 Provide information and support on maintaining good health and wellbeing prior to and during pregnancy
- 1.3 Provide emotional support to women and families as appropriate during pregnancy
- 1.4 Identify and discuss risk factors for mother and baby and refer to appropriate support agencies
- 1.5 Identify, support and advocate safe birthing practices and cultural beliefs
- 1.6 Discuss roles, relationships and responsibilities to support safe birthing, including the role of the Aboriginal and/or Torres Strait Islander Health Worker as an advocate for women and families
- 1.7 Deliver, implement and monitor care as per standard treatment protocol in accordance with legislative guidelines
- 1.8 Work with a team to deliver effective health promotion and education for Aboriginal and/or Torres Strait Islander families using appropriate facilitation, problem-solving and instructional practices

2. Provide health information, support and care after birth for women, infants and families

- 2.1 Provide information and support for self-care and wellbeing during the post-natal period
- 2.2 Provide advice to mothers on routine care of the newborn
- 2.3 Implement strategies to establish and support breastfeeding
- 2.4 Discuss with mother and family the importance of nutrition, physical activity, rest, sleep and support with the care of family in the immediate post-natal period
- 2.5 Identify minor post-natal problems for mother and newborn and provide advice and referral to appropriate agencies
- 2.6 Deliver, implement and monitor care in the post-natal period as per standard treatment protocol in accordance with legislative guidelines
- 2.7 Work with a team to deliver effective health

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

promotion and education for Aboriginal and/or Torres Strait Islander families using appropriate facilitation, problem-solving and instructional practices

3. Support maternal, infant and family health and wellbeing

3.1 Deliver, implement and monitor care as per standard treatment protocol in accordance with legislative guidelines

3.2 Organise reminders, transport and other assistance to attend care and/or provide support according to women's needs

3.3 Implement strategies to improve maternal and/or infant health in line with community requirements and organisation

3.4 Identify, engage and support high-risk families

3.5 Provide support and referral to appropriate agencies as required

3.6 Keep statistics on attendance for antenatal care and birthing outcomes and use to evaluate maternal health program

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHW029 Provide information and strategies in maternal and infant health

Modification History

Release	Comments
Release 2	Updated: • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards
Release 1	This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has:

- provided information and strategies to at least three women and their infants to support maternal and infant health by:
 - communicating in an effective and culturally safe and appropriate manner to understand the mother's and infant's needs
 - providing accurate and relevant information and guidance about maternal and infant health and wellbeing
 - communicating effectively with client to obtain information and ensure understanding of information provided
 - assisting mothers presenting with antenatal problems
 - liaising between service providers, individuals, families and community groups to support maternal and infant health
 - reflecting on own level and application of skills and knowledge to achieve desirable outcomes for clients

- worked within a team on at least three occasions to deliver effective health promotion and education for Aboriginal and/or Torres Strait Islander communities and clients around maternal and infant health by:
 - using appropriate facilitation, problem-solving and instructional practices
 - communicating effectively and in a culturally safe and appropriate manner
 - promoting discussion of health issues around maternal and infant health.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role.

This includes knowledge of:

- organisation policies and procedures and legislation or regulations relating to:
 - client confidentiality
 - referral, including various levels of urgency, and follow-up of clients
 - mandatory reporting
 - notifiable communicable diseases
 - limits of own ability and authority
 - reporting procedures
 - documentation
- standard treatment protocols in accordance with legislative guidelines
- role of the Aboriginal and Torres Strait Islander Health Worker in relation to maternal and infant health education and care
- culturally appropriate and safe birthing practices
- awareness of the health and wellbeing of mother and child which encompasses physical, social-emotional and nutritional aspects
- health conditions and associated risks related to pregnancy, maternal and infant health which includes:
 - alcohol and other drugs
 - smoking
 - nutrition
 - domestic violence
 - sexual assault
- relevant evaluation criteria for monitoring effectiveness of specific maternal and infant health management program.

Assessment Conditions

Skills must be demonstrated working:

- in a health service or centre

- as part of a multidisciplinary primary health care team
- with Aboriginal and/or Torres Strait Islander clients and communities.

In addition, simulations and scenarios must be used where the full range of contexts and situations cannot be provided in the workplace or may occur only rarely. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe or is impractical.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Assessment must be undertaken by a workplace assessor who has expertise in this unit of competency and who is:

an Aboriginal and/or Torres Strait Islander Health Worker or:

accompanied by an Aboriginal and/or Torres Strait Islander person who is a recognised member of the community with experience in primary health care.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>