



Australian Government

CUADTM611 Teach high level classical ballet dance techniques

Release: 1

CUADTM611 Teach high level classical ballet dance techniques

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to teach high level classical ballet dance techniques in dance studios, professional companies and venues equipped for safely teaching dance.

The unit applies to those who are dance teachers working with students who already have well-developed technique and performance skills. Teaching methodologies are therefore more tailored to individual needs of students. Individuals are also involved in determining the structure of training programs, which could be based on a specific syllabus or set of teaching resources which they have developed.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance teaching and management

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for dance classes	1.1 Identify available resource material and resource gaps for informing class structure 1.2 Develop teaching resources that address identified gaps in available material 1.3 Sequence dance elements and movements for classes according to class purpose and dance safety practices 1.4 Formulate class plan according to learning outcome progress requirements 1.5 Identify risk factors in the teaching of classical ballet classes and

ELEMENTS	PERFORMANCE CRITERIA
	determine preventative strategies 1.6 Confirm that learners are wearing required practice clothing and footwear for high level classical ballet dance technique 1.7 Teach required warm-up techniques
2. Teach high level classical ballet techniques	2.1 Teach posture and body alignment required for high level classical ballet technique and movement 2.2 Teach isolation and coordination of the upper and lower body in highly complex movement sequences 2.3 Teach techniques that integrate balance, flexibility, coordination, stamina and control of individual body parts 2.4 Teach highly complex enchaînements and discuss importance of control, attention to detail and memory in their completion 2.5 Teach the timing and phrasing relationship between classical ballet movement and accompanying music 2.6 Manage and minimise risk of injuries using safe dance practices in teaching activities 2.7 Teach required cool-down techniques 2.8 Manage class dynamics and learner behaviour 2.9 Provide all learners with equal opportunity to participate 2.10 Identify and assess problems that arise, judging when to seek assistance from required personnel
3. Improve teaching practice for high level classical ballet technique	3.1 Seek and evaluate feedback from required personnel and identify and revise areas of improvement in quality of own teaching practice 3.2 Research, identify and utilise sources outlining current industry issues, trends and codes of practice 3.3 Source and participate in professional development activities as required

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	- Obtains information by listening and questioning - Contributes information and expresses requirements using clear language and industry terminology
Reading	Obtains information from written sources

SKILL	DESCRIPTION
Planning and organising	Adopts a methodical and logical approach to the process of preparing for and conducting dance classes
Problem solving	- Monitors and adjusts teaching to meet group and individual requirements - Addresses unfamiliar problems of increasing complexity within scope of own role, and seeks the expertise of others when required
Self-management	- Identifies and follows procedures and expectations associated with own role - Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies - Takes responsibility for own professional development
Teamwork	- Creates effective learning environments by building rapport with students - Interprets different verbal and non-verbal signals in student behaviour - Interprets and addresses learner behaviour that puts others at risk - Demonstrates respect for diversity, disability, culture, gender and ethnic backgrounds
Technology	Uses the internet as a source of information

Unit Mapping Information

Supersedes and is equivalent to CUADTM601 Teach high level classical ballet technique and
supersedes and is not equivalent to CUADTM606 Teach high level dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADTM611 Teach high level classical ballet dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- teach at least four dance classes of high level classical ballet techniques.

In the course of the above, the candidate must:

- teach warm-up and cool-down techniques required for high level classical ballet dance techniques
- follow safe dance practices in teaching activities
- deliver class according to identified learning outcomes
- develop teaching resources from identified resource gaps
- teach highly complex enchaînements
- teach musicality, expression, phrasing and correct timing in movement sequences
- interact constructively with learners and demonstrate respect for individual learning needs
- evaluate own teaching practice and identify opportunities for improvement.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- significance of the following anatomical foundations in the context of teaching dance techniques:
 - spine articulation
 - feet engagement
 - bases of support, including feet, legs, hands, arms, and torso
 - range of motion of joints
 - differentiation of legs and pelvis
- key principles in the Australian Guidelines for Dance Teachers and Dance Industry Code of Ethics

- processes for formulating class plans according to learning outcomes
- strategies for developing teaching resources that address identified gaps in material
- strategies to evaluate feedback and develop plan to improve teaching practice
- processes for participating in professional development activities
- techniques for researching, sourcing and using current industry issues, trends and codes of practice
- classical ballet principles and techniques
- features of commonly performed classical ballet repertoire
- key aspects of safe dance practice
- classical ballet techniques taught at a highly competent classical ballet level, including those relating to:
 - allegro:
 - pas assemblé with ½ turns
 - assemblé battu with ½ turns
 - double assemblé battu
 - jeté battu with ½ turns
 - brisé volé 2 in a series (1 = volé front and back)
 - pas ballonné en tournant
 - ballotté at 90 degrees
 - rond de jambe saute en tournant
 - double rond de jambe saute
 - sissonne collée
 - grand pas de chat
 - six de volé
 - grande sissonne ouverte en tournant
 - fouetté saute from de côté to de côté
 - grand fouetté effacé saute
 - grand jeté passé développé
 - grand jeté renversé
 - grand jeté en tournant to croisé or effacé
 - grande cabriole fermée and ouverte in directions at 90 degrees
 - temps levé à la seconde with a ½ turn en dedans
 - barre:
 - battement tendu jeté in all directions with and without plié in ¼ counts
 - battement tendu jeté in all directions with ⅛ and ¼ turns in ½ counts (3 in a series)
 - battement tendu pour batterie in 1 count
 - battement piqué en rond in ½ counts
 - rond de jambe par terre with ½ turns in 1 count
 - rond de jambe par terre combined with soutenu en tournant in 1 count
 - battement fondu in all directions to 90 degrees in 1 count

