



Australian Government

Department of Education, Employment and Workplace Relations

CUADAN208A Perform basic street dance technique

Release: 1

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Modification History

Version	Comments
CUADAN208A	This version first released with <i>CUA11 Live Performance Training Package version 1.0</i>

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to appreciate street dance as an art form and to perform basic street dance forms and techniques in a learning environment.

Application of the Unit

Persons with some practical experience in street dance apply the skills and knowledge outlined in this unit. They could be performing solo or as members of a group.

At this level basic street dance techniques are applied under the close supervision of experienced dancers and dance teachers. Performances would usually be within a learning environment for small audiences.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Not applicable.

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Element	Performance Criteria
<i>Elements describe the essential outcomes of a unit of competency.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.</i>

Elements and Performance Criteria

1. Develop an understanding of street dance as an art form	1.1. Physically demonstrate understanding of the terminology used in street dance 1.2. Discuss with relevant personnel the range of influences found in street dance
2. Develop basic street-dance performance skills	2.1. Under the guidance of mentors or teachers, develop a range of basic street-dance skills 2.2. Practise control while moving and executing turns 2.3. Apply safe dance practices at all times to prevent injury to self and others 2.4. Explore natural body response to a range of street styles, including movement and percussion 2.5. Follow advice from others about ways to improve own dance technique
3. Perform short dance routines	3.1. Discuss the intention and key aspects of routines with relevant personnel 3.2. Apply basic make-up and wear appropriate costumes for performances 3.3. Perform simple routines combining a variety of discrete movements in ensemble or individually 3.4. Use props effectively and confidently as required 3.5. Observe direction from relevant personnel 3.6. Observe and follow dictates of music or rhythm

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - discuss dance issues with colleagues in an appropriate way
 - respond appropriately to feedback on own skill development and performance
- initiative and enterprise skills to:
 - apply techniques of music to movement in dance forms
 - express rhythms in physical form
- learning skills to:
 - improve own street dance techniques through practice and a positive attitude to dancing
 - develop a movement memory
- planning and organising skills to:
 - prepare for performances
 - plan practice time
- self-management skills to:
 - arrive punctually at classes
 - dress appropriately
 - observe dance discipline and follow direction
 - apply safe dance practices
 - teamwork skills to work collaboratively with others involved in dance classes and performances.

Required knowledge

- well-developed knowledge of:
 - principles underlying dance movements and techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
 - anatomical foundations, including:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis

- importance of healthy food choices in relation to wellbeing and injury prevention, including five food groups and recommended daily amounts
- street dance terminology
- overview knowledge of the history of street dance.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment	
Critical aspects for assessment and evidence required to demonstrate competency in this unit	Evidence of the ability to: • reproduce street sequences, within personal capabilities • convey the basic communicative message of street dance steps and movements • display fluency of movement • apply the basic concepts of street dance to own performances.
Context of and specific resources for assessment	Assessment must ensure access to appropriate dance performance areas or spaces.
Method of assessment	A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit: • direct questioning combined with review of portfolios of evidence • third-party workplace reports of on-the-job performance • evaluation of performance of dance skills • verbal or written questioning to test knowledge as listed in the required skills and knowledge section of this unit • review of candidate's dance performances by peers and colleagues • analysis of dancer's ability to convey intended meaning of dance routines • direct observation or video recording of dance performance. Assessment methods should closely reflect workplace demands (e.g. literacy) and the needs of particular groups (e.g. people with disabilities and people who may have literacy or numeracy difficulties, such as speakers of languages other than English, remote communities and those with interrupted schooling).
Guidance information for assessment	Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for

	example: • CUADAN201A Develop basic dance techniques • CUADAN202A Incorporate artistic expression into basic dance performances • CUAPRF201A Prepare self for performances.
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Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Terminology may include:	• battle • crew • break • fams • callouts • clowning • buck • kill offs • tricks • B Boys • B Girls • animation • boogaloo.
Relevant personnel may include:	• choreographers • community members • manager • mentors • performers • supervisor.
Influences may include:	• street dance as an umbrella term to describe dance styles that evolved in everyday spaces, both indoor and outdoor • relationship with jazz dance • incorporation of street dance into physical education programs • role of competitions • urban folk: • acid • funk • hip-hop • rap • soul dance • techno • trance.

Basic street-dance skills may relate to:	• correct body alignment • acrobatic dance technique • maintaining control in turning balances • maintaining rhythm and tempo • fluid control of rolls • improvisation • waving • ticking • scooby do • twirl • toprocks, uprocks • freezes • fare • strobing • jax • power moves • clown walk • cripp walk • grinding • stomping • chest pops • shuffling • skating • jacking • locking • backslide • freezes • Harlem shake • floating • gliding • sliding.
Safe dance practices relate to:	• understanding the body's capabilities and limitations, including: • alignment • flexibility (mobility) • strength (stability) • cardiorespiratory endurance • muscular endurance • warm-up and cool-down activities, such as: • gentle stretches • aerobic exercises

	• anaerobic exercises • breathing exercises • effect of different ground surfaces, such as: • concrete or hard floor • moving float • podium or raised platform • runway • slippery floor • sloping surface • sticky floor • correct execution of dance steps • appropriate clothing and footwear • nutrition and diet.
Aspects may include:	• audience characteristics • costume requirements • length of performances • make-up • props • number of performances.
Basic make-up may include:	• face make-up • body paint • theatre make-up.
Costumes may include:	• designer • streetwear • sportswear.

Unit Sector(s)

Performing arts - dance

Custom Content Section

Not applicable.