



Australian Government

HLTAHA021 Assist with screening and implementation of therapeutic diets

Release: 1

HLTAHA021 Assist with screening and implementation of therapeutic diets

Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Minimum work hours added. Removal of pre-requisite. Significant change to knowledge evidence.

Application

This unit describes the skills and knowledge required to assess nutritional requirements of clients and participate in the implementation of therapeutic diets.

This unit applies to allied health assistants and should be performed under the direction and supervision (direct, indirect or remote) of a dietitian. Individuals will take responsibility for their own outputs and may participate in work teams. A range of well developed skills and some discretion and judgement is required of workers.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assist with basic nutrition risk screening

- 1.1 Confirm the client group for screening with a dietitian
- 1.2 Use the organisation's established screening documentation to gather client information
- 1.3 Consult with other appropriate staff before conducting the screening
- 1.4 Explain the screening purpose and process to the client and seek feedback to determine their understanding
- 1.5 Conduct the screening using language appropriate to

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the client's needs

1.6 Seek appropriate assistance if client participation issues arise

2. Use screening results to determine nutritional risk according to organisation protocol

2.1 Use screening results to determine level of risk for clients

2.2 Inform dietitian of at risk clients in a timely manner and according to organisation protocols

2.3 Implement re-screening

2.4 Complete screening forms and organise screening information

3. Provide nutrition support services for at risk clients under supervision of a dietitian and organisation protocol

3.1 Select appropriate nutrition support item or services

3.2 Implement nutrition intervention and communicate with food services

3.3 Prepare nutrition support item

4. Comply with supervisory requirements

4.1 Provide all assistance according to the instruction of dietitian and the individualised plan

4.2 Provide feedback to the dietitian regarding client progress

4.3 Seek client feedback about the tolerance of the nutrition support intervention and feedback to dietitian

4.4 Seek assistance when client presents with needs or signs outside limits of own authority or competence

4.5 Report client difficulties and concerns to the dietitian

4.6 Implement variations to the individualised plan under the direction of the dietitian

5. Clean and store materials and equipment

5.1 Use and clean any equipment according to manufacturer's requirements

5.2 Store materials and equipment according to

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

manufacturer's requirements and organisation protocols

5.3 Report equipment problems or faults to appropriate person

6. Document client information

6.1 Use accepted protocols to report information in line with organisation requirements

6.2 Use appropriate terminology to document client response to screening

6.3 Maintain client records, according to organisation requirements

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>

Assessment Requirements for HLTAHA021 Assist with screening and implementation of therapeutic diets

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has (under the direction of a dietitian):

- assisted with nutrition screening of 3 clients, 1 in a simulated environment and 2 in the workplace
- prepared and/or provided nutrition support services, including preparing dietary supplements, to 3 clients, 1 in a simulated environment and 2 in the workplace
- performed the activities outlined in the performance criteria of this unit during a period of at least 120 hours of work

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- principles of:
 - the impact of diet on health
 - fluid intake
 - rehabilitation
 - an individualised plan
- significance of nutritional risk indicators, including
 - weight loss
 - weight gain
 - appetite

- bowel function
- biochemical indicators
- allergies and intolerances
- swallowing issues
- organisation policies and procedures in relation to:
 - screening and assessment
 - other specific organisation policies or procedures, including supervisory and reporting protocols
- supplements, including supplement equivalents, and their use
- special diets and their importance to a client's health, including:
 - texture modified diets (TMDs) and national standards for TMD
 - high energy
 - high protein
 - modified salt, protein or potassium
 - diets for food intolerances including gluten free, fructose malabsorption, and lactose free
- workings and protocols of the food service system
- legal and ethical considerations relevant to allied health:
 - privacy, confidentiality and disclosure
 - work health and safety:
 - manual handling including identification and control of manual task risk factors

Assessment Conditions

All aspects of the performance evidence must have been demonstrated using simulation prior to being demonstrated in the workplace under direction and supervision (direct, indirect, remote) as determined by the dietitian.

The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - food safety and standards and procedure
 - manufacturers' manuals and recommendations for equipment
 - food packaging and storage requirements
 - screening forms
 - nutrition supplements
 - individualised plans and any relevant equipment outlined in the plan

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>