



Australian Government

CUADAN614 Extend ballet performance skills to a professional level

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to prepare for and execute a ballet performance at a professional level. This involves showing range, depth, precision and complexity across ballet technique in performance of classical and contemporary repertoire.

The unit applies to those who are moving towards professional careers in contexts where complex ballet technique is required for performing at a professional level, as members of a dance company as a soloist and in ensembles. At this level, they are constantly expanding and perfecting their artistry across complex dance sequences and repertoire and in varying professional-level performances including solo and ensemble work.

While some supervision and guidance are provided, they are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply physical conditioning program	1.1 Identify and confirm physical conditioning requirements of professional dance work 1.2 Demonstrate stamina, strength, cardiovascular endurance and flexibility in line with physical conditioning requirements of professional dance work

ELEMENTS	PERFORMANCE CRITERIA
	1.3 Identify and minimise risk factors that inhibit achievement of physical conditioning requirements and seek professional assistance as required 1.4 Perform warm-up and cool-down activities in conjunction with physical and dance activities according to safe dance practices
2. Prepare to perform ballet at professional level	2.1 Confirm intention and purpose of ballet performance with required personnel 2.2 Confirm ballet pieces to be performed and undertake preparations in line with performance context and purpose 2.3 Develop rehearsal schedule and rehearse performances with others as required according to professional dance standards 2.4 Practise increasingly difficult ballet techniques and repertoire according to safe dance practices 2.5 Demonstrate complex performance attributes and quality of movement in sequences of extended difficulty during rehearsals 2.6 Practise executing complex variations and repertoire according to safe dance practices 2.7 Build precision and complexity when practising footwork in rehearsals 2.8 Apply performance psychology techniques to preparation process
3. Perform at professional level	3.1 Confirm personal presentation is suitable for professional performance context 3.2 Maintain focus and demonstrate artistry, rhythm and musicality during performance 3.3 Demonstrate cohesion and communication when performing ensemble work as required 3.4 Demonstrate musical individuality when performing solo work as required 3.5 Convey story, mood and choreographic intent of dance repertoire to audience, using confidence and precision of ballet techniques
4. Review and develop professional performance practice	4.1 Seek feedback in debrief session and discuss ways of improving individual or ensemble technique 4.2 Develop parameters for extending scope of performance practice in consultation with required personnel 4.3 Identify regimes and artistic strategies that can be used to refine own performance technique 4.4 Incorporate ballet terminology and history into discussions, and practice and performance activities

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Identifies opportunities to extend professional development
Oral communication	Obtains information by listening and questioning
Initiative and enterprise	Works creatively with music and dance
Planning and organising	Adopts a methodical, disciplined and positive approach to rehearsal, physical conditioning program and performing at a professional level
Self-management	- Follows industry accepted safe dance practices - Works independently and collectively within broad parameters, with a strong sense of responsibility for goals, decisions and outcomes - Recognises and responds to rehearsal and performance protocols - Takes responsibility for own professional development
Teamwork	- Collaborates with other dancers and confirms that group performances flow - Builds rapport in order to establish effective work relationships

Unit Mapping Information

Supersedes and is equivalent to CUADAN604 Extend ballet performance skills to a professional level.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN614 Extend ballet performance skills to a professional level

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- prepare for and perform at least three different ballet dance pieces to a professional level, at least two of which must be ensemble pieces, and at least one of which must be a solo piece.

In the course of the above, the candidate must:

- demonstrate physical control throughout ensemble and solo performances
- proficiently execute ballet sequences demonstrating the following fundamental ballet skills:
 - high level of coordination of limbs, torso and head
 - high level of spatial awareness in group movements
 - alignment and extensions in highly difficult combinations
 - skills and speed in directional changes
 - reproduction of complex movement sequences on both sides of the body
- identify opportunities to develop professional performance practice
- use ballet and stage terminology in discussions about performances
- respond to different time signatures in music
- demonstrate confidence in creating movement sequences.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to physical movements and ballet technique, including:
 - extending
 - folding
 - relationship with gravity

- rotating
- shifting weight
- spatial awareness
- successional movement
- use of breath
- balance
- principles of safe dance practice and injury prevention, including those relating to:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
- health and safety policies and procedures relevant to the dance environment
- strategies to enhance professional practice
- ballet terminology required to demonstrate the performance evidence
- professional dance standards applicable to ballet performance
- performance psychology techniques applicable to ballet at a professional level
- musical elements of time signatures, beat, tempo and syncopation, and their application to ballet dance technique
- history and philosophical nature of ballet.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- fully equipped dance studios with required flooring for performing ballet
- music or accompanists
- opportunities for ballet performances
- interaction with others required to demonstrate performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

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