



Australian Government

HLTAHA029 Support independence and community participation

Release: 1

HLTAHA029 Support independence and community participation

Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to provide assistance to an Allied Health Professional. Work includes working with the person in their home and community to facilitate rehabilitation goals through supporting independence in daily living and optimising community access and participation in the context of a rehabilitation plan.

This unit applies to Allied Health Assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).

The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Allied Health

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Receive delegation and gather information.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Obtain written or verbal delegation for an allied health activity from the Allied Health Professional.
- 1.2. Obtain information from relevant sources and delegating Allied Health Professional, according to organisational policy and procedures.

- 1.3. Discuss and confirm with delegating Allied Health Professional plans and programs.
2. Confirm rehabilitation plans to achieve the person's goals.
 - 2.1. Support delegating Allied Health Professional to identify the person's access, support requirements and daily living activities that need to be addressed as part of the rehabilitation plan.
 - 2.2. Work with the delegating Allied Health Professional to identify the function of community rehabilitation in supporting the person's access and daily living activities that enhance progress against rehabilitation goals.
 - 2.3. Participate in rehabilitation planning to assist the delegating Allied Health Professional to provide resources promoting the person's independence.
 - 2.4. Clarify with the delegating Allied Health Professional concerns in relation to work health and safety (WHS), community access and daily living activities.
3. Advocate person's independence and community participation.
 - 3.1. Identify all support or services provided to the person in conjunction with the health team.
 - 3.2. Assist in determining strategies which support the person's progression towards identified rehabilitation goals.
 - 3.3. Promote benefits of daily living activities and community participation in the terms of the person's rehabilitation goals within parameters of the delegation and scope of practice.
 - 3.4. Discuss with delegating Allied Health Professional opportunities for daily living activities and community participation that will support rehabilitation goals, including those that maybe outside the rehabilitation plan.
 - 3.5. Assist delegating Allied Health Professional to identify and overcome concerns through provision of coordinated and consistent support to the person.
4. Support the person's independence and community participation.
 - 4.1. Address the person's concerns about participating in daily living activities and community access.
 - 4.2. Work with the delegating Allied Health Professional and the person to develop strategies to overcome the person's concerns, under the delegation and supervision of the Allied Health Professional.
 - 4.3. Identify any aides, appliances, modifications or other services or supports that might be required and discuss with delegating Allied Health Professional.
 - 4.4. Provide educational materials, information and support to facilitate use of any aides, appliances and modifications in a safe and effective way.
5. Monitor impact of increased
 - 5.1. Monitor outcomes in daily living activities and community participation to ensure they support the rehabilitation goals

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| independence and community participation on rehabilitation goals. | within scope of practice. |
| 6. Document information. | 5.2. Report any negative impacts to delegating Allied Health Professional. |
| | 5.3. Report medical issues and risk factors related to activities of daily living and report in line with delegation. |
| | 5.4. Monitor changes in health and physical status prior to providing support and report in line with delegation. |
| | 5.5. Apply strategies to involve the person in the self-monitoring and evaluation process. |
| | 5.6. Provide the person with regular feedback of progress. |
| | 6.1. Document information relating to the rehabilitation program in line with organisational requirements. |
| | 6.2. Provide regular feedback to the person's delegating Allied Health Professional. |
| | 6.3. Document the person's progress and any barriers or challenges to the rehabilitation plan in line with organisational procedures. |

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

Supersedes and is not equivalent to HLTAHA004 Support client independence and community participation.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHA029 Support independence and community participation

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- facilitate three different people, one in simulation and two in the workplace, to access and participate in the community within the context of rehabilitation plans
- perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of allied health assistance work. At least 60% of this work must be carried out in an allied health workplace. The remaining 40% may be carried out in a simulated environment, if an allied health workplace is unavailable.

Knowledge Evidence

Demonstrate the knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- procedures for escalation of risks
- allied health core competencies:
 - person-centred care
 - individual therapy
 - group therapy
 - communication of information
 - equipment and environment
- cross cultural issues in a community rehabilitation context
- community care service providers
- organisational policies and procedures in relation to:
 - confidentiality
 - documentation
 - reporting
 - recording data
 - written communication to delegating Allied Health Professional
 - professional behaviour and presentation
 - infection control practices
 - work health and safety (WHS)
 - manual handling
 - supervisory, delegation

- risk assessment and risk management associated with working in a person's home and the community
- evaluation processes
- scope of practice of the Allied Health Assistant and Allied Health Professional
- philosophy and values of community rehabilitation
- psychological impact of illness or injury, relating to a person's participation in daily living activities and routines
- range of aides, appliances, modifications and services that could promote a person's participation in daily living activities and facilitate community access
- relevant national and state-based community services and programs and local community care service providers
- importance of community access and participation to person's well being
- motivational strategies to promote a person's interest in accessing and participating in the community
- the importance and meaning of home and belongings to people and the nature and significance of working in a person's home and community settings
- principles of empowering the older person
- principles of empowering people living with disability or serious mental illness
- changes related to ageing
- concepts of holistic health as wellbeing, rather than focusing on disease or its absence
- social determinants of health
- national framework for advance care planning
- concepts of the medical model, the biopsychosocial models and the human rights-based approach of allied health interventions
- principles of choice and control
- concept of reablement
- allied health settings:
 - hospital
 - community health
 - mental health
 - disability sector
 - aged care sectors.

Assessment Conditions

Skills may be demonstrated in the workplace, or in a simulated environment, as per the conditions outlined in the performance evidence.

Assessment must ensure:

- access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- access to individualised plans and any relevant equipment outlined in the plan
- access to organisational policies and procedures

- opportunities for engagement with real people accessing allied health services.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- be a Certificate IV qualified Allied Health Assistant with a minimum of three years of professional experience in allied health services; or
- a registered Allied Health Professional.

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