



Australian Government

CUAPRF414 Develop movement skills for performance

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to develop movement skills for different live performance contexts. The process may include developing movement skills used for dance, musical theatre and circus performances, and is relevant for both solo and ensemble contexts.

The unit applies to those who are performers and who require high level movement skills to convey the mood and style of music through movement. Supervision is provided in practice sessions and rehearsals. Performers are also expected to demonstrate a high level of responsibility for themselves and others during live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Cross sector performance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare to practise movement principles	1.1 Identify different movement patterns and their associated skills 1.2 Identify basic performance cues associated with movement patterns and skills 1.3 Research and identify different sources used to generate ideas for movement patterns and routines 1.4 Create practise and physical conditioning plan for movement skill development in consultation with required personnel 1.5 Perform basic warm-up and cool-down activities 1.6 Apply injury-prevention techniques in preparation

ELEMENTS	PERFORMANCE CRITERIA
2. Practise and develop different movements and performance attributes	2.1 Practise full range of movement patterns using performance cues 2.2 Incorporate anatomical alignment principles into movement exercises 2.3 Practise controlling balance in different positions 2.4 Incorporate movement patterns into routines in ways that convey their dramatic intent 2.5 Incorporate basic rhythmic structures and musicality into movement routines 2.6 Interact smoothly and well-timed with other performers 2.7 Develop techniques for quickly incorporating unseen combinations
3. Review execution of movements and performance attributes	3.1 Identify and develop strategies for improving own movement skills using feedback from required personnel 3.2 Assess and analyse any injuries post practice and consult with required personnel as required 3.3 Analyse and integrate learnings from performances of others

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Observes and accurately interprets physical skills
Oral communication	- Seeks the views and opinions of others - Obtains information by listening and questioning
Reading	Identifies and interprets information from different sources
Self-management	- Follows industry practice in relation to safe movement practice and injury prevention - Adopts a logical and methodical approach to the process of refining movement skills for performance - Works creatively with music and dance
Teamwork	Works collaboratively with others involved in classes and performances

Unit Mapping Information

Supersedes and is equivalent to CUAPRF404 Refine movement skills for performance.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUAPRF414 Develop movement skills for performance

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- complete at least three movement routines, at least one of which must be in an ensemble format.

In the course of the above the candidate must:

- apply human movement principles in performance
- exhibit well-developed movement techniques required for specific performance contexts
- develop and convey individuality, presence and dramatic intent when executing movement routines
- incorporate rhythmic structures and musicality into movement routines
- cooperate with others in a practice and performance environment.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- strategies for improving own movement skills
- common injuries relating to the movements demonstrated in the performance evidence, and how to identify them
- principles relating to physical movements and dance techniques, including:
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight

- processes for conveying individuality, presence and dramatic intent
- features of safe movement practice and injury prevention, including:
 - spine articulation
 - engagement of feet
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
- musical elements of time signatures, beat, tempo and syncopation and their application to movement techniques associated with chosen performance genre.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- a venue with space for solo or ensemble performances
- other performers.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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