



Australian Government

CUADAN611 Perform virtuoso contemporary dance technique

Release: 2

CUADAN611 Perform virtuoso contemporary dance technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to achieve virtuoso technique in contemporary dance, with particular application to solo performances.

This unit applies to dancers who are moving towards professional careers in contexts where virtuoso contemporary dance technique is required for performing as members of a dance company as a soloist and in other professional contexts.

At this level, dancers are constantly expanding and perfecting their artistry, technique and repertoire across a number of dance styles and genres.

While some supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts - dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Excel at a physical conditioning program	1.1 Meet physical conditioning requirements of professional dance work

	1.2 Demonstrate athleticism, stamina, strength, cardiovascular endurance and flexibility 1.3 Minimise risk factors that inhibit the achievement of goals and seek professional assistance when required 1.4 Observe safe dance practice by performing warm-up and warm-down activities in conjunction with dance activities
2. Practise virtuoso technique	2.1 Practise virtuoso contemporary dance technique across each section of class work 2.2 Demonstrate complex performance attributes and quality of movement in sequences of extended difficulty and speed 2.3 Show strength, precision and complexity in all aspects of footwork 2.4 Execute complex variations of contemporary dance repertoire with accuracy, applying the virtuoso style 2.5 Exhibit professionalism and adaptability to incorporate unseen combinations 2.6 Demonstrate through ongoing technical strength, diversity and refinement, evidence of advanced self-correction and concentrated response to feedback
3. Perform advanced solo variations	3.1 Research and analyse a chosen solo from contemporary dance repertoire 3.2 Execute repertoire with high level technical accuracy and virtuoso interpretation of music and rhythm 3.3 Convey a high level of spatial awareness, including floor patterns and aerial pathways 3.4 Execute solo work with a professional sense of musical individuality 3.5 Present virtuoso style with a high level of individual artistry, interpretation, expression and physical control
4. Develop professional practice	4.1 Refine professional work ethic 4.2 In consultation with teachers and mentors, develop realistic parameters for extending scope of performance practice 4.3 Identify regimes and artistic strategies to refine own performance technique 4.4 Incorporate contemporary dance terminology and history into discussions, and practice and performance activities

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	4.2, 4.3	- Analyses feedback and reflects on performance to identify ways to develop performance - Identifies opportunities to extend professional development
Reading	3.1	Interprets written information about solos to be performed
Oral communication	1.3, 2.6, 4.2, 4.4	Obtains information by listening and questioning
Navigate the world of work	1.1, 1.2, 1.3, 1.4, 4.1, 4.2, 4.3, 4.4	- Follows accepted industry practices in relation to safe dance practices and general work ethic - Takes responsibility for own professional development
Interact with others	1.3, 2.6, 3.5, 4.2, 4.4	- Collaborates with others involved in dance classes and performances - Communicates mood and style of dance repertoire to audiences
Get the work done	2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 3.1, 3.2, 3.3, 3.4, 3.5	- Adopts a methodical, disciplined and positive approach to rehearsing and performing at a professional level - Works creatively with music and dance - Displays high level of competency in each section of class work - Employs physical control throughout solo performances - Maintains correct posture, weight placement and alignment in both parallel and fully rotated turn-out position - Shows alignment and extensions in highly difficult combinations - Performs complex movement sequences on both sides of the body - Shows skills and speed in directional changes and coordinated timing - Responds to different time signatures - Performs high level isolation and energy

		placement techniques • Executes balances, turns and jumps on and off centre in a wide variety of shapes • Demonstrates a high level of spatial awareness, including floor patterns and aerial pathways • Exhibits a high level of coordination of limbs, torso and head • Exhibits confidence in creating movement sequences
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Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN611 Perform virtuoso contemporary dance technique (Release 2)	CUADAN611 Perform virtuoso contemporary dance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN611 Perform virtuoso contemporary dance technique

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Performance Evidence

Evidence of the ability to:

- execute technical virtuosity
- perform advanced sequences with brilliance, speed and clarity to a professional standard
- demonstrate artistry, individual interpretation and expression when performing advanced solo variations from selected repertoire at professional level
- use contemporary dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to virtuoso contemporary dance techniques:
 - extending
 - folding
 - relationship with gravity
 - rotating
 - shifting weight
 - spatial awareness
 - successional movement
 - use of breath

- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to contemporary dance technique
- in relation to contemporary dance, demonstrate comprehensive knowledge of:
 - choreographic and stylistic nuance
 - genres, styles and philosophical nature
 - influential choreographers
 - the role of acting.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios
- appropriate music or accompanists
- live performance opportunities.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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