



Australian Government

CUADAN610 Extend allied contemporary dance techniques at a professional level

Release: 2

CUADAN610 Extend allied contemporary dance techniques at a professional level

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to refine and consolidate allied contemporary dance techniques. This often involves responding through improvisation to task-based work, performing high velocity acrobatic moves and displaying skilful partnering techniques.

This unit applies to dancers who are moving towards professional careers in contexts where complex contemporary skill-based dance technique and versatility are required for performing as members of a professional contemporary dance company in Australia or internationally.

While some supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts - dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Rehearse a range of advanced allied	1.1 Observe safe dance practice when extending the range of techniques required to perform duo work safely at a professional

contemporary dance techniques	level 1.2 Incorporate understanding of the expressive, musical and formal aspects of partnering into performances 1.3 Develop rapport with partner during rehearsals and seamlessly adjust to a change of partner as required 1.4 Exhibit professionalism and adaptability to incorporate unseen combinations across different teaching methods 1.5 Incorporate understanding of nuances and characteristics of choreographic styles when performing group and solo work from contemporary dance repertoire 1.6 In dance tumbling, display a strong and acrobatic stance both in static and inverted positions 1.7 Work on perfecting a wide range of dance tumbling techniques
2. Execute complex contemporary dance repertoire in practice sessions	2.1 Practise repertoire with increased attention to rhythms and time signatures commonly used in contemporary dance 2.2 Convey a high level of spatial awareness appropriate to solo and group work 2.3 Execute group work with a professional sense of cohesion, and solo work demonstrating strong musical individuality 2.4 Present variations and repertoire with a high level of stage presence and confidence across contemporary dance styles 2.5 Demonstrate through ongoing refinement of technique, evidence of advanced self-correction and concentrated response to feedback
3. Extend improvisation techniques	3.1 Practise improvisation tasks of increasing complexity and diversity 3.2 Apply an ever-expanding movement vocabulary and spontaneity in response to various stimuli 3.3 Achieve a mature performance quality through improvised solos and scored group work
4. Develop professional practice	4.1 Refine professional work ethic 4.2 In consultation with teachers and mentors, develop realistic parameters for extending scope of performance practice 4.3 Identify regimes and artistic strategies to refine own performance technique

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	4.2, 4.3	- Analyses feedback and reflects on performance to identify ways to develop performance - Identifies opportunities to extend professional development
Oral communication	1.3, 2.5, 4.2	- Obtains information by listening and questioning - Builds rapport with partners through verbal and non-verbal means
Navigate the world of work	1.1, 4.1, 4.2, 4.3	- Follows accepted industry practices in relation to safe dance practices and general work ethic - Takes responsibility for own professional development
Interact with others	1.1, 1.2, 1.3, 1.5, 2.2, 2.3, 2.4, 2.5, 3.3, 4.2	- Works collaboratively on developing and improving allied contemporary dance techniques - Determines the needs of partner and others and adapts appropriately
Get the work done	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3	- Adopts a methodical, disciplined and positive approach to dance classes and rehearsals - Works creatively with music and dance - Displays high level of technical skills in solo, ensemble and partnership situations - Employs physical control throughout execution of sequences - Demonstrates timing and weight centring techniques with partner, applying them to lifts and counterbalances - Demonstrates a high level of spatial awareness in partnering - Emulates the style and intention of duo-work repertoire and choreography through partnering allied technique - Undertakes physical risk with awareness of safe dance practices

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN610 Extend allied contemporary dance techniques at a professional level (Release 2)	CUADAN610 Extend allied contemporary dance techniques at a professional level (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN610 Extend allied contemporary dance techniques at a professional level

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Performance Evidence

Evidence of the ability to:

- demonstrate the following advanced partnering skills at a professional level:
 - travelling steps
 - complex lifts and counterbalances
 - execute improvised sequences in response to specific stimuli in solo, duet and group form
 - synchronise movement in a duo and group situation
 - safely execute advanced dance tumbling skills with speed and confidence
 - work effectively and with confidence with a partner
 - develop professional practice.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to allied contemporary dance techniques:
 - extending
 - folding
 - giving and taking weight
 - movement efficiency
 - placement and coordination of body parts

- relationship with gravity
- rotating
- spatial awareness
- successional movement
- use of breath
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- explain how an extended range of improvisation skills can extend choreographic possibilities
- demonstrate understanding of the fundamental technical principles of allied contemporary dance techniques
- explain and demonstrate how time signatures, beat, tempo and syncopation apply to contemporary dance technique
- in the context of extending allied contemporary dance techniques, demonstrate comprehensive knowledge of:
 - advanced dance practices required to participate in the research, investigation and development of a choreographic work
 - contemporary dance repertoire and performance
 - mechanics of partnering
 - partnering and improvisation techniques relevant to contemporary dance
 - principles of professional work ethic
 - risk factors in partnering techniques and high level acrobatic work
 - safe dance practice
 - ways in which improvised partnering can contribute to the development of new material for choreography.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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