



Australian Government

CUADAN617 Extend dance techniques to a professional level

Release: 2

CUADAN617 Extend dance techniques to a professional level

Modification History

Release	Comments
Release 2	This version first released with CUA Creative Arts and Culture Training Package version 5.1. Version created to correct unit mapping error.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 5.0.

Application

This unit describes the skills and knowledge required to show range, depth, precision and complexity in a chosen dance technique and repertoire at a professional level.

The unit applies to those who are dancers and who are moving towards professional careers in contexts where complex dance technique is required for performing as members of a dance company as an ensemble or soloist dancer or in other professional contexts. At this level, they are constantly refining their technique and perfecting their artistry across complex dance sequences and repertoire, including improvisation, solo and group work. While some supervision and guidance are provided, they are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply advanced physical conditioning program	1.1 Identify and confirm physical conditioning requirements of professional dance work, and set personal physical conditioning goals in line with these requirements 1.2 Build stamina, strength, muscular endurance, mobility and

ELEMENTS	PERFORMANCE CRITERIA
	flexibility using exercises according to physical conditioning requirements of professional dance work 1.3 Identify and minimise risk factors that may inhibit achievement of physical conditioning goals and seek professional assistance as required 1.4 Perform warm-up and cool-down activities in conjunction with physical and dance activities according to safe dance practices
2. Practise professional level of dance technique and presentation	2.1 Refine extended dance technique in each section of work according to professional dance requirements 2.2 Develop complex performance attributes and quality of movement in dance sequences of extended difficulty 2.3 Practise improvisation tasks of increasing complexity and diversity 2.4 Practise creating and performing a variety of movements in response to various stimuli using spontaneity according to safe dance practices 2.5 Extend choreographic skills, incorporating different improvisation exercises and choreographic processes 2.6 Practise performing unseen combinations of movement with speed and verve according to safe dance practices 2.7 Practise techniques for working with a partner according to safe dance practices 2.8 Demonstrate ability to self-correct dance technique during practise session, using feedback from others and own dance knowledge
3. Present complex dance movement sequences	3.1 Present complex dance movements in line with rhythms and time signatures in dance sequence 3.2 Convey high level of spatial awareness required for complex dance sequence 3.3 Execute group work with a professional sense of cohesion, and solo work demonstrating strong musical individuality as required 3.4 Present variations and complex dance movement sequences with high level of stage presence and confidence
4. Review and develop professional practice	4.1 Use self-evaluation and feedback from others on own development of dance techniques, and develop strategies for future improvement 4.2 Identify opportunities to refine knowledge of dance history and trends 4.3 Develop realistic parameters for extending scope of dance performance practice in consultation with required personnel 4.4 Identify and analyse regimes and artistic strategies that can be applied to improving own professional dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Identifies opportunities to extend professional development
Oral communication	Obtains information by listening and questioning
Initiative and enterprise	Works creatively with music and dance
Planning and organising	Adopts a methodical, disciplined and positive approach to dance practice and physical conditioning program
Self-management	- Follows industry accepted industry safe dance practices and - Demonstrates general work ethic - Takes responsibility for own professional development - Adapts to cultural differences in dance
Teamwork	Collaborates with other dancers and confirms that group sequences flow

Unit Mapping Information

Supersedes and is equivalent to CUADAN607 Extend contemporary dance technique to a professional level. Supersedes and is not equivalent to CUADAN610 Extend allied contemporary dance techniques at a professional level.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN617 Extend dance techniques to a professional level

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- present at least four dance pieces at a professional level in chosen dance style.

In the course of the above, the candidate must:

- practise and present both solo and group dance pieces
- execute dance sequences using the following dance skills:
 - knowledge of dance improvisation as a skilled technique
 - alignment and extensions in highly difficult combinations
 - reproduction of complex movement sequences on both sides of the body
 - skills and speed in directional changes
 - high level of spatial awareness in group movements
 - high level of coordination of limbs, torso and head
 - turns in a variety of body shapes
 - strength, precision and complexity in all aspects of footwork
 - seamless transitions in and out of the floor
 - balances, turns and jumps on and off centre in a wide variety of shapes
 - grip leverage, thrust and counter-thrust and coordinated timing
 - increased range and sequencing of unique improvised movements
 - high level isolation and energy placement techniques
 - quality of movement that embodies artistic intention
- follow injury-prevention techniques and safe dance practices
- use dance terminology of the chosen style when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to chosen dance style movements and techniques, including:
 - relationship with gravity
 - spatial awareness
 - use of breath
 - movement pathways
 - expanding and contracting
 - shifting weight
- fundamental technical principles required in chosen dance style
- principles of safe dance practice and injury prevention:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
- health and safety policies and procedures relevant to the dance environment
- application of musical elements of time signatures, beat, tempo and syncopation to chosen dance style techniques
- strategies to respond to self-evaluation and feedback to improve professional dance practice
- principles of choreography in the context of chosen dance style, including:
 - choreographic and stylistic nuances
 - genres, styles and lineage
 - philosophical nature
 - influential choreographers
 - embodying a concept in choreographing and performing.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments.

This includes access to:

- fully equipped dance studios with required flooring for performing dance techniques
- music or accompanists
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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