- battement fondu with tombé en tournant in 2 counts
- battement fondu with fouetté in 1 count
- double battement fondu in all directions at 45 degrees in 1 count
- pas ciseaux en avant and en arrière
- jeté élané en diagonale and en manège
- révérence
- temps de poisson
- brisé volé 4 in a series (1 = volé front and back)
- double sissonne en tournant also finished in open poses (male students only)
- double sissonne tombée en tournant (male students only)
- fouetté saute battu
- grand fouetté saute with $\frac{1}{2}$ and $\frac{3}{4}$ turns
- grand fouetté saute battu (male students only)
- grand jeté entrelacé with fouetté
- grand jeté entrelacé battu
- double tours en l'air to the knee (male students only)
- double grand assemblé en tournant (male students only)
- double saute de basque (male students only)
- double demi-caractère saute de basque (male students only)
- saute de biche
- grand rond de jambe sauté
- $\frac{1}{2}$ tours in all open positions at 45 and 90 degrees in 1 count
- single and double battement frappé in all directions in $\frac{1}{2}$ counts
- single and double battement frappé in all directions with $\frac{1}{4}$ and $\frac{1}{2}$ turns in 1 count
- petit battement serré sur le cou-de-pied en fondu
- battement battu serré devant and derrière
- grand temps relevé en tournant to the grand poses
- flic flac en tournant to the grand poses
- développé in all directions preceded by a single pirouette
- développé passé in all directions in 1 count
- développé passé en tournant in all directions
- développé ballotté in all directions in 2 counts
- développé balancé in all directions in 2 counts
- grand fouetté in 1 count
- grand rond de jambe in 2 counts
- passé par terre en tournant at 90 degrees
- grand battement jeté balançoire in 1 count
- grand battement jeté développé and enveloppé in all directions in 1 count
- grand battement jeté piqué with demi-rond in 1 count
- grand battement jeté with grand fouetté in 1 count

- single pirouettes finished in the grand poses
- double pirouettes sur le cou-de-pied and retiré also finished in the small and grand poses
- single tours piqué en dehors and single tours jeté en dedans
- battement tendu jeté on the demi-pointe in all directions in ½ counts
- grand rond de jambe jeté with relevé in 1 count
- battement fondu in all directions to 45 or 90 degrees with ¼ turns and ½ turns
- battement frappé to à la seconde only in ¼ counts
- triple frappés in all forms as double frappé
- temps relevé en tournant with a double turn at the discretion of the teacher
- temps relevé en tournant in the grand poses
- arabesque penchée and en arrière on the demi-pointe
- développé in all directions preceded by a double pirouette
- développé d'ici-delà on the demi-pointe
- grand battement jeté with full rond en dehors and en dedans to 90 degrees in 2 counts
- double pirouettes finished in the grand poses
- double pirouettes sur le cou-de-pied and retiré from grand plié
- up to 32 in series
- centre practice:
 - rond de jambe par terre with ½ turns in 1 count
 - single and double battement frappé in all directions with ⅛ turns in 1 count
 - flic flac en tournant finishing demi-pointe
 - arabesque penchée in 4th arabesque
 - développé passé in 1 count
 - développé en tournant to effacé devant
 - grand fouetté with ½ and ¾ turns in 1 count
 - grand fouetté écarté in 2 counts
 - grand rond de jambe in 2 counts
 - double pirouettes into double tour passé
 - double grandes pirouettes
 - single and double grandes pirouettes finished with a fouetté
 - consecutive grandes pirouettes with plié-relevé up to 16 in a series
 - grande pirouette sautillée in all the grand poses up to 16 counts
 - fouetté rond de jambe en dehors up to 16 in series
 - grand battement jeté in all forms as at the barre for this level, excluding grand battement jeté balançoire
 - temps lié en tournant en l'air from grand plié in 8 counts
 - grand plié with double pirouettes also finished in the grand poses
 - grand plié with single grandes pirouettes

- grand fouetté écarté in 2 counts 16 in a series
- demi rond de jambe on the demi-pointe
- battements divisés en quatre in all directions and alignments with a ½ turn
- triple pirouettes en dehors and en dedans
- pirouettes en dehors and en dedans finished in all open positions on the demi-pointe
- fouetté rond de jambe en dehors.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- teaching resources and equipment
- opportunities for teaching high level classical ballet techniques in classes
- a venue with space required for teaching classical ballet and ballet barres that contains a sprung or tarkett floor.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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