



Australian Government

CUADTM613 Teach high level contemporary dance techniques

Release: 1

CUADTM613 Teach high level contemporary dance techniques

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to teach high level contemporary dance techniques in dance studios, professional companies and venues equipped for safely teaching dance.

The unit applies to those who are dance teachers working with students who already have well-developed technique and performance skills. Teaching methodologies are therefore tailored to individual needs of students. Individuals are also involved in determining the structure of training programs, which could be based on a specific syllabus or set of teaching resources which they have developed.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance teaching and management

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for dance classes	1.1 Identify available resource material and resource gaps for informing class structure 1.2 Develop teaching resources that address identified gaps in available material 1.3 Sequence dance elements and movements for classes according to class purpose and dance safety practices 1.4 Formulate class plan according to learning outcome progress requirements 1.5 Identify risk factors in the teaching of contemporary classes and

ELEMENTS	PERFORMANCE CRITERIA
	determine preventative strategies 1.6 Confirm that learners are wearing required practice clothing for high level contemporary dance technique 1.7 Teach required warm-up techniques
2. Deliver learning outcomes	2.1 Teach posture and body alignment required for high level contemporary dance technique and movement 2.2 Teach isolation and coordination of the upper and lower body in highly complex movement sequences 2.3 Teach techniques that integrate balance, flexibility, coordination, stamina and control of individual body parts 2.4 Teach highly complex steps and discuss importance of control, attention to detail, movement quality and memory in their completion 2.5 Teach the timing and phrasing relationship between contemporary movement and accompanying music 2.6 Manage and minimise risk of injuries using safe dance practices in teaching activities 2.7 Teach required cool-down techniques 2.8 Manage class dynamics and learner behaviour 2.9 Provide all learners with constructive feedback and equal opportunity to participate 2.10 Identify and assess problems that arise, judging when to seek assistance from required personnel
3. Improve teaching practice for high level contemporary dance technique	3.1 Seek and evaluate feedback from required personnel and identify and revise areas of improvement in quality of own teaching practice 3.2 Research, identify and utilise sources outlining current industry issues, trends and codes of practice 3.3 Source and participate in professional development activities as required

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	- Obtains information by listening and questioning - Contributes information and expresses requirements using clear language and industry terminology

SKILL	DESCRIPTION
Reading	Obtains information from written sources
Planning and organising	Adopts a methodical and logical approach to the process of preparing for and conducting dance classes as required
Problem solving	- Monitors and adjusts teaching to meet group or individual requirements - Addresses some unfamiliar problems of increasing complexity within scope of own role, and seeks the expertise of others as required
Self-management	- Identifies and follows procedures and expectations associated with own role - Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies - Takes responsibility for own professional development
Teamwork	- Creates effective learning environments by building rapport with students - Interprets verbal and non-verbal signals in student behaviour - Demonstrates respect for diversity, disability, culture, gender and ethnic backgrounds
Technology	Uses the internet as a source of information

Unit Mapping Information

Supersedes and is equivalent to CUADTM603 Teach high level contemporary dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADTM613 Teach high level contemporary dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- teach at least four dance classes of high level contemporary dance techniques.

In the course of the above, the candidate must:

- teach warm-up and cool-down techniques required for high level contemporary dance techniques
- follow safe dance practices in teaching activities
- deliver class according to identified or developed learning outcomes
- develop teaching resources from identified resource gaps
- teach highly complex steps, combinations and sequences
- teach musicality, expression, phrasing and correct timing in movement sequences
- interact constructively with learners and demonstrate respect for individual learning needs
- evaluate own teaching practice and identify opportunities for improvement.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- significance of the following anatomical foundations in the context of teaching dance techniques:
 - spine articulation
 - feet engagement
 - bases of support, including feet, legs, hands, arms, and torso
 - range of motion of joints
 - differentiation of legs and pelvis
- key principles in the Australian Guidelines for Dance Teachers and Dance Industry Code of Ethics

- processes for formulating class plans according to learning outcomes
- strategies for developing teaching resources that address identified gaps in material
- strategies to evaluate feedback and develop plan to improve teaching practice
- processes for participating in professional development activities
- techniques for researching, sourcing and using current industry issues, trends and codes of practice
- contemporary dance principles and techniques
- features of professionally performed contemporary dance repertoire
- key aspects of safe dance practice
- techniques taught at a highly competent contemporary dance level, including those relating to:
 - changing directions
 - changing facings
 - changing sides (left to right)
 - communicating artistic intention through dance
 - correct posture, weight placement and alignment
 - awareness of personal and general space when travelling and stationary
 - energy placement techniques:
 - moving energy from the centre of the body to the outer extremities
 - shifting weight
 - moving from a standing position to the floor and vice versa
 - executing leaps
 - landing from jumps
 - interpreting rhythm to movement
 - isocentric and polycentric isolations
 - lifting techniques
 - responding to different time signatures
 - active flexibility:
 - floor work
 - splits
 - stretches
 - développés and contractions
 - lunges
 - curves
 - arches
 - rotations
 - using shape when moving in physically dynamic sequences
 - using arm lines appropriately
 - working in a cohesive partnership with a peer, interpreting a dance style.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- teaching resources and equipment
- opportunities for teaching high level contemporary dance techniques in classes
- a venue with space required for teaching contemporary dance and a sprung or tarkett floor.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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