



Australian Government

HLTAHA049 Recognise impact of health conditions

Release: 1

HLTAHA049 Recognise impact of health conditions

Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to recognise the impact of health conditions of a person undertaking an intervention or therapy program. Work includes using a basic understanding of the human body to assist in interpreting information about person's health status to promote ways to maintain a healthy functioning of the body.

This unit applies to Allied Health Assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).

The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Allied Health

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Receive delegation and gather information.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Obtain written or verbal delegation for an allied health activity from the Allied Health Professional.
- 1.2. Obtain information from relevant sources and delegating Allied Health Professional, according to organisational policy and procedures.
- 1.3. Discuss and confirm with delegating Allied Health

- Professional minimum health status required by the person for participation in therapy or intervention and work health and safety (WHS) requirements.
2. Obtain information regarding the person's health status.
 - 2.1. Obtain information regarding the physical health status of the person, through observation, questioning and interpretation of documentation.
 - 2.2. Use and interpret health terminology that describes the normal structure, function and location of the major body systems.
 - 2.3. Use and interpret information that relates to the interrelationships between major components of each body system and other structures.
 - 2.4. Recognise factors or issues that may impact on an identified physical condition and report to the delegating supervisor or Allied Health Professional.
 3. Confirm physical health status and discuss healthy functions of the body.
 - 3.1. Confirm the person's health status prior to delivery of health intervention as delegated by the Allied Health Professional by evaluating the relationships between different body systems to support healthy functioning.
 - 3.2. Recognise significance of physical health status with the person in relation to required intervention in line with scope of role and organisational policies and procedures.
 - 3.3. Clarify implications and significance of physical health status with the person in the case of uncertainty or limits on own scope of role.
 - 3.4. Discuss with the person factors that contribute to maintenance of a healthy body.
 - 3.5. Enhance quality of work activities by using and sharing information about healthy functioning of the body.
 4. Recognise variations from normal physical health status.
 - 4.1. Recognise variations from normal health status in consultation with Allied Health Professional.
 - 4.2. Recognise potential risk factors responsible for variation or significant variations from normal health status.
 - 4.3. Report variations to Allied Health Professional in accordance with organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHA049 Recognise impact of health conditions

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- obtain, interpret and use knowledge of the human body and healthy functioning in the workplace or in simulation to:
 - recognise impacts of health conditions of at least two different people presenting with different conditions
 - provide information to two people and the delegating health professionals in different situations.
- perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of allied health assistance work. At least 60% of this work must be carried out in an allied health workplace. The remaining 40% may be carried out in a simulated environment, if an allied health workplace is unavailable.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- purpose of anatomy and physiology in Allied Health Assistant practice:
 - basic anatomical and physiological aspects of therapy activity
 - processes for providing feedback before, during and on completion of delegated therapy activity
 - processes for communicating effectively with treating health professionals
 - national framework for advance care planning
 - health information and related terminology
 - role of delegation, process for delegation of tasks and impact on scope of role
- anatomy and physiology relating to allied health disciplines
- organisation of the cells, tissues and organs
- basic structure and functions of the body systems and associated components, including:
 - cardiovascular system
 - respiratory system
 - musculoskeletal system
 - endocrine system
 - gastrointestinal system

- urinary system
- reproductive system
- integumentary system
- lymphatic system
- nervous system
- immune system
- principles of homeostasis and the relationship between homeostatic imbalance and disease
- interaction between body systems to maintain homeostasis
- common examples of homeostasis including:
 - maintenance of normal body temperature
 - fluid and electrolyte balance
 - elimination of wastes
 - maintenance of normal blood pressure levels
 - maintenance of normal blood glucose levels
- common measures of a person's health status including:
 - body temperature
 - pulse rate
 - respiration rate
 - blood pressure
 - blood glucose levels
- anatomical terms of location:
 - medial and lateral
 - anterior and posterior
 - superior and inferior
 - proximal and distal
 - superficial and deep
- common conditions and illnesses on body systems including:
 - diabetes
 - cardiovascular diseases
 - musculoskeletal conditions
 - neurological conditions
 - cancer
 - obesity
 - malnutrition
- organisational documentation processes
- work health and safety (WHS)
- common screening and assessment tools used in allied health therapy to determine health, wellbeing and function
- impact of ageing on body systems
- disability and physical health

- mental health issues & physical health
- credible sources of information about human anatomy and physiology and common health issues.

Assessment Conditions

Skills may be demonstrated in the workplace, or in a simulated environment, as per the conditions outlined in the performance evidence.

Assessment must ensure:

- access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- access to individualised plans and any relevant equipment outlined in the plan
- access to organisational policies and procedures
- opportunities for engagement with real people accessing allied health services.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- be a Certificate IV qualified Allied Health Assistant with a minimum of three years of professional experience in allied health services; or
- a registered Allied Health Professional.

Links

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