



Australian Government

Assessment Requirements for CUADAN616

Extend pointe work techniques to a professional level

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- demonstrate professional level pointe work in classical ballet sequences and repertoire on at least three occasions, as a member of a duo, ensemble and as a solo.

In the course of the above, the candidate must:

- perfect pointe technique through practice, feedback and refinement
- demonstrate technical ability when executing sequences sur les pointes
- add individual artistry and expressive interpretation to the performance of ballet sequences
- execute advanced enchaînements with speed and precision
- apply advanced pointe work to classical ballet sequences and repertoire
- use pointe work terminology.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to pointe work techniques, including:
 - balance
 - control of movement
 - muscular strength and flexibility
 - rotation
 - spatial awareness
 - successional movement
 - transference of weight
 - use of breath
 - balance

- principles of safe dance practice and injury prevention, including those relating to:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
- strategies to develop and improve performance
- health and safety policies and procedures relevant to the dance environment
- health and wellbeing issues relevant to classical ballet artists
- risk factors in ballet for the body, especially in relation to pointe work
- relationship between musical rhythms and pointe work
- pointe technique required for each section of dance work.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- fully equipped dance studios with suitable flooring
- interaction with others required to demonstrate the performance evidence
- opportunities for classical ballet performances
- suitable music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>