



Australian Government

DEFMIL137 Apply non-lethal unarmed self-defence techniques

Release: 1

DEFMIL137 Apply non-lethal unarmed self-defence techniques

Modification History

Release	Comments
1	This unit was released in DEF Defence Training Package release 1.0 and meets the Standards for Training Packages. This unit supersedes and is equivalent to DEFCM201B Apply non-lethal unarmed self-defence techniques. • Unit code updated • Content and formatting updated to comply with the new standards • All PC transitioned from passive to active voice • PC 3.5 removed

Application

This unit describes the skills required to select and apply appropriate non-lethal unarmed self-defence (NUSD) techniques to control persons in operational situations. It includes the ability to minimise the risk to self and others, to quickly re-assess the situation and respond to unexpected changes in circumstances.

This unit was developed for Defence personnel required to apply NUSD techniques in deployed operational situations, but is applicable to any individual in this field of work.

The skills and knowledge described in this unit must be applied within the legislative, regulatory and policy environment in which they are carried out. Organisational policies and procedures must be consulted and adhered to.

Those undertaking this unit would typically work independently and as part of a team under direct and/or indirect supervision. They use discretion and judgement, and take responsibility for the quality of their outputs while performing specific tasks in a broad range of unpredictable contexts.

No licensing, legislative or certification requirements apply to unit at the time of publication.

Competency Field

Military Skills

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
Elements describe the essential outcomes	Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the range of conditions section.
1. Assess the need to use NUSD techniques	1.1 Evaluate need to use NUSD techniques against use of force guidelines. 1.2 Assess person's intentions based on risk assessment and identified opportunities. 1.3 Consider capacity to complete action effectively prior to commencement and assess alternative actions for viability. 1.4 Identify situations requiring assistance and request support.
2. Use NUSD techniques	2.1 Select NUSD techniques to ensure protection of self and efficient completion of movement. 2.2 Apply techniques in accordance with use of force guidelines. 2.3 Carry hand restraints in a secure, protected and accessible position for safe deployment. 2.4 Present and apply hand restraints using recognised techniques in accordance with use of force guidelines and legal requirements. 2.5 Compare sufficiency of response against identified opportunities constantly.
3. Contain the incident	3.1 Adjust response with changing circumstances in accordance with use of force guidelines and tactical options model. 3.2 Detain, handle and search people within the limits of legal requirements. 3.3 Provide care and protection to detainees. 3.4 Reassess situation to determine and request support requirements
4. Evaluate response	4.1 Evaluate and review effectiveness of response in a debrief. 4.2 Provide feedback to participants and supervisors based on accurate and constructive observations of incidents in order to optimise future performance. 4.3 Comply with systems, records and reporting procedures. 4.4 Identify and manage effects of stress using recognised stress management techniques.

Foundation Skills

The foundation skills demands of this unit have been mapped for alignment with the Australian Core Skills Framework (ACSF). The following tables outline the performance levels indicated for successful attainment of the unit.

ACSF levels indicative of performance:

1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
Learning NA					Reading NA					Writing					Oral communication					Numeracy NA				

Performance variables:

1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
Support					Context					Text complexity					Task complexity				

Further information on ACSF and the foundation skills underpinning this unit can be found in the Foundation Skills Guide on the GSA website.

Unit Mapping Information

This unit supersedes and is equivalent to DEFCM201B Apply non-lethal unarmed self-defence techniques.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=6bdbab1e-11ed-4bc9-9cba-9e1a55d4e4a9>

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=6bdbab1e-11ed-4bc9-9cba-9e1a55d4e4a9>

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=6bdbab1e-11ed-4bc9-9cba-9e1a55d4e4a9>