



Australian Government

CUAPRF405 Rehearse technique for performance

Release: 2

CUAPRF405 Rehearse technique for performance

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required by performers, such as singers, actors, dancers, circus performers and comedians, to participate in rehearsals for performances. Techniques employed include acting, singing, dancing, movement, mime, acrobatics and improvisation.

Rehearsals could be for performances in commercial, competition or community settings and performers would usually be working in ensembles, partnerships or performing solo.

In a rehearsal context performers are collaborating with each other and working under the direction of an artistic director or producer.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – cross-sector performance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Analyse the rehearsal process	1.1 Clarify the purpose and parameters of different types of rehearsals 1.2 Consult with members of the rehearsal and production team to identify specific issues requiring attention

	1.3 Clarify protocols and behaviour expected at rehearsals 1.4 Determine the level of skills progression expected over the rehearsal period
2. Prepare for rehearsals	2.1 Determine health, safety and other requirements in relation to the rehearsal period 2.2 Demonstrate physical preparedness for rehearsals 2.3 Clarify aspects of own part in performances as required 2.4 Refine own performance techniques for rehearsals in association with other performers as required
3. Apply rehearsal skills	3.1 Establish effective work relationships with members of the rehearsal team to advance performance outcomes 3.2 Practise improving own part in line with performance expectations 3.3 Adapt aspects of individual performance as directed 3.4 Pace energy during rehearsals to maintain focus and consistency of performance 3.5 Collaborate in performances to achieve the overall desired outcomes
4. Contribute to debriefs after rehearsals	4.1 Review progress in association with other performers and identify factors to improve performance 4.2 Respond to analyses of own performance and adjust as required

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	4.1, 4.2	Refines technique based on ongoing evaluation of own performance in rehearsals and feedback from others
Reading	1.1, 3.2	Interprets rehearsal schedules, play scripts or song lyrics
Oral communication	1.1, 1.2, 1.3, 1.4, 2.1, 3.1,	- Seeks the views and opinions of others - Obtains information by listening and

	3.3, 4.1, 4.2	questioning
Numeracy	1.1	Recognises and follows rehearsal timelines
Navigate the world of work	1.3, 1.4, 2.1, 2.2, 2.3, 3.2, 3.5	- Follows theatre protocols for rehearsals - Understands how own role contributes to broader rehearsal and performance goals
Interact with others	1.1, 1.2, 1.3, 1.4, 2.1, 2.4, 3.1, 3.3, 3.5, 4.1, 4.2	Builds rapport with others involved in rehearsals
Get the work done	1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2	- Adopts a methodical, disciplined and positive approach to rehearsals and evaluation of own performance technique - Adapts own performance in response to direction - Identifies areas of weakness and plans practice accordingly

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUAPRF405 Rehearse technique for performance (Release 2)	CUAPRF405 Rehearse technique for performance (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUAPRF405 Rehearse technique for performance

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Performance Evidence

Evidence of the ability to:

- demonstrate performance skills in chosen technique
- demonstrate progression of performance skills over the rehearsal period
- provide critical analyses of own and others' performances
- work collaboratively with the production team.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- in the context of rehearsals, explain how the following apply to performers:
 - performance and rehearsal protocols
 - hearing protection
 - overcoming performance anxiety
 - protection of body against injury from overuse
 - safe lifting procedures
- describe issues and challenges that arise when rehearsing performances and suggest solutions to address them
- describe key aspects of the following:
 - relationship between rehearsals and performances
 - repertoire relevant to own area of performance expertise

- performance vocabulary and terminology
- principles and techniques in area of specialisation.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- opportunities for full rehearsal practice
- well-equipped stage or performance area in which to conduct rehearsals.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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