



Australian Government

HLTAHA033 Conduct group sessions for individual outcomes

Release: 1

HLTAHA033 Conduct group sessions for individual outcomes

Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to provide assistance to an Allied Health Professional. Work includes planning, preparing and implementing group activities to meet individual outcomes.

This unit applies to Allied Health Assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).

The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

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Competency Field

Allied Health

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Receive delegation and gather information.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Obtain written or verbal delegation for an allied health activity from the Allied Health Professional.
- 1.2. Obtain information from relevant sources and delegating Allied Health Professional, according to organisational policy and procedures.
- 1.3. Discuss and confirm with delegating Allied Health Professional treatment plans and programs.

2. Plan for group sessions.
 - 2.1. Identify requirements outside scope of role and responsibilities as defined by the organisation and discuss with delegating Allied Health Professional.
 - 2.2. Identify and confirm impact of the program's contribution to the person's overall plan of care.
 - 2.3. Confirm person's availability and ability to participate in the program in accordance with organisational procedures.
3. Assist with the development of group sessions.
 - 3.1. Assist group activities that are consistent with individuals needs and physical abilities and limitations.
 - 3.2. Assist group activities that are consistent with the interests, preferences and religious beliefs of the individual.
 - 3.3. Assist group activities with consideration of the persons' pace and timing requirements.
 - 3.4. Assist group activities according to the size and composition of the group and availability of equipment and resources.
 - 3.5. Assist group session to maximize the involvement of all group members.
 - 3.6. Establish a balance between tasks to be accomplished and the group process.
 - 3.7. Identify possible risk to successful group activities and adjust plan to minimise risk.
 - 3.8. Confirm group session plan with delegating Allied Health Professional.
 - 3.9. Gather and prepare materials and equipment required for the group session in relation to work health and safety (WHS) and delegating Allied Health Professional instructions.
4. Conduct group activity.
 - 4.1. Arrange the environment and discuss the group activity to encourage full participation by all group members.
 - 4.2. Seek agreement on the purpose, process and intended outcomes of the group activity with the group.
 - 4.3. Work with the group to establish ground rules and provide each group member with the necessary information, materials and support to participate in the group activity.
 - 4.4. Communicate with all the persons in the group in a manner that promotes co-operation, dignity and self-esteem.
 - 4.5. Identify and manage potential conflict within the group to ensure ongoing involvement of individuals in group activities.
 - 4.6. Monitor group progress and provide constructive feedback.
 - 4.7. Follow process and directions to evaluate outcomes of the group session.

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| 5. Comply with supervisory requirements. | 5.1. Seek assistance when the person presents with needs or signs outside scope of role.
5.2. Report the person's difficulties to the delegating Allied Health Professional before continuing the program.
5.3. Participate in supervision processes with the delegating Allied Health Professional in accordance with organisational procedures. |
| 6. Clean and store equipment and materials. | 6.1. Clean equipment and materials in accordance with manufacturer requirements.
6.2. Store equipment and materials in accordance with manufacturer requirements and organisational procedures.
6.3. Report equipment faults as to organisational procedures. |
| 7. Document information. | 7.1. Document information relating to the person's program in line with organisational procedures.
7.2. Provide regular feedback to the supervising Allied Health Professional for each person.
7.3. Document symptomatic expression of identified problems related to group activities to the delegating Allied Health Professional. |

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

Supersedes and is not equivalent to HLTAHA011 Conduct group sessions for individual client outcomes.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHA033 Conduct group sessions for individual outcomes

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- plan and conduct three group sessions, one in a simulation and two in the workplace, to meet a range of individual outcomes
- undertake an evaluation process in relation to one of the group sessions in the workplace
- perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of allied health assistance work. At least 60% of this work must be carried out in an allied health workplace. The remaining 40% may be carried out in a simulated environment, if an allied health workplace is unavailable.

Knowledge Evidence

Demonstrate the knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- protocols for escalation of risks
- allied health core competencies:
 - person-centred care
 - individual therapy
 - group therapy
 - communication of information
 - equipment and environment
- principles of group dynamics and the nature of group learning
- factors that affect behaviour in groups
- group roles, leadership and facilitator techniques
- organisational policy and procedures in relation to:
 - confidentiality:
 - disclosure
 - privacy
 - duty of care
 - documentation:
 - reporting
 - recording data
 - written communication to Allied Health Professional

- manufacturer instructions
- professional behaviour and presentation
- infection control practices
- work health and safety (WHS)
- manual handling
- supervision and delegation
- evaluation processes
- discrimination
- human rights
- public liability and professional indemnity insurance
- work role boundaries, responsibilities and limitations including when and how to provide feedback about person
- principles of empowering the older person
- principles of empowering people living with disability or serious mental illness
- changes related to ageing
- concepts of holistic health and wellbeing
- social determinants of health
- concepts of the medical model, the biopsychosocial models and the human rights-based approach of allied health interventions
- principles of choice and control
- concept of reablement
- allied health settings:
 - hospital
 - community health
 - mental health
 - disability sector
 - aged care sectors.

Assessment Conditions

Skills may be demonstrated in the workplace, or in a simulated environment, as per the conditions outlined in the performance evidence.

Assessment must ensure:

- access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- access to manufacturer instructions
- access to individualised plans and any relevant equipment outlined in the plan
- access to organisational policies and procedures
- opportunities for engagement with real people accessing allied health services.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- be a Certificate IV qualified Allied Health Assistant with a minimum of three years of professional experience in allied health services, or
- a registered Allied Health Professional.

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