



Australian Government

HLTAHA031 Assist in rehabilitation programs

Release: 1

HLTAHA031 Assist in rehabilitation programs

Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to provide assistance to an Allied Health Professional. Work includes receiving and responding to rehabilitation programs developed by Allied Health Professionals.

This unit applies to Allied Health Assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).

The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Allied Health

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Receive delegation and gather information.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Obtain written or verbal delegation for an allied health activity from the Allied Health Professional.
- 1.2. Obtain information from relevant sources and delegating Allied Health Professional, according to organisational policy and procedures.
- 1.3. Discuss and confirm with delegating Allied Health Professional the impact of therapeutic program's

- contribution to the overall rehabilitation outcome.
2. Plan to deliver a rehabilitation program.
 - 2.1. Obtain information about medical and psychosocial conditions that may impact on rehabilitation outcomes for the person.
 - 2.2. Determine the person's availability according to organisational procedures.
 - 2.3. Identify and plan for any risk and safety issues that may impact on the person's ability to participate in program.
 - 2.4. Prepare equipment and environment for rehabilitation program in accordance with work health and safety (WHS) requirements as delegated by the Allied Health Professional.
 3. Assist with the development of a rehabilitation program.
 - 3.1. Assist Allied Health Professional to identify current skills and abilities of the person and how these can be built upon to manage their lives and environment more effectively.
 - 3.2. Assist Allied Health Professional to develop goals and priorities of the person in terms of specific skills required to manage their lives in the short and medium term.
 - 3.3. Identify skills that need to be developed that are outside scope of role and responsibilities as defined by the organisation and refer to the Allied Health Professional.
 - 3.4. Identify methods that will build upon the person's strengths when developing, regaining or retaining skills and abilities.
 - 3.5. Follow the delegations from the Allied Health Professional for the fabrication and adaptation of therapeutic aids and equipment.
 - 3.6. Maintain and update resources for therapy and recreational programs.
 - 3.7. Work under the delegation of the Allied Health Professional to determine methods of evaluating the effectiveness of activities and methods.
 4. Assist with the delivery of a rehabilitation plan.
 - 4.1. Gather the equipment and materials as delegated by the Allied Health Professional, legislative and organisational guidelines.
 - 4.2. Check equipment and material and seek advice where safety issues arise.
 - 4.3. Support the person to carry out rehabilitation activities safely, encouraging involvement and confidence, and adhere to the cultural and spiritual beliefs and preferences.
 - 4.4. Provide feedback to individual about involvement in rehabilitation activities.
 5. Assist with the evaluation of a rehabilitation plan.
 - 5.1. Assist the Allied Health Professional under delegation to work with the person to review progress.
 - 5.2. Monitor use of adaptive equipment as directed by the

delegating Allied Health Professional.

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| 6. Comply with supervisory requirements. | 6.1. Identify and note any difficulties the person experiences completing the therapy programs and interventions and report to Allied Health Professional. |
| | 6.2. Identify and manage the person's adherence issues, including subjective and objective reporting of the person's response to the program, and report to the delegating Allied Health Professional. |
| | 6.3. Report the person's misunderstanding or confusion to the delegating Allied Health Professional. |
| | 6.4. Seek assistance when the person presents with needs or signs outside limits of own scope of role, skills or knowledge. |
| | 6.5. Participate in supervision processes with the delegating Allied Health Professional in accordance with organisational procedures. |
| | 6.6. Document session outcomes in accordance with organisational procedures. |
| 7. Clean and store equipment and materials. | 7.1 Clean equipment and materials in accordance with manufacturer requirements. |
| | 7.2. Store equipment and materials in accordance with manufacturer requirements and organisational procedures. |
| | 7.3. Report equipment faults in accordance with organisational procedures. |
| 8. Document information. | 8.1. Document information relating to the person's rehabilitation program in line with organisational requirements. |
| | 8.2. Provide regular feedback to the delegating Allied Health Professional. |
| | 8.3. Use professional terminology to document symptomatic expression of identified problems related to the person's rehabilitation program. |

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

Supersedes and is not equivalent to HLTAHA009 Assist in the rehabilitation of clients.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHA031 Assist in rehabilitation programs

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- assist in the rehabilitation of three different people, one in a simulation and two in the workplace, as delegated by the Allied Health Professional in line with established rehabilitation principles and practices
- perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of allied health assistance work. At least 60% of this work must be carried out in an allied health workplace. The remaining 40% may be carried out in a simulated environment, if an allied health workplace is unavailable.

Knowledge Evidence

Demonstrate the knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- procedures for escalation of risks
- allied health core competencies:
 - person-centred care
 - individual therapy
 - group therapy
 - communication of information
 - equipment and environment
- the principles and practices of rehabilitation
- the impact of illness on the person's functional performance
- where to access resources, aids and information for rehabilitation programs
- manufacturer instructions
- strategies to support, motivate and encourage a person in a rehabilitation program
- concepts and procedures for stepping down treatment or intervention when a person becomes distressed, in pain or wishes to stop
- organisational procedures and procedures in relation to:
 - confidentiality:
 - privacy
 - disclosure
 - duty of care

- documentation:
 - reporting
 - recording data
 - written communication to Allied Health Professional
- professional behaviour and presentation
- infection control practices
- work health and safety (WHS)
- manual handling
- supervision and delegation
- evaluation processes
- codes of practice for work in occupational therapy or other relevant allied health areas
- scope of practice of the Allied Health Assistant and Allied Health Professional
- principles of empowering the older person
- principles of empowering people living with disability or serious mental illness
- changes related to ageing
- concepts of holistic health and wellbeing
- social determinants of health
- concepts of the medical model, the biopsychosocial models and the human rights-based approach of allied health interventions
- principles of choice and control
- concept of reablement
- allied health settings:
 - hospital
 - community health
 - mental health
 - disability sector
 - aged care sectors.

Assessment Conditions

Skills may be demonstrated in the workplace, or in a simulated environment, as per the conditions outlined in the performance evidence.

Assessment must ensure:

- access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- access to manufacturer instructions
- access to individualised plans and any relevant equipment outlined in the plan
- access to organisational procedures and procedures
- opportunities for engagement with real people accessing allied health services.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- be a Certificate IV qualified Allied Health Assistant with a minimum of three years of professional experience in allied health services; or
- a registered Allied Health Professional.

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