



Australian Government

CUAPRF415 Rehearse for performances

Release: 1

CUAPRF415 Rehearse for performances

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required by performers, such as singers, actors, dancers, circus performers and comedians, to participate in rehearsals for performances. Techniques employed include acting, singing, dancing, movement, mime, acrobatics and improvisation.

The unit applies to those who are performers and who rehearse for performances in commercial, competitive or community settings and would usually be working in ensembles, partnerships or performing solo. In a rehearsal context performers are collaborating with each other and working under the direction of an artistic director or producer.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Cross-sector performance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Analyse requirements for rehearsals	1.1 Clarify purpose and requirements of rehearsals 1.2 Consult with members of the rehearsal and production team to identify issues requiring attention 1.3 Confirm protocols and behaviour expected at rehearsals as required 1.4 Determine the level of skills progression expected throughout the rehearsal period
2. Prepare for rehearsals	2.1 Demonstrate physical fitness for rehearsals 2.2 Confirm own role in performances as required

ELEMENTS	PERFORMANCE CRITERIA
	2.3 Refine own performance techniques for rehearsals as required
3. Participate in rehearsals	3.1 Establish work relationships with members of the rehearsal team as required 3.2 Practise own role in line with performance requirements 3.3 Undertake rehearsals in line with performance requirements 3.4 Seek constructive feedback during rehearsals from required personnel and adapt performance as required
4. Contribute to debriefs after rehearsals	4.1 Review progress in association with other performers and identify factors to improve performance 4.2 Respond to analyses of own performance and adjust as required

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Refines technique based on ongoing evaluation of own performance in rehearsals and feedback from others
Numeracy	Recognises and follows rehearsal timelines
Oral communication	- Seeks the views and opinions of others - Obtains information by listening and questioning
Reading	Interprets rehearsal schedules, play scripts or song lyrics
Initiative and enterprise	- Adopts a methodical, disciplined and positive approach to rehearsals and evaluation of own performance technique - Adapts own performance in response to direction - Identifies areas of weakness and plans practice accordingly
Self-management	- Follows theatre protocols for rehearsals - Understands how own role contributes to broader rehearsal and performance goals
Teamwork	Builds rapport with others involved in rehearsals

Unit Mapping Information

Supersedes and is equivalent to CUAPRF405 Rehearse technique for performance.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUAPRF415 Rehearse for performances

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- demonstrate progression of performance skills on at least three occasions over the rehearsal period in association with other performers as required.

In the course of the above, the candidate must:

- achieve a level of physical and mental preparedness required for rehearsals
- provide critical analyses of own and others' performances
- work collaboratively with the production team.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- procedures for rehearsing performance techniques, including those relating to:
 - performance and rehearsal protocols
 - hearing protection
 - effective performance anxiety management
 - protection of body against injury from overuse
 - safe lifting procedures
 - mental and physical preparedness
- issues and challenges that arise when rehearsing performances
- establishing work relationships
- working collaboratively within teams
- responding to and applying feedback
- analysis of own and other's performances
- solutions to address rehearsal challenges

- key aspects of the relationship between rehearsals and performances
- typical requirements of a rehearsal period, including:
 - work health and safety requirements
 - time commitments
 - expected baseline skill
 - role of self in rehearsal and performance as it relates to group performances
 - repertoire relevant to own area of performance expertise
 - performance vocabulary and terminology
 - principles and techniques in area of specialisation.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- opportunities for full rehearsal practice
- stage or performance area in which to conduct rehearsals.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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