



Australian Government

HLTAHW028 Provide information and strategies in chronic condition care

Release: 2

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Modification History

Release	Comments
Release 2	Updated: • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.

Application

This unit describes the skills and competencies required to conduct health promotion related to chronic conditions as part of primary health care services for Aboriginal and/or Torres Strait Islander communities.

The unit applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Promote the prevention of chronic conditions

1.1 Consider identified community and individual client needs in determining priorities and potential areas

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to be addressed by chronic condition health promotion

1.2 Identify primary, secondary and tertiary prevention strategies for prevalent chronic conditions across the lifespan

1.3 Provide accurate information about the nature, prevalence and potential impacts of chronic conditions in relation to Aboriginal and/or Torres Strait Islander communities

1.4 Provide health information in plain language, using culturally appropriate and safe communication skills, and visual aids where appropriate

1.5 Discuss risk factors relating to specific chronic conditions in the context of local, cultural, community, family and individual issues

1.6 Explain and/or demonstrate practices for early detection of specific chronic conditions

1.7 Provide practical advice relating to maintaining good health in relation to prevalent chronic conditions and in line with individual and community needs and organisational guidelines

2. Provide support to clients with chronic conditions

2.1 Equip clients with common chronic conditions to make decisions about their health

2.2 Assist clients with chronic conditions to actively participate in the development of multidisciplinary care plans

2.3 Use culturally appropriate educational resources for chronic condition programs

2.4 Provide information about resources available in the community and state in relation to addressing chronic condition issues

2.5 Support clients to take a self-care approach to maintaining health in line with individual needs

2.6 Make appropriate referrals for clients with chronic conditions in accordance with organisation procedures and policies

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

2.7 Maintain confidentiality to reflect community and organisation guidelines

2.8 Offer brief interventions for smoking cessation as required, using motivational interviewing and other relevant techniques

2.9 Identify patterns of alcohol consumption and offer brief interventions as required

3. Follow-up clients with chronic conditions

3.1 Identify clients with chronic conditions who are significantly overdue for health care checks and engage follow-up and active recall strategies according to organisation procedures and policies

3.2 Identify social and environmental factors that impact on chronic conditions and address them in partnership with the Aboriginal community and other agencies

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Numeracy

- in order to offer blood pressure checks, check medication dosages, and blood glucose readings

Reading

- in order to interpret protocols for the management of conditions, and interpret and contribute to the development of implementation of care plans

Other foundation skills essential to performance are explicit in the performance criteria of this unit.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>