



Australian Government

Assessment Requirements for HLTAHPR004 Promote awareness and early detection of diabetes

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide information about diabetes to Aboriginal and/or Torres Strait Islander clients including:
 - two individual clients
 - one group of a minimum of three people
- on each occasion:
 - provide information covering:
 - the incidence of diabetes in Aboriginal and/or Torres Strait Islander communities
 - type 1, type 2 and gestational diabetes, and the early warning signs and symptoms of each
 - the nature of type 2 diabetes as a progressive condition
 - functional impacts on body organs and systems
 - potential serious diabetes related complications
 - diabetes risk factors and healthy lifestyle choices that can reduce risk
 - the importance of early detection
 - diabetes screening programs and test procedures
 - seek and evaluate feedback from clients and provide to relevant people within the health service
- discuss health concerns with two clients and respond by coordinating follow-up assessments or appointments.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational procedures for responding to client disclosure of health concerns
- how to access current and credible:
 - consumer based education resources about diabetes
 - statistics for diabetes in Aboriginal and/or Torres Strait Islander and other Australian populations
 - visual aids for diabetes education

- for the three main types of diabetes including type 1, type 2 and gestational:
 - how they contrast
 - plain language definitions and explanations
 - early warning signs
 - symptoms
 - basic knowledge of how the function of body organs and systems are impacted
 - overview of main complications sufficient to understand that other resultant serious diseases or conditions can occur:
 - heart disease
 - stroke
 - retinal damage including vision impairment and blindness
 - chronic kidney disease
 - sexual dysfunction
 - nerve damage, infection and potential for amputation
 - adverse outcomes of gestational diabetes for mothers and their babies
- prevalence and statistical incidence of diabetes and diabetes related complications in Aboriginal and/or Torres Strait Islander populations compared to non-Aboriginal and/or Torres Strait Islander populations
- modifiable and non-modifiable risk factors for diabetes:
 - smoking
 - physical inactivity
 - unhealthy nutrition and body weight
 - consumption of alcohol at unsafe levels
 - ageing
 - genetics
 - family history of diabetes
 - high blood pressure
 - impacts of certain medications
 - gestational diabetes and potential to develop type 2 diabetes
 - other autoimmune conditions
- the importance of clients modifying their lifestyle to reduce the risk of type 2 diabetes
- key elements of Australian national dietary and physical activity guidelines
- the impact of early detection and treatment on:
 - progression of diabetes
 - reducing the risk of diabetes related complications
- for screening:
 - reasons for screening healthy and asymptomatic people
 - importance of health assessments and screening tests in the early detection and treatment of diabetes
 - diabetes screening programs available in the local community, state or territory, how to access these and any associated costs and benefits paid

- diabetes screening procedures
- general and cultural factors that influence an individual's decision to participate in screening programs
- appropriate actions to take in response to disclosure of health concerns:
 - completing an immediate health assessment and providing referrals
 - assisting clients to make appointments with medical practitioners for diagnosis or referral
 - activating follow-up to ensure clients are tested
- methods used to evaluate health education activities:
 - client evaluation questionnaires
 - informal conversations with clients
 - self-reflection on client responses to information including any difficulties in understanding
- ways that Aboriginal and/or Torres Strait Islander health workers and practitioners can:
 - provide feedback on diabetes awareness activities
 - contribute to the evaluation and planning of overall education and prevention programs.

Assessment Conditions

Skills can be demonstrated through:

- work activities completed within an Aboriginal and/or Torres Strait Islander health service, or
- simulations and case studies completed within a training organisation, based on comprehensive information about client needs and available screening programs.

Assessment must ensure the use of:

- interaction with Aboriginal and/or Torres Strait Islander clients either through actual work activities or simulations
- current consumer-based education resources about different types of diabetes from credible sources
- consumer-based dietary and exercise guidelines from credible sources which could include those produced by government agencies and diabetes support services
- visual aids for diabetes education
- organisational procedures for responding to client disclosure of health concerns.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- be an Aboriginal and/or Torres Strait Islander person who has applied the skills and knowledge covered in this unit of competency through experience working as an Aboriginal and/or Torres Strait Islander health worker or practitioner, or
- be a registered health practitioner or a health educator with experience relevant to this unit of competency and be accompanied by, or have assessments validated by, an Aboriginal and/or Torres Strait Islander person.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>