



Australian Government

HLTAHW025 Provide information and strategies in health care

Release: 2

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Modification History

Release	Comments
Release 2	Updated: • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.

Application

This unit describes the skills and knowledge required to conduct health promotion as part of primary health care services for Aboriginal and/or Torres Strait Islander communities. The unit may be contextualised to apply information and strategies in specific areas of health care.

This unit applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Promote health care

1.1 Consider identified community and individual client needs in determining priorities and potential areas to be addressed by health promotion

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1.2 Provide accurate information about the nature, incidence and potential impacts of health conditions in relation to Aboriginal and/or Torres Strait Islander communities

1.3 Provide accurate information about the importance of regular health checks, compliance with treatment regimens and medications, and the need to follow-up and monitor problems

1.4 Provide health information in plain language, using visual aids where appropriate

1.5 Discuss risk factors relating to specific health problems in the context of local, cultural, community, family and individual issues

1.6 Provide practical advice relating to maintaining good health in line with individual and community needs and organisational guidelines

2. Provide support to clients with health problems

2.1 Provide support for clients with common health problems in Aboriginal and/or Torres Strait Islander communities

2.2 Provide guidance about health issues in line with community needs

2.3 Use culturally appropriate educational resources for health programs

2.4 Provide information about resources available in the community and state in relation to addressing health issues

2.5 Support clients to take a self-care approach to maintaining health in line with identified individual needs

2.6 Make appropriate referrals for clients with health problems

2.7 Maintain confidentiality to reflect community and organisational guidelines

3. Follow-up clients with health

3.1 Organise follow-up care for clients with health

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

problems

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

problems using computer- and/or paper-based registers

3.2 Identify clients who are significantly overdue for health care checks and employ active-recall strategies

3.3 Identify social and environmental factors that impact on health problem and address them in partnership with the community and other agencies

3.4 Promptly report any notifiable health problems detected or suspected in line with organisational and regulatory requirements

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Numeracy

- in order to calculate results of blood pressure checks, checking medication dosages, and blood glucose readings

Other foundation skills essential to performance are explicit in the performance criteria of this unit.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHW025 Provide information and strategies in health care

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has:

- determined priorities and potential areas to be addressed in health promotion based on community and individual client needs
- promoted health care including:
 - providing accurate information about the nature, incidence and potential impacts of particular health conditions in relation to Aboriginal and/or Torres Strait Islander communities
 - presenting accurate information about the importance of regular checks, compliance with treatment regimes and medications, and the need to follow-up and monitor health problems
 - communicating health information in plain language, using visual aids where appropriate
 - discussing risk factors relating to specific health problems
 - providing practical advice relating to maintaining good health

- provided support to clients, including:
 - providing guidance about health issues
 - using culturally appropriate educational resources for health programs
 - providing information about resources available in community and statewide
 - offering blood pressure checks, checking medication dosages and blood glucose readings
 - supporting clients to take a self-care approach to maintaining health
 - making appropriate referrals for clients
 - identifying clients who require follow-up for health issues and initiating procedures to support their ongoing health care.

All performance evidence must be demonstrated at least once.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role.

This includes knowledge of:

- organisational policies and procedures and legislation or regulations relating to:
 - client confidentiality
 - referral, including various levels of urgency, and follow-up of clients.
 - mandatory reporting
 - notifiable communicable diseases
 - limits of own ability and authority
 - reporting procedures
 - documentation
- anatomy and physiology and associated microbiology, including the:
 - respiratory system
 - circulatory system
 - integumentary system
 - digestive system
 - genitourinary system
 - endocrine system
 - musculoskeletal system
 - nervous system
- pathophysiology associated with these systems, including:
 - chronic conditions and conditions associated with a specific body system
 - injuries
 - wounds

- arthritis
- inflammation
- impact of alcohol and other drugs
- pharmacology to address pathophysiology, including:
 - medications and forms of administration
 - antibiotics
 - analgesics
 - contraindications
 - complications
 - psychiatric medications
 - oral hypoglycaemics
 - insulin
- features of chronic illness, including:
 - complex causality
 - multiple risk factors
 - long latency periods
 - a prolonged course of illness
 - functional impairment or disability
- specific chronic conditions affecting Aboriginal and/or Torres Strait Islander clients and communities, including:
 - cardiovascular disease
 - diabetes
 - cancer
 - chronic respiratory disease
 - chronic kidney disease
 - asthma
 - arthritis
 - oral disease
- specific impacts of chronic conditions on major body organs and systems
- groups at high risk of chronic conditions
- determinants of chronic conditions, including:
 - smoking
 - physical activity
 - nutrition
 - alcohol intake
 - use of illicit drugs
 - obesity, weight and waist circumference
 - unsafe sexual practices
 - genetic factors
- treatment and management of chronic conditions, including:

- working strategically with clients, family and significant others to promote self-management as far as possible
- medication
- surgery
- regular exercise
- good nutrition
- cessation of smoking
- cessation or moderation of alcohol use
- cessation of illicit drug use
- regular screenings for changes in disease presentation and detection of other diseases
- referral services
- National Aboriginal Health Strategy
- communication strategies, including addressing specific audiences and using visual aids and body language to assist in information transaction
- health promotion strategies
- research techniques to gather health information in specific communities, including rural and remote
- organisational policies and procedures.

Assessment Conditions

Skills must be demonstrated working:

- in a health service or centre
- as part of a multidisciplinary primary health care team
- with Aboriginal and/or Torres Strait Islander clients and communities.

In addition, simulations and scenarios must be used where the full range of contexts and situations cannot be provided in the workplace or may occur only rarely. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe or is impractical.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Assessment must be undertaken by a workplace assessor who has expertise in this unit of competency and who is:

an Aboriginal and/or Torres Strait Islander Health Worker or:

- accompanied by an Aboriginal and/or Torres Strait Islander person who is a recognised member of the community with experience in primary health care.

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